

## Philippians 4:6 (NKJV)

<sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

**BEING AFRAID**

*of The*

**WRONG THINGS**

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# WRONG THINGS

**FEAR:** “an unpleasant feeling triggered by the perception of danger, real or imagined”.

## **Biochemical Reaction**

The primal side of fear comes from a survival mechanism, hardwired from birth. When we confront something that's perceived to be threatening, our bodies tend to respond in similar ways. Our hands will tremble, we'll sweat, our heartbeat will race, and we become extremely alert.

## **Emotional Response**

When it comes to an emotional response, fear differs from person to person depending upon their personal beliefs. One's beliefs are determined by the information they accept or perspectives they have formed through their experiences.



A man with dark hair and a beard, wearing a dark suit, is looking over a black, textured partition. He has a wide-eyed, fearful expression on his face. The background is a light, textured wall.

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## Common fears:

- Darkness or loss of visibility of surroundings
- Heights and flying
- Social interaction and/or rejection
- Snakes, rodents, spiders and other animals
- Death and dying

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## Top Ten Fears of 2020/2021

% Very Afraid  
or Afraid

Corrupt government officials

79.6%

People I love dying (#5 in 2019)

58.5%

A loved one contracting the coronavirus (COVID-19)

58%

People I love becoming seriously ill (#3 in 2019)

57.3%

Widespread civil unrest

56.5%

A pandemic or a major epidemic

55.8%

Economic/financial collapse

54.8%

Cyber-terrorism (#7 in 2019)

51%

Pollution of oceans, rivers and lakes (#2 in 2019)

50.8%

Biological warfare

49.3%





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## **THE POSITIVES OF FEAR**

Avoidance of Danger

Promotes Caution

Generates Alertness

Prompts Action

Proverbs 14:27 (NKJV)

<sup>27</sup> The fear of the Lord  
is a fountain of life, To  
turn *one* away from the  
snares of death.





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## **THE NEGATIVES OF FEAR**

**Revelation 21:8 (NKJV)**

<sup>8</sup> But the cowardly, unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.”

**AVOID** Problems

**OVERLY** Cautious

**IMAGINES** Danger

**PREVENTS** Action



## Matthew 10:24–33 (NKJV)

<sup>24</sup> “A disciple is not above *his* teacher, nor a servant above his master. <sup>25</sup> It is enough for a disciple that he be like his teacher, and a servant like his master. If they have called the master of the house Beelzebub, how much more *will they call* those of his household! <sup>26</sup> Therefore do not fear them. For there is nothing covered that will not be revealed, and hidden that will not be known. <sup>27</sup> “Whatever I tell you in the dark, speak in the light; and what you hear in the ear, preach on the housetops.

## **Matthew 10:24–33 (NKJV)**

<sup>28</sup> And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell. <sup>29</sup> Are not two sparrows sold for a copper coin? And not one of them falls to the ground apart from your Father's will. <sup>30</sup> But the very hairs of your head are all numbered. <sup>31</sup> Do not fear therefore; you are of more value than many sparrows. <sup>32</sup> "Therefore whoever confesses Me before men, him I will also confess before My Father who is in heaven. <sup>33</sup> But whoever denies Me before men, him I will also deny before My Father who is in heaven.



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## **DO NOT FEAR:**

- The ridicule of unbelievers (Mat. 10:24-26)
- The consequences of standing for / preaching the gospel (Mat. 10:27-28)
- That the Father is unaware of, or unconcerned with our problems (Mat. 10:29-31)
- Confessing Christ (Mat. 10:32-33; Rev. 2:10)



## Revelation 2:8–11 (NKJV)

<sup>8</sup> “And to the angel of the church in Smyrna write, ‘These things says the First and the Last, who was dead, and came to life: <sup>9</sup> “I know your works, tribulation, and poverty (but you are rich); and *I know* the blasphemy of those who say they are Jews and are not, but *are* a synagogue of Satan. <sup>10</sup> Do not fear any of those things which you are about to suffer. Indeed, the devil is about to throw *some* of you into prison, that you may be tested, and you will have tribulation ten days. Be faithful until death, and I will give you the crown of life. <sup>11</sup> “He who has an ear, let him hear what the Spirit says to the churches. He who overcomes shall not be hurt by the second death.” ’



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**Matthew 6:25 (NKJV)**

<sup>25</sup> “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?”



