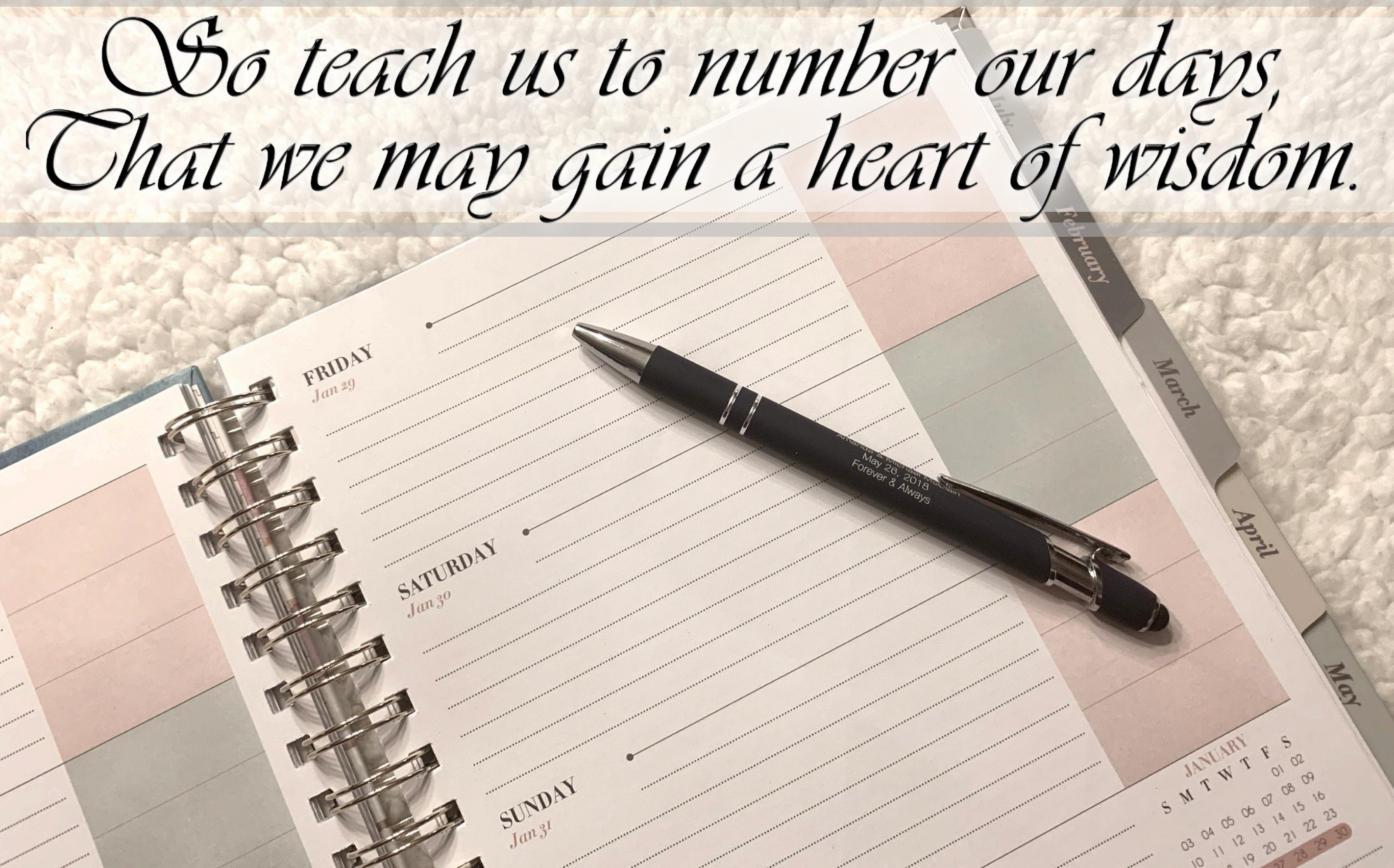


Psalm 90:12

*So teach us to number our days,
That we may gain a heart of wisdom.*



Learning To Number Our Days

Psalm 90 - A Prayer Of Moses the Man of God.



- According to the superscription, the Psalm is “a prayer of Moses, the man of God” (cf. Dt. 33:1)
- The occasion of the Psalm is unknown, but the period of the wilderness wanderings is the most likely background for it.
- If Moses wrote it, this is the oldest of the 150 psalms.

Learning To Number Our Days

Psalm 90 - A Prayer Of Moses the Man of God.



