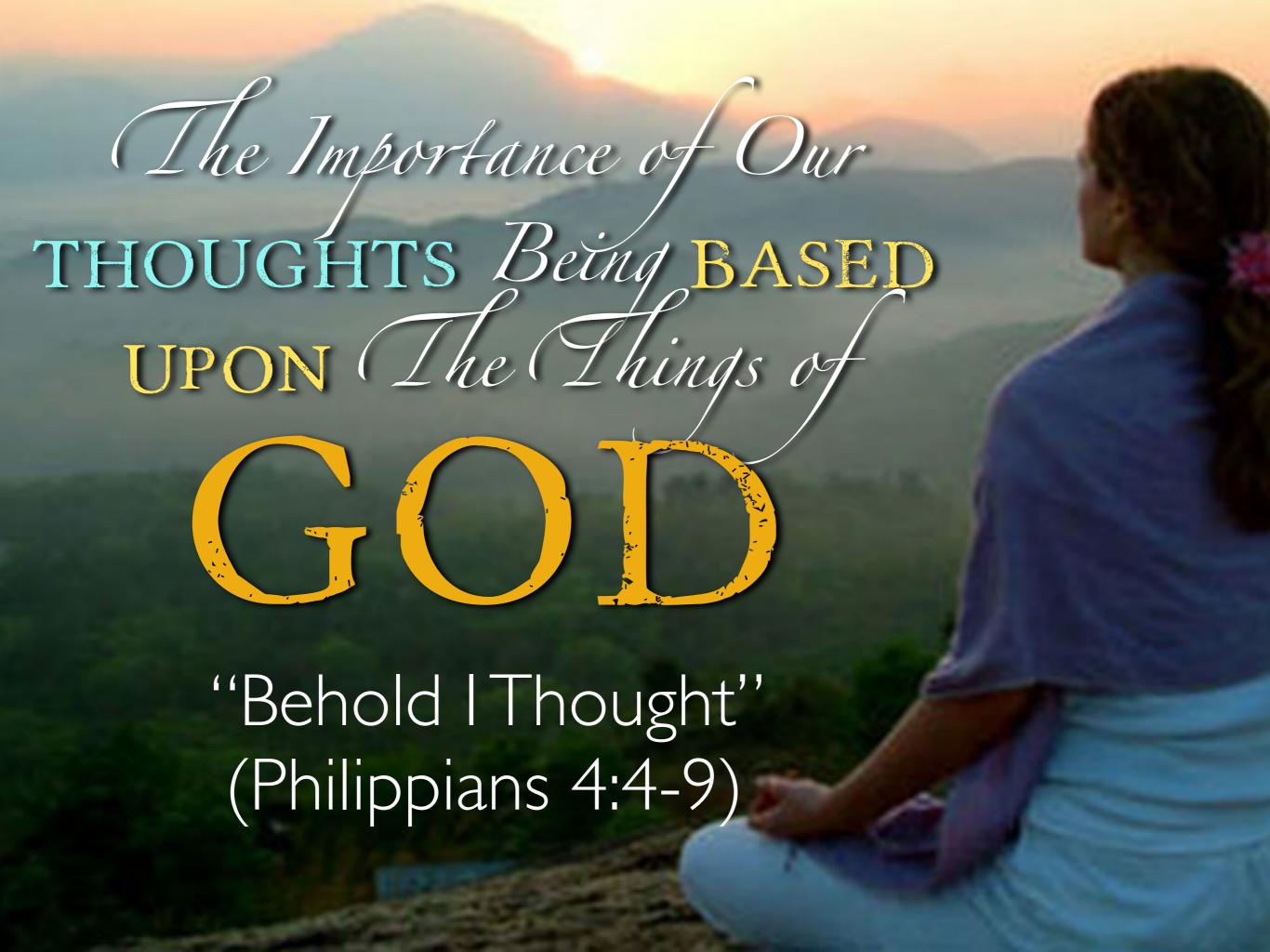


"Behold I Thought" — (Philippians 4:4-9)





# ALL those IN CHRIST can Have TRUE JOY & PEACE:

- Regardless of our past (our sins or what others have done to us)
- Regardless of our circumstances
  - (Our physical or material condition or how others are mistreating us)

# Philippians 4:4–9 (NKJV)

4 Rejoice in the Lord always. Again I will say, rejoice! 5 Let your gentleness be known to all men. The Lord is at hand. 6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

# Philippians 4:4–9 (NKJV)

<sup>8</sup> Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. <sup>9</sup> The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

Two WAYS of Thinking With Two Different Destinies!

- Follow the approved pattern ... 3:17
- Reject the false teachers Refuse to follow their destructive ways ... 3:18,19
- Are we living for HEAVEN? Eagerly waiting for our Lord's return? ... 3:20,21

(Philippians 3:17-4:1)

# We Are What We Think ...

- "For as he thinks in his heart, so is he. ... —
  Proverbs 23:7 (NKJV)
- "Keep your heart with all diligence, For out of it spring the issues of life."

— Proverbs 4:23 (NKJV)

(Philippians 4:4-9)

# We Are What We Think ...

"Brood of vipers! How can you, being evil, speak good things? For out of the abundance of the heart the mouth speaks. 35 A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things. — Matthew 12:34–35 (NKJV)

(Philippians 4:4-9)

# We Are What We Think ...

21 "For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, <sup>22</sup> thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. 23 All these evil things come from within and defile a man." — Mark 7:21–23 (NKJV)