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## **DO NOT FEAR:**

- The loss of physical necessities (Mat. 6:25-30)
- The things over which we have no control (Mat. 6:27)
- That the Father is unaware of, or unconcerned with our needs (Mat. 6:26,29,30)
- The things the worldly are afraid of (Mat. 6:31-32)
- Tomorrow (Mat. 6:34)



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**GENUINE FAITH IS THE REMEDY**



- A Purposed, FAITH Based Perspective (1 Sam 30:6; Heb. 11:1-12:3; James 1:1-5; 1 Tim. 4:9; 1 Jn. 5:4; 2 Cor. 4:13-18;)
- A FAITH that seeks the things of God FIRST (Mat. 6:33; 2 Tim. 2:4; Rom. 8:17, 18, 28-39)
- A FAITH that obeys God (James 1:13-25; 2:14-26)
- A FAITH that firmly supports our HOPE (Heb. 6:12, 18, 19; 11:1; 6)



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**GENUINE FAITH IS THE REMEDY**



Externals lose their  
power over us  
when we, through  
the eyes of faith,  
focus upon the  
things of God!



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**GENUINE FAITH IS THE REMEDY**



**Psalms 56:3–4 (NKJV)**

<sup>3</sup> Whenever I am afraid, I will trust in You.

<sup>4</sup> In God (I will praise His word), In God I have put my trust; I will not fear. What can flesh do to me?



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**GENUINE FAITH IS THE REMEDY**



## **Philippians 4:6–7 (NKJV)**

<sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.



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**1 Peter 5:6–7 (NKJV)**

<sup>6</sup> Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, <sup>7</sup> casting all your care upon Him, for He cares for you.



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**1 John 4:18–19 (NKJV)**

<sup>18</sup> There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. <sup>19</sup> We love Him because He first loved us.



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**Isaiah 26:3–4 (NKJV)**

<sup>3</sup> You will keep *him* in perfect peace, *Whose* mind *is stayed on You*, Because he trusts in You.  
<sup>4</sup> Trust in the Lord forever, For in Yah, the Lord, *is* everlasting strength.



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**LET US BE AFRAID OF DOING  
THINGS THAT DISHONOR GOD!**

Ecclesiastes 12:13,14; Hebrews 12:25-29; Romans 2:5-11



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**Do not allow the concerns of today or tomorrow rob you of eternal glory!**

**Romans 8:17,18; 2 Corinthians 4:16-18**



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**BY FAITH, OBEY JESUS & SERVE HIM**

Mark 16:15,16; Romans 8:1,2; Revelation 2:10







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**Charts by Don McClain**

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## Isaiah 43:1–7 (NKJV)

<sup>1</sup> But now, thus says the Lord, who created you,  
O Jacob, And He who formed you, O Israel:

“Fear not, for I have redeemed you; I have  
called *you* by your name; You *are* Mine. <sup>2</sup> When  
you pass through the waters, I *will be* with you;  
And through the rivers, they shall not overflow  
you. When you walk through the fire, you shall  
not be burned, Nor shall the flame scorch you. <sup>3</sup>

For I *am* the Lord your God, The Holy One of  
Israel, your Savior; I gave Egypt for your  
ransom, Ethiopia and Seba in your place.



## Isaiah 43:1–7 (NKJV)

<sup>4</sup> Since you were precious in My sight, You have been honored, And I have loved you; Therefore I will give men for you, And people for your life. <sup>5</sup>

Fear not, for I *am* with you; I will bring your descendants from the east, And gather you from the west; <sup>6</sup> I will say to the north, ‘Give them up!’ And to the south, ‘Do not keep them back!’

Bring My sons from afar, And My daughters from the ends of the earth— <sup>7</sup> Everyone who is called by My name, Whom I have created for My glory; I have formed him, yes, I have made him.”