■ **Psalm 90 Outline:**

- ◆ We can rest our hope in God for He is eternal (1-2)
- ◆ We are frail and our time on earth is brief - we will die (3-6)
- ◆ God's wrath, due to our sin & our accountability before Him, should be motivation for us to repent (7-12)
- ◆ We can be glad and rejoice because God is merciful to those who serve Him (13-17).

Learning To Number Our Days

Eternal God Contrasted W/ Our Mortality (1-6)

Psalm 90:1–2 (NKJV)

¹ Lord, You have been
our dwelling place in
all generations. ²
Before the mountains
were brought forth,
Or ever You had
formed the earth and
the world, Even from
everlasting to
everlasting, You *are*
God.

God IS - Always has been and always will be (1,2)

- ◆ God is the saints' constant dwelling place (i.e., protecting shelter) we can rest our hope in Him (1–2; Dt. 33:27; Heb 6:17–19; Titus 1:2)
- ◆ God is “from everlasting to everlasting” - He created all that is and is beyond the limits of creation (2; Ex. 3:14; Isa. 43:13; 44:6; 57:15)
- ◆ As is Jesus who is our REST (Jn 1:1,2; 8:58; Heb. 1:1–10; 4:3–10; Re. 22:13).




Learning To Number Our Days

Eternal God Contrasted W/ Our Mortality (1-6)

Psalm 90:3–4 (NKJV)

³ You turn man to destruction, And say, “Return, O children of men.” ⁴ For a thousand years in Your sight *Are* like yesterday when it is past, And *like* a watch in the night.

We are frail and our time on earth is brief - we will die (3-6)

-  In view of the reality of our death & judgment due to our sin, the Lord calls us to return to Him (3; Mt. 11:28-30; Acts. 17:30,31; Ro. 2:5-11)
-  Our eternal destiny depends on what we DO with the time God has given us before death! (Heb 9:27; John 5:28-29; 2 Cor. 5:10)
-  In contrast, God is not bound by time (vs. 4; cf. 2:Pet. 3:8,9).




Learning To Number Our Days

Eternal God Contrasted W/ Our Mortality (1-6)

Psalm 90:5–6 (NKJV)

⁵ You carry them away *like* a flood; *They are* like a sleep. In the morning they are like grass *which* grows up: ⁶ In the morning it flourishes and grows up; In the evening it is cut down and withers.

We are frail and our time on earth is brief - we will die (3-6)

-  Our life is fragile like dust (3), debris swept away in a flood (5a), fading flowers of the field (5b-6), a passing sigh (5,6; cf. Ps. 103:15,16; Is. 40:6; Ja. 1:10,11; 1 Pe. 1:24)
-  Like “a vapor that appears for a little time and then vanishes away” (Jam. 4:14)
-  “What man can live and not see death? Can he deliver his life from the power of the grave?” (Ps 89:48)

Learning To Number Our Days

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They are like a sleep.
In the morning they are like grass *which* grows up: ⁶ In the morning it flourishes and grows up; In the evening it is cut down and withers.

We are frail and our time on earth is brief - we will die (3-6)

- ◆ An infectious disease, [a micro-organism], COVID 19; Influenza;
- ◆ An accident, (173,040) 2019
- ◆ Heart disease (655,381) 2018
- ◆ Cancer (599,274) 2018
- ◆ Aneurysm, Stroke, liver failure, kidney failure, lung failure ...
- ◆ A genetic flaw or inherited trait
- ◆ Natural Disaster, Terror Attacks,

Learning To Number Our Days

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and withers.

We are frail and our time on earth is brief - we will die (3-6)

- ◆ Our death is NOT the end of us (Jn 5:28,29; 2 Cor. 5:10; Heb. 9:27)
- ◆ God “desires all men to be saved and to come to the knowledge of the truth” (1 Tim. 2:4)
- ◆ God is “not willing that any should perish but that all should come to repentance.” (2 Pet. 3:9)
- ◆ Life is short - Today is the day of salvation (2 Cor. 6:2; He. 3:7,13; 4:7)





Learning To Number Our Days

HOLY God Contrasted W/ Our SIN (7-12)

Psalm 90:7–9 (NKJV)

⁷ For we have been consumed by Your anger, And by Your wrath we are terrified. ⁸ You have set our iniquities before You, Our secret *sins* in the light of Your countenance. ⁹ For all our days have passed away in Your wrath; We finish our years like a sigh.