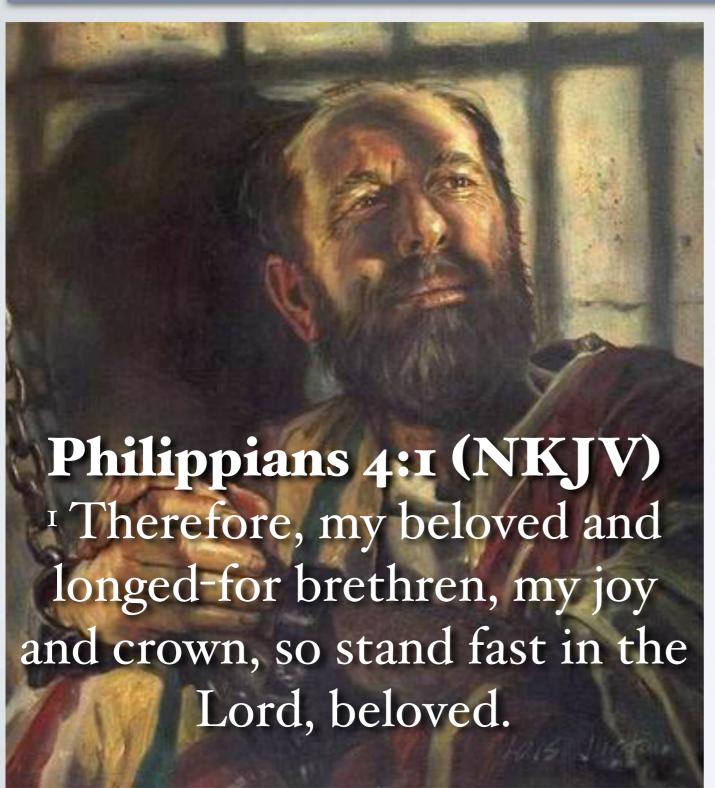
(Philippians 4:4-9)

How would you describe Paul's frame of mind?

- Aware of his current state & his need ... 12a
- **Determined** to faithfully serve Christ ... 12b
- **Focussed** on the task of progression ...13
- **Diligent**, continuous effort to gain the prize ... 14
- His plea for them, (us) to be likeminded ... 15,16

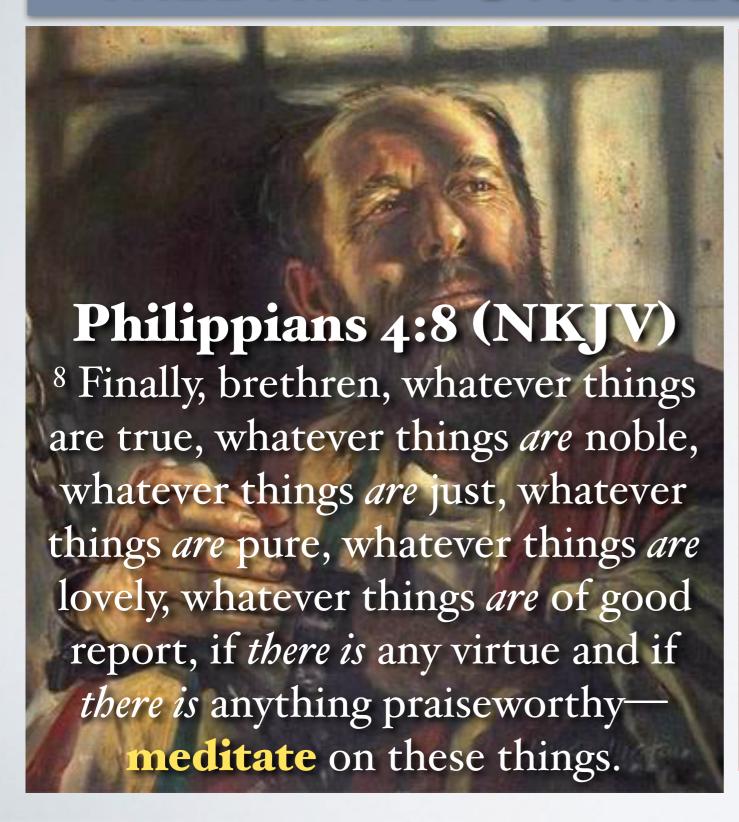
(Philippians 3:12-16)

### STAND FAST IN THE LORD BELOVED



- SEEK unity 2,3
- Rejoice In The LordAlways 4
- BE Patient With All 5
- BE Anxious for nothing 6
- The PEACE of God Will Guard US 7

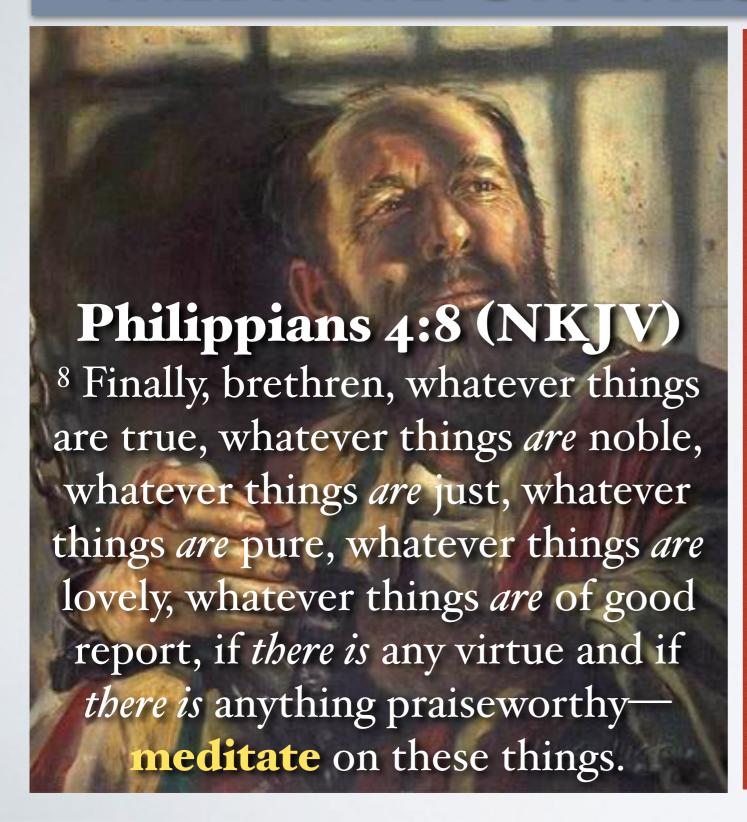
### MEDITATE ON THESE THINGS — 8



Think / Meditate λογίζομαι (logizomai): vb.; "to consider, take account, weigh, meditate on": Ï,,ι, a thing, with a view to obtaining it, Philippians 4:8;"

Thayer Greek-English Lexicon of the New Testament.

