

JOURNEY *to*  
SELF DISCOVERY  
GOD'S WAY



A man in a dark suit and fedora hat stands on a paved path, looking out over a landscape at sunset. He is holding a brown suitcase. The sky is filled with warm, orange and yellow clouds, and the sun is low on the horizon to the right. The path leads into the distance, flanked by greenery.

# JOURNEY *to* SELF DISCOVERY GOD'S WAY

- Everyone wonders WHO THEY are at some point in their life.
- IF we seek the answers from GOD, we can know BOTH **who we are AND who we can be!**



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## The NUMBER of "SELF-HELP Books is ENDLESS

### 12 Tips To Guide You On Your Journey Of Self-Discovery

1. Practice mindfulness
2. Ask yourself, "Who am I?"
3. Journal
4. Find your core values
5. Find your purpose and passion
6. Look to your childhood
7. Listen to what others say about you
8. Take personality tests
9. See challenges, not struggles
10. Practice self-care
11. Listen to what you say "yes" and "no" to
12. Surround yourself with people who allow you to grow

BUT What  
ABOUT  
GOD?

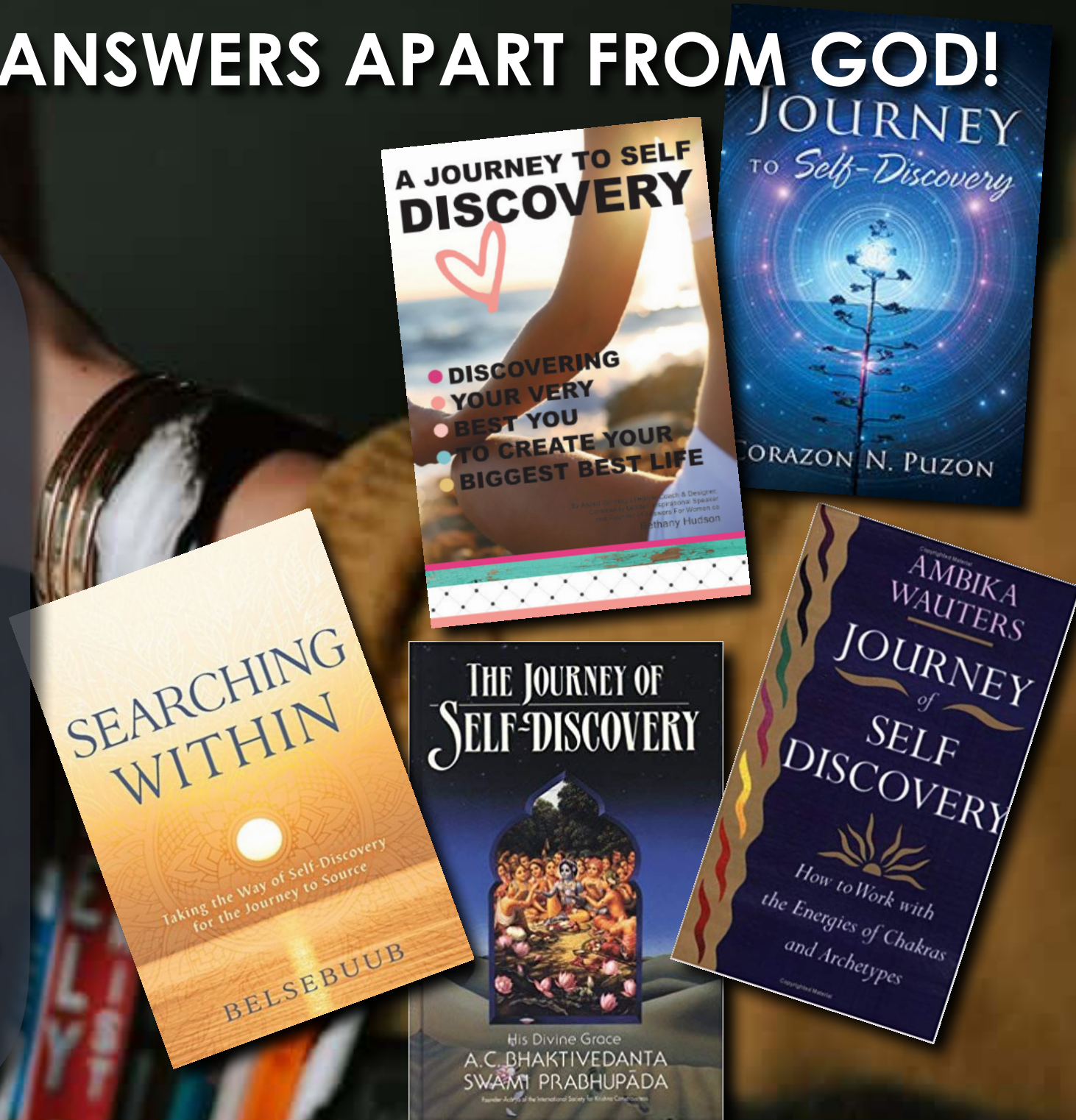


# JOURNEY *to* SELF DISCOVERY **GOD'S WAY**

**MEN DO NOT HAVE THE ANSWERS APART FROM GOD!**

Jeremiah 17:9  
(NKJV)

9 “The heart *is*  
deceitful above all  
*things*, And  
desperately wicked;  
Who can know it?



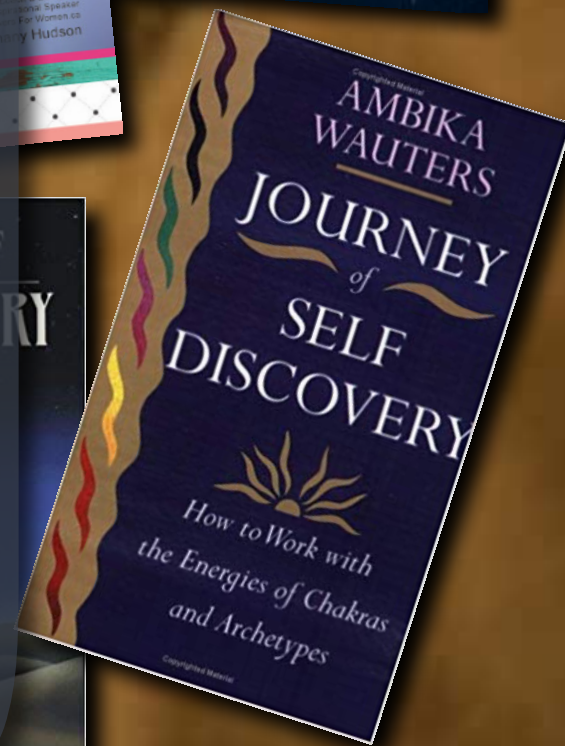
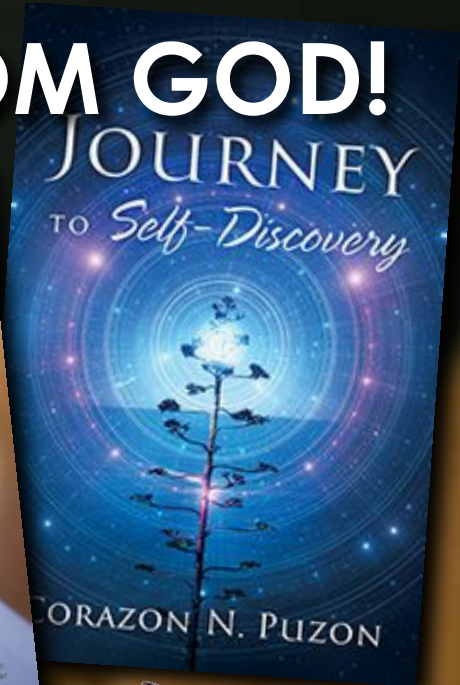


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Ecclesiastes 9:3 (NKJV)

<sup>3</sup> This *is* an evil in all that is done under the sun: that one thing *happens* to all. Truly the hearts of the sons of men are full of evil; madness *is* in their hearts while they live, and after that *they go* to the dead.