God's wrath is justified & our condemnation is deserved (7-12)

-  Israel was consumed because of their sin (Nu. 17:12, 13; Dt. 2:14–16; 1 Co. 10:1-13; Hb. 3:10, 11, 17–19)
-  Mankind was cursed with death and hardship because of sin (Gen. 3:3,19; 1 Cor. 15:21,22)
-  Sin separates us from God Who is holy (Is. 59:1,2; Hab. 1:13; 1 Jn. 1:5)
-  We cannot hide our sins from God (Jer. 16:17; Ec. 12:14; Heb. 4:13)




Learning To Number Our Days

HOLY God Contrasted W/ Our SIN (7-12)

Psalm 90:10 (NKJV)

¹⁰ The days of our lives *are* seventy years; And if by reason of strength *they are* eighty years, Yet their boast *is* only labor and sorrow; For it is soon cut off, and we fly away.

God's wrath is justified & our condemnation is deserved (7-12)

-  Whether one lives 70 years, 80, or 100 years, life is still short and hard (Ge. 47:9; Job 14:1; Ec. 12:2-7; 2 Cor. 4:16-5:4; 1 Cor. 15:21,22,53,54)
-  Even though we may gain much the world has to offer through hard labor, it will all be lost! (Mt. 16:26)
-  We will all soon depart from this life and "fly away" - out of time into eternity (Jam. 4:13; Luke 16:22,23).

Learning To Number Our Days

HOLY God Contrasted W/ Our SIN (7-12)

Psalm 90:11–12 (NKJV)

¹¹ Who knows the power of Your anger? For as the fear of You, *so is* Your wrath. ¹² So teach *us* to number our days, That we may gain a heart of wisdom.



God's wrath is justified & our condemnation is deserved (7-12)





- ◆ Who can grasp the reverence God deserves? (Isa. 6:1-5; Job 42:5,6)
- ◆ A right understanding of the wrath of God is man's best safeguard against offending him (Prov. 1:7; Lu. 12:5; 2 Co. 5:11; Re. 6:17)
- ◆ Taking God seriously & knowing our end will teach us to view the days He has given us and use them for His glory (Deut. 32:29; Ps. 39:4; Eccl. 12:13,14; Eph. 5:15-21; Col. 4:5)

Learning To Number Our Days

HOLY God Contrasted W/ Our SIN (7-12)



“TEACH US TO NUMBER OUR DAYS” (12)


-  FEAR GOD AS WE SHOULD
(Prov. 1:7; 9:10; Job 28:28; Ps. 111:10; 15:33; Eccl. 12:13)
-  TRUST GOD AS WE SHOULD
(Rom. 4:19-25; Titus 1:2; Heb. 11:1-12:4; Rev. 2:10; etc.)
-  LOVE GOD AS WE SHOULD (Mk 12:29-31; 1 Jn 5:3; 2 Co. 5:14,15)
-  SERVE GOD AS WE SHOULD
(Ro. 12:1-21; Heb 3:13,14; etc.)




Learning To Number Our Days

God's LOVE & MERCY Provides Undeserved JOY (13-17)

Psalm 90:13–14 (NKJV)

¹³ Return, O Lord!
How long? And
have compassion
on Your servants. ¹⁴
Oh, satisfy us early
with Your mercy,
That we may
rejoice and be glad
all our days!

 **We can be glad and rejoice
because God is merciful to those
who serve Him (13–17).**


-  “Turn from thy wrath; how long wilt thou be angry?” Cp. Psalm 80:4.
-  God will not leave the faithful, but He does remove His protective hand of fellowship from the wicked (Ge. 28:15; Dt. 31:6, 8; Jos. 1:5; Heb. 13:5,6; 2 Chro. 15:2; 24:20; Is. 59:1,2)
-  God is merciful to the penitent (Prov. 28:13; Isa. 55:7; 1 Jn 1:9)


Learning To Number Our Days

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 **We can be glad and rejoice
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 Being faithful to God is the **ONLY**
way one can find true peace and
joy! (Acts 8:37-39; Phili. 4:4-13)


Learning To Number Our Days

God's LOVE & MERCY Provides Undeserved JOY (13-17)

Psalm 90:15–17 (NKJV)

¹⁵ Make us glad according to the days *in which* You have afflicted us, The years *in which* we have seen evil. ¹⁶ Let Your work appear to Your servants, And Your glory to their children.