### MEDITATE ON THESE THINGS — 8

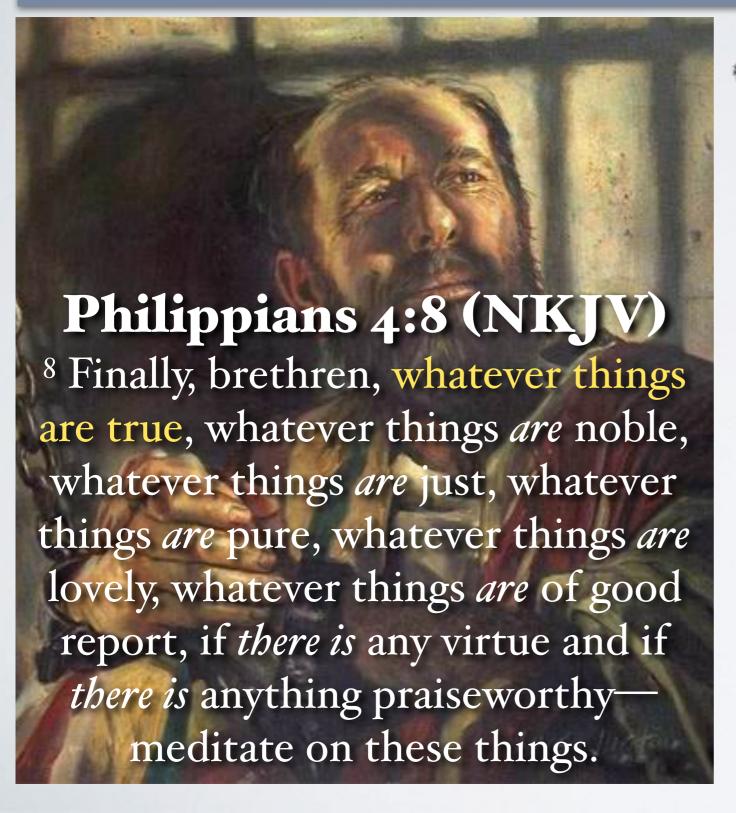


Think / Meditate λογίζομαι (logizomai): vb.;

to give careful thought to a matter, think (about), consider, ponder, let one's mind dwell on something -Philippians 4:8

A Greek-English Lexicon of the New Testament and Other Early Christian Literature. (BDAG)

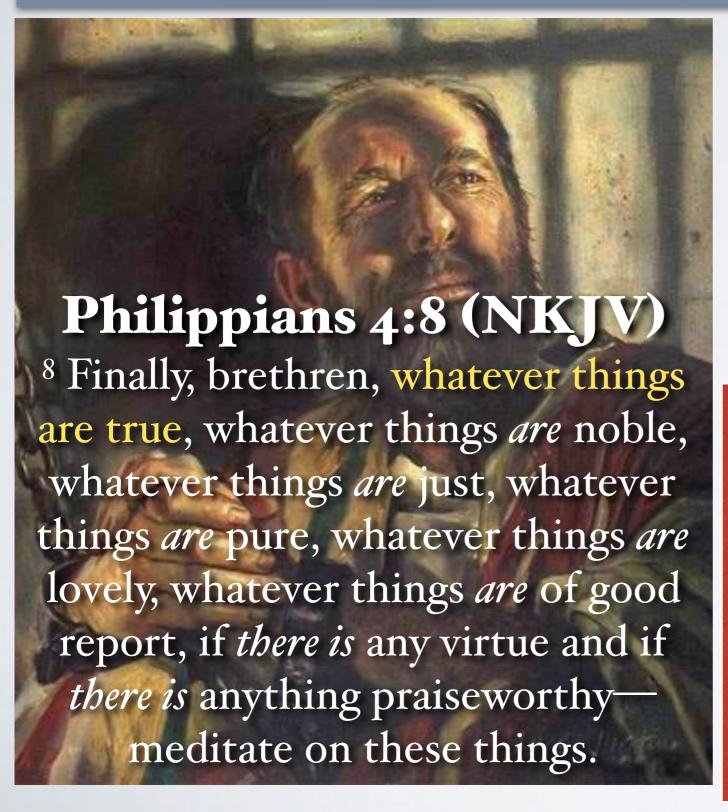
# MEDITATE ON TRUE THINGS — 8



#### What Is TRUE?

- Importance of this being first — truth pertains to that which is REAL & ACTUAL — Rom 1:25
- We know truth exist; truth can be known, & understood on an individual basis — John 8:32; 7:17,18; Eph 3:3-5

# MEDITATE ON TRUE THINGS — 8



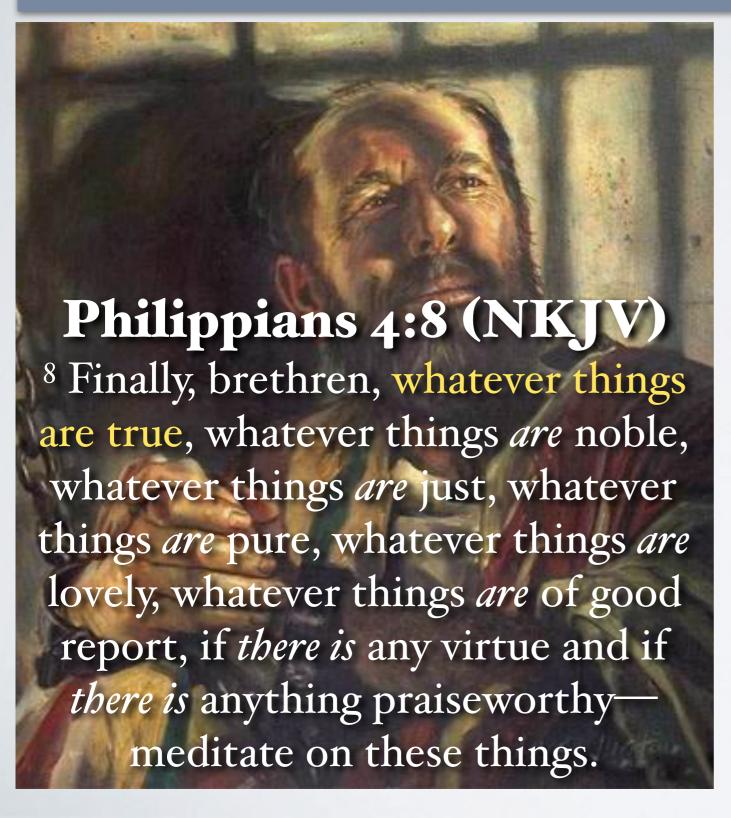
#### What Is TRUE?