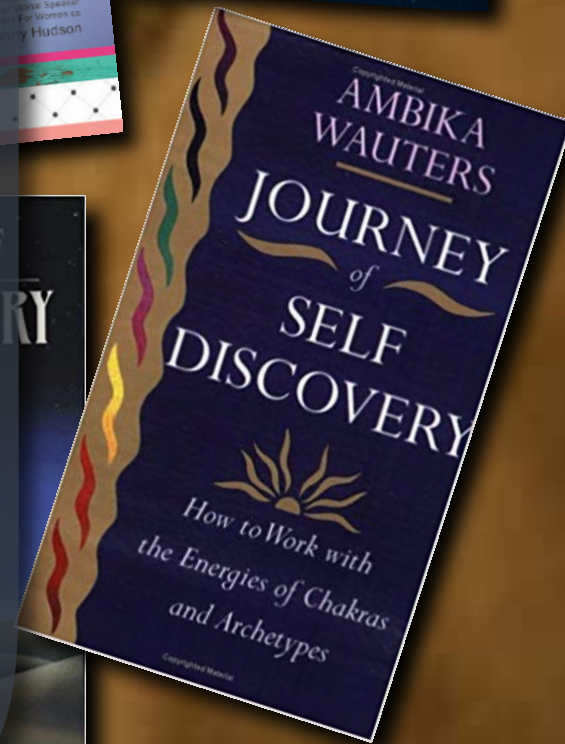
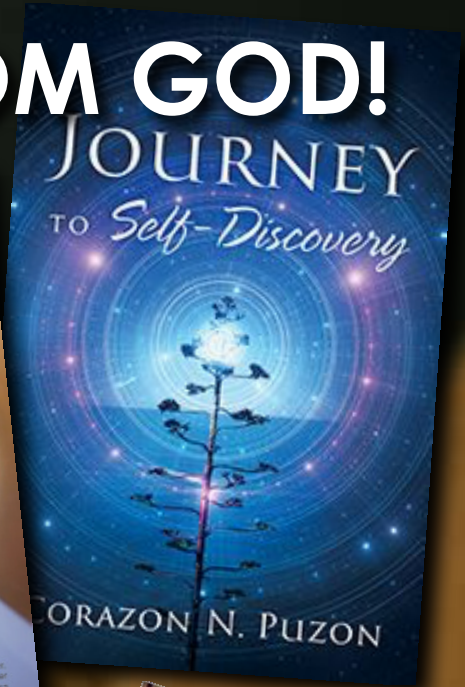




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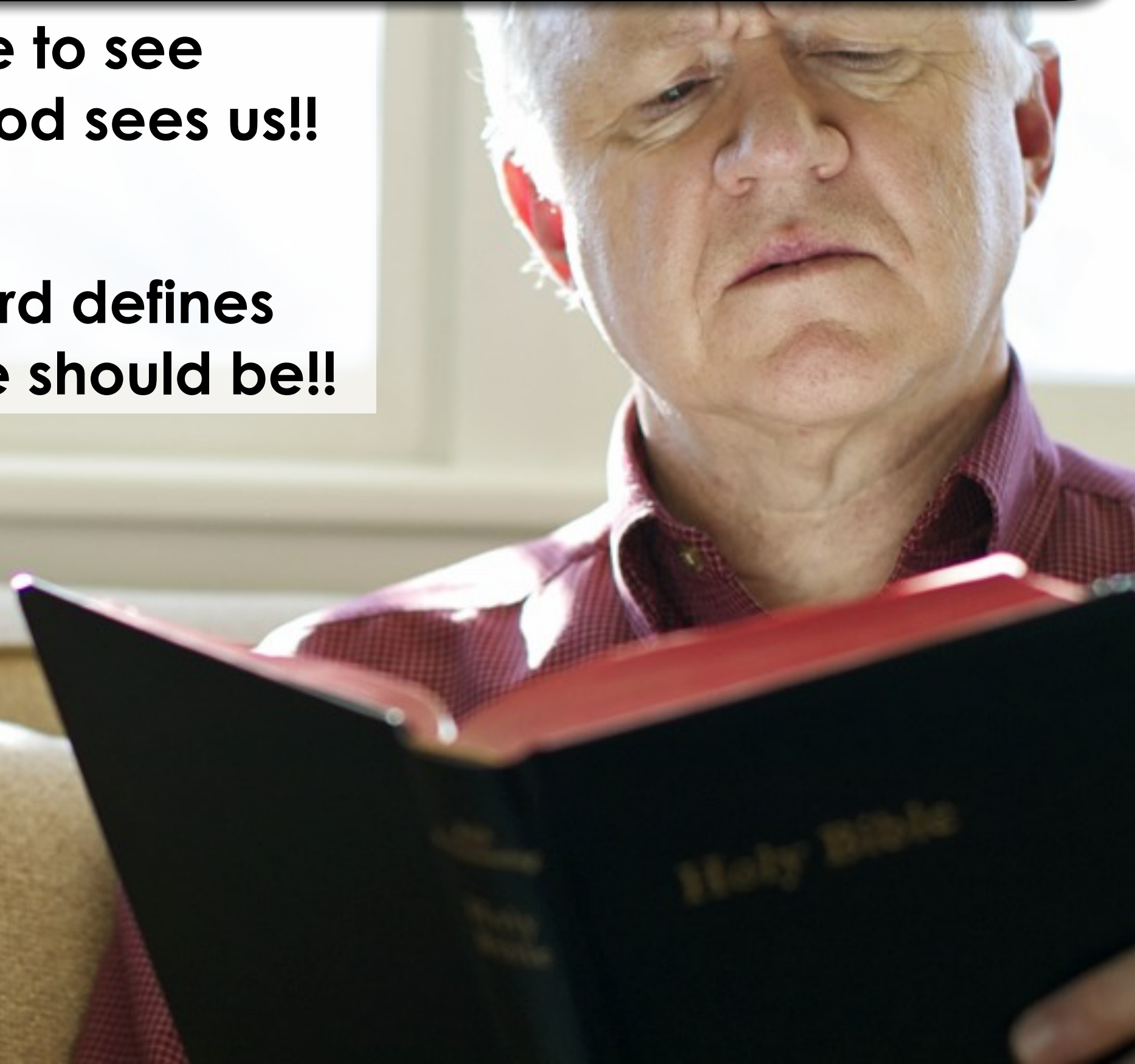
Matthew 15:19 (NKJV)  
19 For out of the heart proceed  
evil thoughts, murders,  
adulteries, fornications, thefts,  
false witness, blasphemies.