 **We can be glad and rejoice because God is merciful to those who serve Him (13–17).**


-  Being faithful to God is the **ONLY** way one can find true peace and joy! (Acts 8:37-39; Phili. 4:4-13)
-  If we will trust in the Lord through the hardships, trials and pains of life, our faith will grow, our hope strengthened, and our joy will be increased (Rom. 5:1-6; 1 Pet. 5:8-11; Jam. 1:12; 1 Co. 15:58; Re. 14:12,13)




Learning To Number Our Days

God's LOVE & MERCY Provides Undeserved JOY (13-17)

**Psalm 90:15–17
(NKJV)**

**¹⁷ And let the
beauty of the Lord
our God be upon
us, And establish
the work of our
hands for us; Yes,
establish the work
of our hands.**

 **We can be glad and rejoice
because God is merciful to those
who serve Him (13–17).**


-  The kindness, goodness, graciousness, and glory of God is evidenced in the life of the faithful (Mat. 5:13-16; Phil. 2:14-18)
-  Think of the beauty of the Lord as expressed in the blessings He gives us in Christ (Eph. 1:3-16)
-  Think of the great day of the Lord - when He rewards the faithful (Mat. 25:33,34; 2 Thes. 1:7-10; 2:14)




Learning To Number Our Days

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-  God will bless the efforts of the faithful (Rom. 8:28; Phil. 4:13)
-  Our labor will be rewarded (1 Cor. 15:58; Rev. 14:13)
-  If we fear God, trust Him, love Him and serve Him, whatever TEMPORARY hardship, trial, suffering, or pain we will have endured, it will be more than worth it to receive our eternal reward!!!!

Learning To Number Our Days

God's LOVE & MERCY Provides Undeserved JOY (13-17)

**Psalms 90:15–17
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hands for us; Yes,
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of our hands.

Philippians 2:12–13 (NKJV)

¹² Therefore, my beloved, as you
have always obeyed, not as in
my presence only, but now much
more in my absence, work out
your own salvation with fear and
trembling; ¹³ for it is God who
works in you both to will and to
do for *His* good pleasure.

Learning To Number Our Days

God's LOVE & MERCY Provides Undeserved JOY (13-17)

**Psalm 90:15–17
(NKJV)**

¹⁷ And let the beauty of the Lord our God be upon us, And establish the work of our hands for us; Yes, establish the work of our hands.

Romans 8:16–18 (NKJV)

¹⁶ The Spirit Himself bears witness with our spirit that we are children of God, ¹⁷ and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with *Him*, that we may also be glorified together. ¹⁸ For I consider that the sufferings of this present time are not worthy *to be compared* with the glory which shall be revealed in us.

Learning To Number Our Days

God's LOVE & MERCY Provides Undeserved JOY (13-17)

Psalm 90:15–17 (NKJV)

¹⁷ And let the beauty of the Lord our God be upon us, And establish the work of our hands for us; Yes, establish the work of our hands.

2 Corinthians 4:16–18 (NKJV)

¹⁶ Therefore we do not lose heart. Even though our outward man is perishing, yet the inward *man* is being renewed day by day. ¹⁷ For our light affliction, which is but for a moment, is working for us a far more exceeding *and* eternal weight of glory, ¹⁸ while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen *are* temporary, but the things which are not seen *are* eternal.

Learning To Number Our Days



- We can rest our hope in God for He is eternal (1-2)
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Psalm 90:12

*So teach us to number our days,
That we may gain a heart of wisdom.*

- May our reverence for and faith in God lead us to wisdom that we may focus on the eternal promises of God rather than our temporary struggles (2 Cor. 4:16-18; James 1:2-6)
- Let us realize our labor for the Lord is NOT in vain (Rom. 8:28; Phili. 2:12; 4:13; Cor. 15:58; Rev. 14:13)
- May we live EACH day for the Lord (2 Cor. 6:2; Heb. 3:15; Col. 3:1,2; Rom. 12:1,2)

Psalm 90:12

*So teach us to number our days,
That we may gain a heart of wisdom.*

Charts by Don McClain

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James 4:13–17 (NKJV)

¹³ Come now, you who say, “Today or tomorrow we will go to such and such a city, spend a year there, buy and sell, and make a profit”; ¹⁴ whereas you do not know what *will happen* tomorrow. For what *is* your life? It is even a vapor that appears for a little time and then vanishes away. ¹⁵ Instead you *ought* to say, “If the Lord wills, we shall live and do this or that.” ¹⁶ But now you boast in your arrogance. All such boasting is evil. ¹⁷ Therefore, to him who knows to do good and does not do *it*, to him it is sin.