- God is TRUE: Rom. 3:4
- Jesus is TRUE: Jn 14:6
- All of God's words are TRUE: Jn 17:17

Matthew 22:16 (NKJV)

<sup>16</sup> And they sent to Him their disciples with the Herodians, saying, "Teacher, we know that You are true, and teach the way of God in truth; nor do You care about anyone, for You do not regard the person of men.

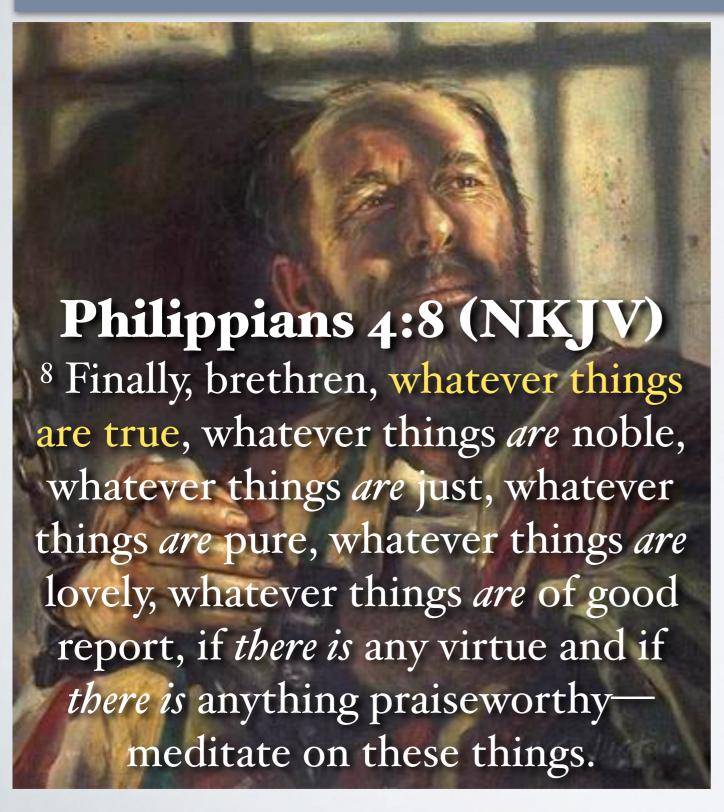
# MEDITATE ON TRUE THINGS — 8



#### What Is TRUE?

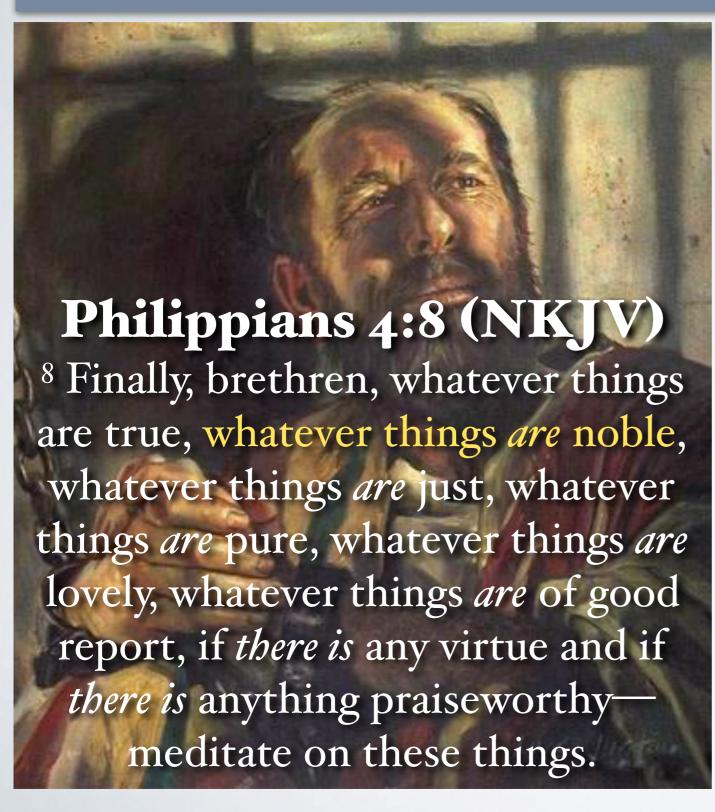
- God is TRUE: Rom. 3:4
- Jesus is TRUE: Jn 14:6
- All of God's words are TRUE: Jn 17:17
- We MUST set our thoughts & affections upon the things of God - His revealed info / instructions / promises — Rom. 3:4; Heb. 6:13-20

# MEDITATE ON TRUE THINGS — 8



- Psa. 1:2 "But his delight is in the law of the LORD; and in his law doth he meditate day and night."
- Psa. 119:11, 15 "Thy word have I hid in mine heart, that I might not sin against thee.... 15 I will meditate in thy precepts, and have respect unto thy ways."
- Psa. 119:97 "O how love I thy law! it is my meditation all the day."

# MEDITATE ON NOBLE THINGS — 8



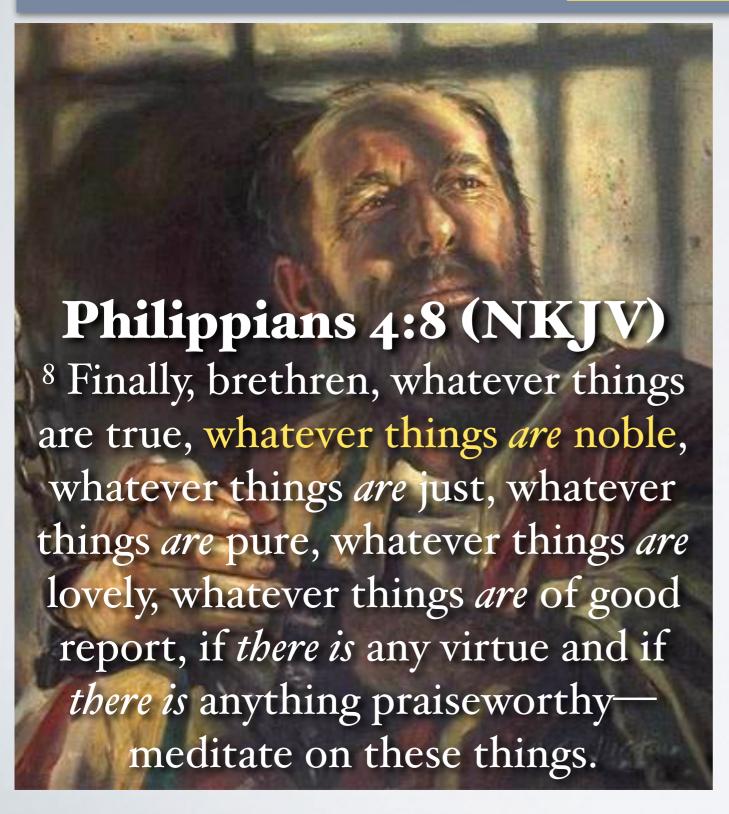
#### What Is NOBLE?