# JOURNEY *to* SELF DISCOVERY **GOD'S WAY**

- **We MUST come to see ourselves as God sees us!! (2 Cor. 13:5)**
- **Only God's word defines who & what we should be!!**





# JOURNEY *to* SELF DISCOVERY **GOD'S WAY**

IT'S ONLY IN THE MIRROR OF **GOD'S WORD**  
THAT YOU SEE YOURSELF ACCURATELY,  
AND ONLY IN **HIS GRACE** THAT  
YOU FIND HELP FOR WHAT YOU SEE.

”

— <sup>25</sup> But he who looks into the perfect law of liberty and continues *in it*,  
and is not a forgetful hearer but a doer of the work, this one will be blessed  
in what he does. — James 1:25 (NKJV)

Paul David Tripp



## THE DANGER OF SELF-DECEPTION



- We Can Think That We Are Right With God When We Are Not!! –
- Luke 18:9-14 — Parable of the Pharisee and the Tax Collector
- Romans 10:1-3 — Unbelieving Jews
- Rev. 3:14-17 — The Laodiceans
- James 1:26 — unbridled tongue
- 1 John 1:8-10 — many in sin
- 2 Peter 2:12-16 — False teachers & their followers ...



# JOURNEY *to* SELF DISCOVERY **GOD'S WAY**

## POTENTIAL BLINDERS ...

### ■ Human Wisdom -

- Wisdom confined to human experiences / temporal studies / physical and psychological studies EXCLUDING GOD AND SPIRITUAL REALITY. We are warned — Eccle; Rom. 1:18-32; Ephes. 5:6; etc.



Colossians 2:8 (NKJV)

<sup>8</sup> Beware lest anyone cheat you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Christ.



## POTENTIAL BLINDERS ...

### ■ Temporal THINGS

- "Let him not trust in futile things, deceiving himself, For futility will be his reward. - Job 15:31
- "Take heed and beware of covetousness, for one's life does not consist in the abundance of the things he possesses." Luke 12:15
- Consider some lessons from Matthew 6 - (praises of men - 6:1-18 / Values, focus & loyalty - 6:19-24 / things - 6:25-34





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## POTENTIAL BLINDERS ...

### ■ HOW DO YOU FEEL?

- What **FEELS** most natural? ...
- What makes you **FEEL** good? ...
- Does it **FEEL** right?
- That which is GOOD & RIGHT is NOT determined by how we **FEEL**! — Prov 14:12; 20:24; Jer. 10:23
- How is the person going to **FEEL** who is unlearned when it comes to God and His will? — Eph. 2:1-3; Titus 3:3; Rom. 10:1-3; Acts 22:1-5; 26:9-11





## POTENTIAL BLINDERS ...

### ■ PRIDE / SELF-SUFFICIENCY ?

- 📌 If we think we can be WHO & WHAT we ought to be WITHOUT God's guidance, help and strength, we are fools — Galatians 6:3;

### **Proverbs 26:12 (NKJV)**

<sup>12</sup> Do you see a man wise in his own eyes? *There is more hope for a fool than for him.*





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## POTENTIAL BLINDERS ...