88.47 σεμνός, ή, όν:
 pertaining to
 appropriate, befitting
 behavior and implying
 dignity and respect
 - 'honorable, worthy of
 respect, of good
 character.'

Louw, J. P., & Nida, E. A. (1996).

Greek-English lexicon of the New
Testament: based on semantic domains

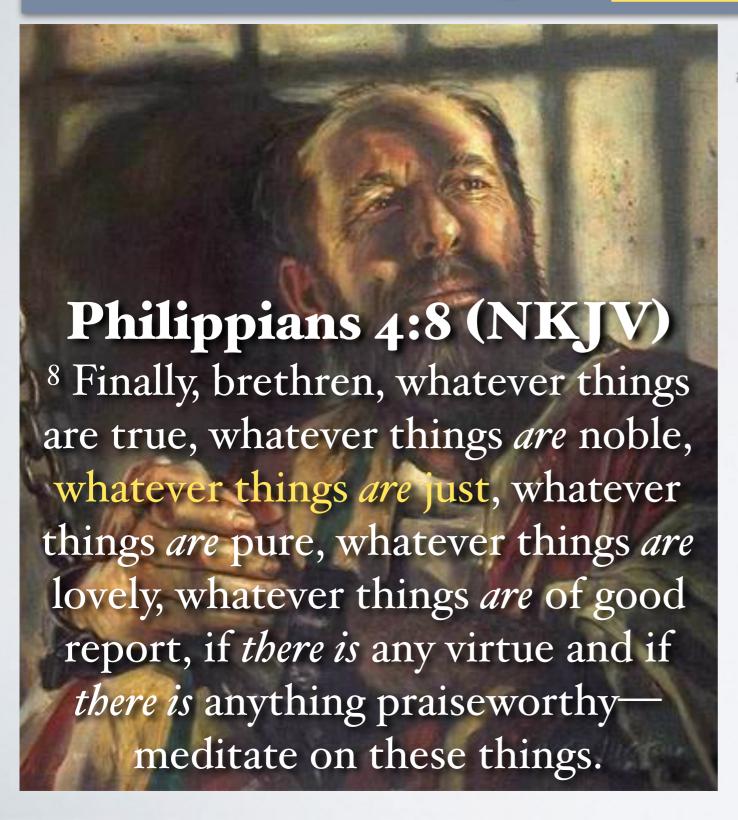
# MEDITATE ON NOBLE THINGS — 8



#### What Is NOBLE?

- (this word semna is used in the NT only here and in 1 Tim. 3:8, 11; Titus 2:2)
- Things characterized by the dignity of holiness as opposed to a frivolous flippant attitude.
- Things that will elevate our thinking and actions so our thoughts & deeds are truly appropriate, edifying and beneficial.

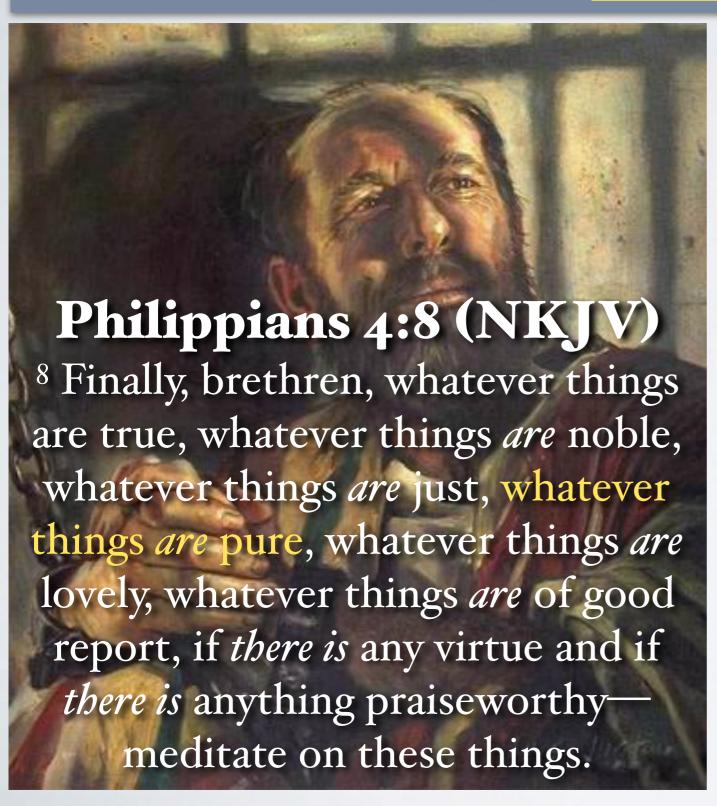
# MEDITATE ON JUST THINGS — 8



#### What Is JUST?

- The Greeks used this word to define the man who gives to god and man that which is their due.
- In the NT it denotes a state of being right, or right conduct, as judged by the God's divine standard.
- Think on things that right in God's sight!

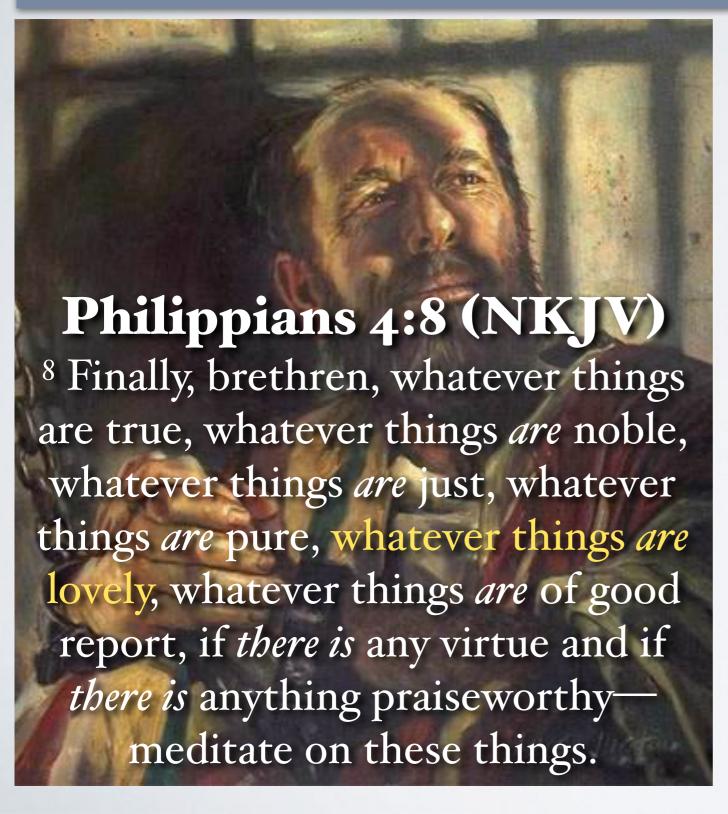
# MEDITATE ON PURE THINGS — 8



#### What Is PURE?

- hagnos (ἀγνός, 53) refers to what is wholesome, chaste, virtuous, undefiled, not mixed with moral impurity.
- Our thoughts are to be on holy things - things that are good and wholesome for the one striving to be holy — 1 Pet 1:13ff; 2 Cor. 6:14-7:1; 1 Jn 3:3; Rom 12:3

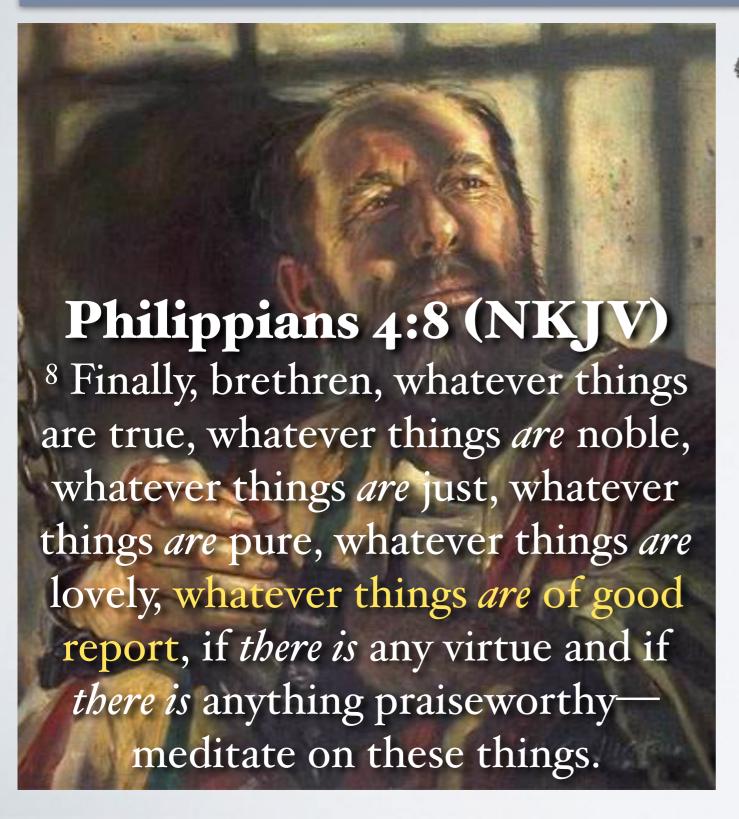
# MEDITATE ON LOVELY THINGS — 8



#### What Is LOVELY?

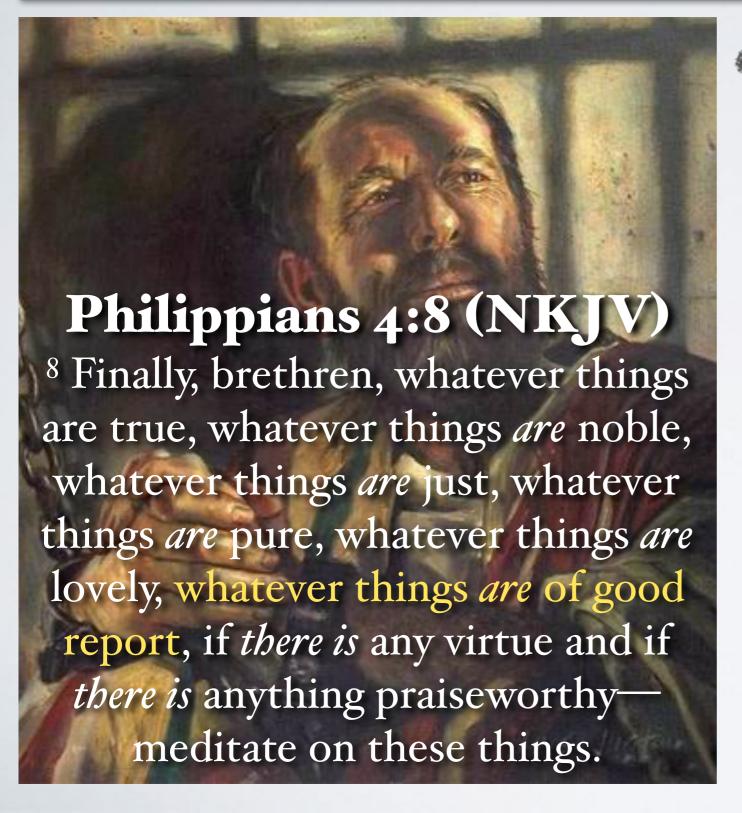
- prosphiles (προσφιλής, 4375), "pleasing, agreeable, lovely" (pros, "toward," phileo, "to love"),
- Focussing on things that promote love for God & others Mat. 22:37-40
- Focussing on things that promote love within ourselves not thoughts of bitterness, selfishness, greed, envy, etc.