### ■ PRIDE / SELF-SUFFICIENCY ?

- If we think we can be WHO & WHAT we ought to be WITHOUT God's guidance, help and strength, we are fools — Galatians 6:3;
- Before we can be WHO and WHAT we ought to be, we MUST humble ourselves before God — 1 Peter 5:5
- IF WE TRULY HUMBLE OURSELVES - God WILL MAKE us into who WE TRULY SHOULD BE — James 4:6-10; 2 Timothy 2:20,21; 1 Cor. 3:8





## POTENTIAL BLINDERS ...



### LOVE FOR SIN

- If we have PLEASURE in unrighteousness we will seek to “justify” our unrighteousness — 2 Thes 2:10-12; Rom 2:8; 2 Pet 2:13-15;
- To “justify our unrighteousness, we have to “suppress” / “twist” / “change” the TRUTH — Rom 1:18-32; Gal. 1:6-9; 1 John 1:9,10; Jn 3:18-21
- If we reject God’s word about our sin - we reject the truth about ourselves — Eph. 5:13-17; Jm 1:22-25





## POTENTIAL BLINDERS ...



- Recognizing the sins of others while ignoring our own – Mat 7:3-5; 2 Sam 12:5
- Comparing ourselves to “WORSE” sinners – 2 Cor 10:12; Luke 18:11
- Shifting blame – Gen. 3:12,13; 1 Sam 15:21,24
- Assuming virtue by association – Mat 3:9; John 8:33-39; Phil 2:12



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## POTENTIAL BLINDERS ...



- Redefining sin, righteousness or truth relative to our current circumstances – Is. 5:20; Luke 16:15; Mt 5:21-48; Ro 8:7,8; 10:1-3
- I have done \_\_\_\_\_, I am doing \_\_\_\_\_, therefore God won't hold \_\_\_\_\_ against me! – Gal 6:7-9; James 2:10
- Prejudice – Prov 18:13
- Hard Headedness – Acts 7:51



# JOURNEY *to* SELF DISCOVERY **GOD'S WAY**

## HOW To DISCOVER WHO I SHOULD BE



- **REVERENCE** — Prov 1:7; Eccl 12:13
- **HUMILITY** — Mat 5:3; Jer. 10:23; Is 6:5;
- **MEEKNESS** — James 1:21
- **HONESTY / EXAMINATION** – Acts 17:11; 2 Cor. 13:5
- **STUDY / TRUST** — Acts 17:11; 2 Cor. 13:5; 2 Tim 2:15; Act 2:41,42; John 17:17; 1 Thes 2:13
- **APPLICATION** — Jam 1:22-25
- **DILIGENCE** – 2 Peter 1:5,10; 3:14



# JOURNEY *to* SELF DISCOVERY **GOD'S WAY**

## HOW To DISCOVER WHO I SHOULD BE



- The example of David – 2 Samuel 12:1-14
- The example of Peter – Mat 26:33-35, 69-75
- The example of the prodigal son – Luke 15:11-24
- The example of Paul – Acts 9:1-18; Acts 23:1; 1 Tim 1:13



A man in a dark suit and a fedora hat stands on a paved path, looking out over a sunset landscape. He is holding a brown suitcase. The sky is filled with warm, orange and yellow clouds, and the sun is low on the horizon. The overall mood is contemplative and hopeful.

# JOURNEY *to* SELF DISCOVERY GOD'S WAY

- The Danger of Self Deception – We must be aware and on guard!
- We must honestly examine ourselves and remove anything that would blind us to the truth about ourselves!
- The Biblical Path To Self Discovery?

Fear – -  
Humility –  
Meekness –  
Honesty / Integrity –  
Examination —  
Study / Trust  
Application –  
Diligence –



A man in a dark suit and a fedora hat stands on a paved path, looking out over a landscape at sunset. He is holding a brown suitcase. The sky is filled with warm, orange and yellow clouds, and the sun is low on the horizon, casting a long shadow of the man onto the path.

# JOURNEY *to* SELF DISCOVERY GOD'S WAY

- Trust & submit to God – Repent of ANY sin in your life — He will forgive and guide you — Acts 2:38-42; Rom. 6:3-23
- Commit to serving the Lord His way – NOT YOURS!







A man in a dark suit and a fedora hat stands on the left side of the frame, looking out over a landscape at sunset. He is holding a brown suitcase in his right hand. The path he stands on leads towards the horizon. The sky is filled with warm, orange and yellow clouds, and the sun is visible on the right side, creating a bright glow. The overall mood is contemplative and hopeful.

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**Charts by Don McClain**

Preached AUGUST 18, 2019

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# LOOK INTO God's Mirror

*What Do You See?*

**Charts by Don McClain**

Preached November 18, 2018

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