### MEDITATE ON CONSTRUCTIVE THINGS — 8



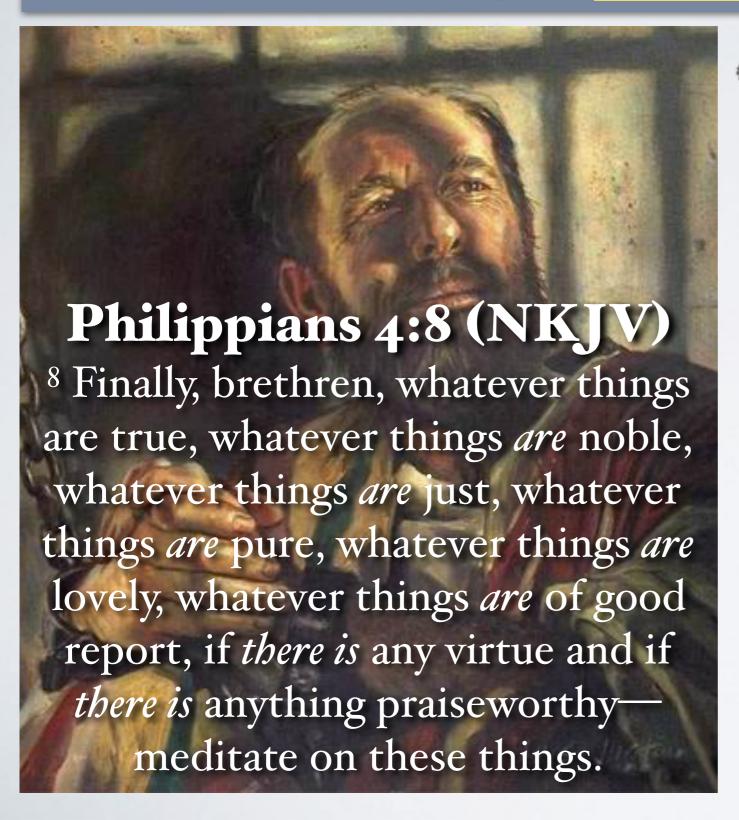
- What are things that are "of GOOD REPORT?
  - εὔφημος (euphēmos), ον (on): adj.; (used only here) things well reported of / pertaining to deserving approval or good / literally means sounding well, thus that which is fit to hear.
  - Relates to what is positive and constructive rather than negative and destructive.

### MEDITATE ON CONSTRUCTIVE THINGS — 8



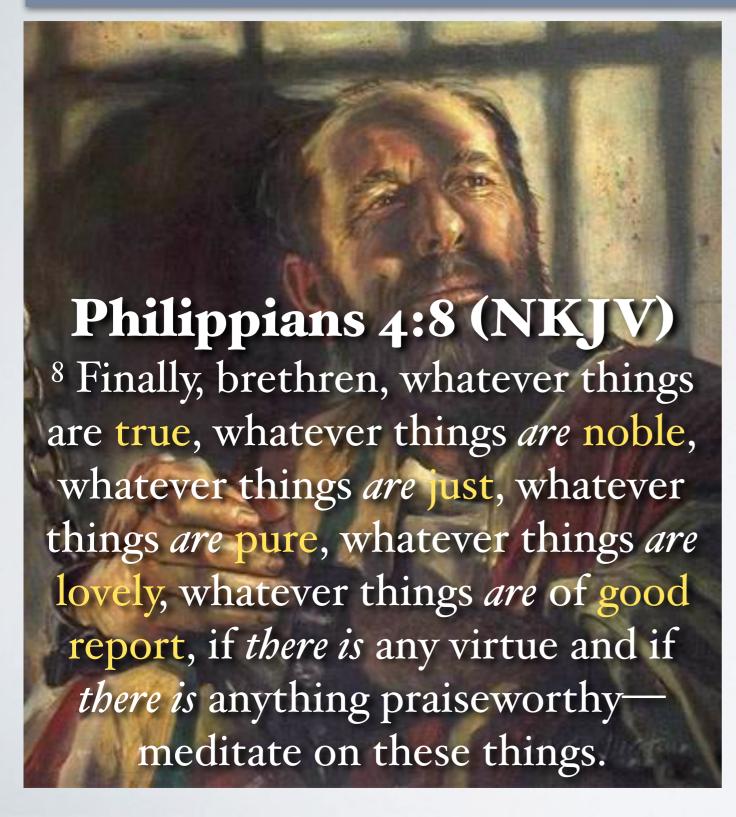
- What are things that are "of GOOD REPORT?
  - Think on information, both heard and spoken which will build up both ourselves and others!
  - Thus rejecting things that tear down and destroy:
    - Error / lies / deception
    - Obscenities / filth
    - Gossip / rumors
    - Flattery / negativity

# MEDITATE ON THESE THINGS — 8



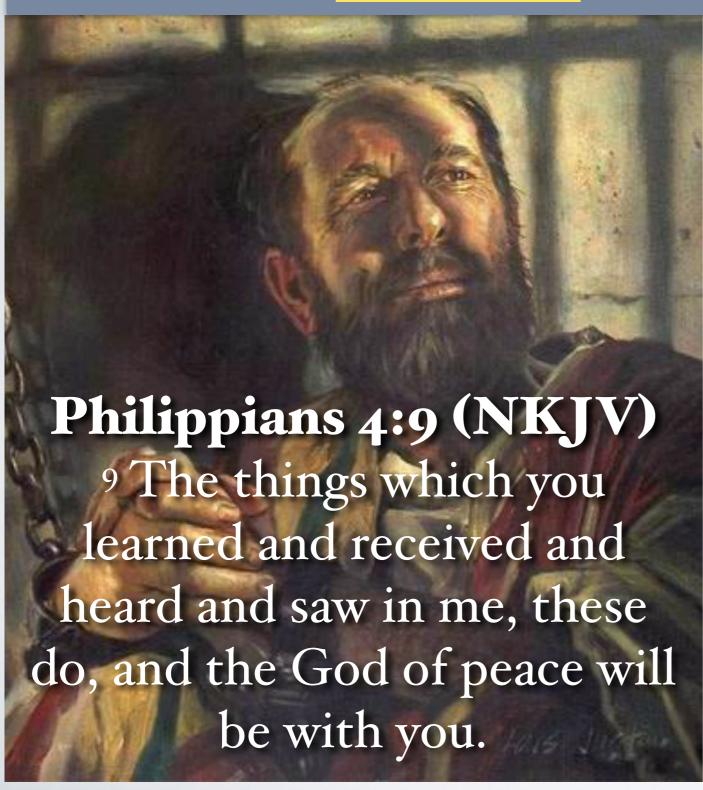
- These six objects of thought are described as <u>excellent</u> (aretē) and <u>praiseworthy</u> (epainos).
  - The basis for ALL THINGS EXCELLENT is God—
    (thus all these things are of God & for God)
  - If anything is WORTHY of PRAISE it is either from God or God Himself.

# MEDITATE ON THESE THINGS — 8



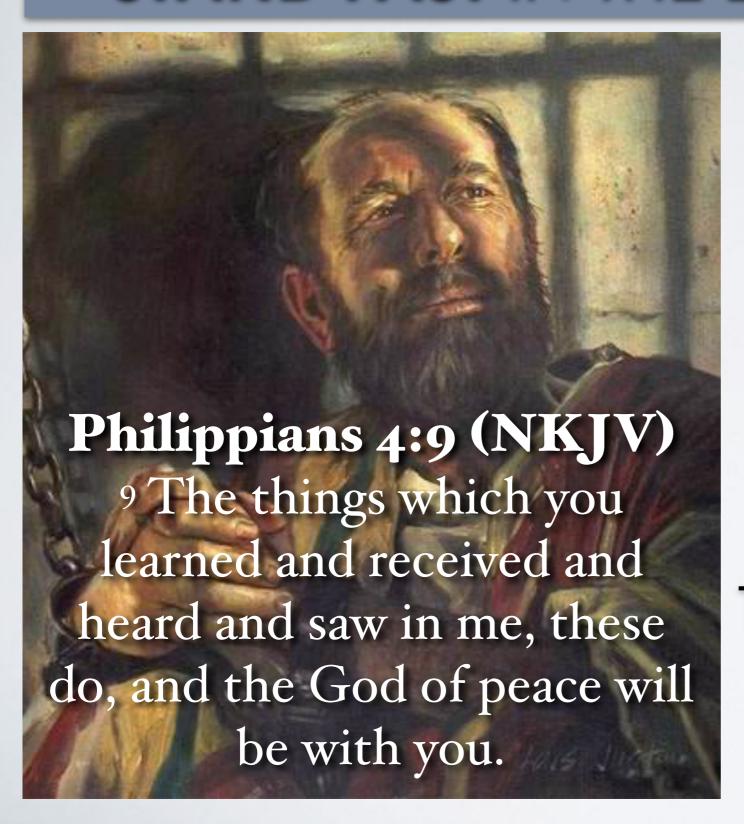
- Things that will draw us closer to God in understanding and service ...
- Things that will strengthen our faith ...
- Things that are right, according to God ...
- Things that are holy ...
- Things that will grow our love, and affection ...
- Things that will lift ourselves and others up ...

# DO THESE THINGS — 9



- They had learned ...
  received and heard from
  him, ... they had seen
  the apostle's conduct.
- As they put these things (from Paul's teaching and living) into practice, they would enjoy the presence of the God of peace (cf. "the peace of God," v. 7).
- Correct Godly thinking
   MUST BE put into ACTION
   if we desire God's favor!
   James 1:25; 2:14-26

### STAND FAST IN THE LORD BELOVED



If our thinking is
TRULY right it will
strengthen our
hearts & minds so
we can STAND FAST
IN THE LORD!!!

If our thinking is TRULY right it will flow out in our words & deeds!

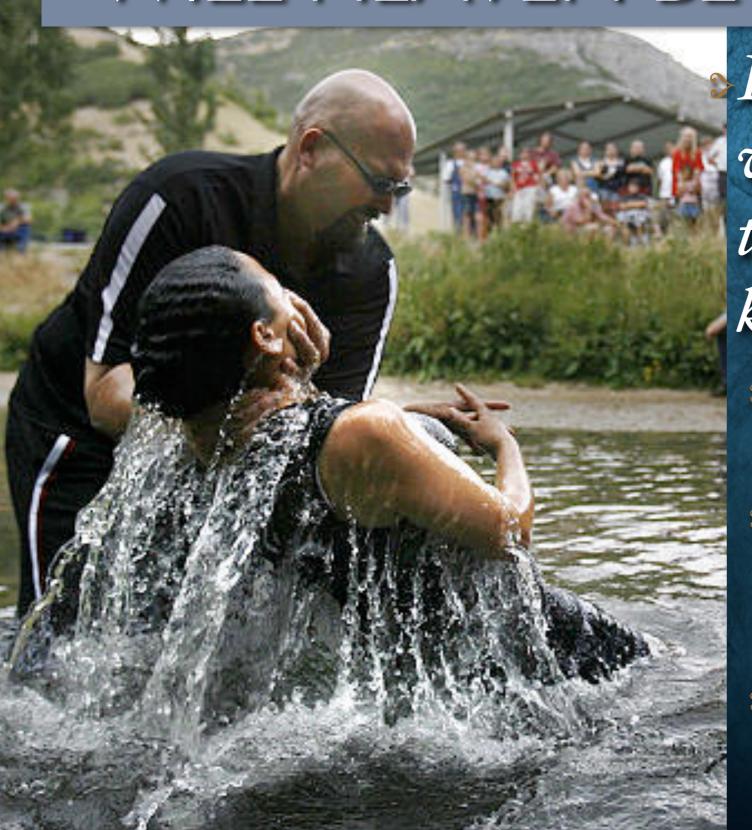
# WILL HEAVEN BEYOUR HOME?



- Right & godly living is predicated on right & godly thinking — Rom. 12:1,2; Col. 3:1-3
- We choose what we think about — 2 Cor. 10:5
- Upon what are our thoughts based? God's word or our own thoughts cf. 2 Kings 5:11

# "The Unity, Joy, Contentment & Peace In Christ"

# WILL HEAVEN BEYOUR HOME?



It starts with doing what you know to be true - then growing in knowledge & service?

- First must obey the gospel
   Heb 5:8,9; Mk 16:16
- Growing in faith,
  diligently serving the Lord
   2 Pet 1:5-10
- Eternal joy awaits (Rom 8:18; 1 Cor 15:58)



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### ROMANS 12:1-3 (NKJV)

<sup>1</sup> I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. 2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God. 3 For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith.