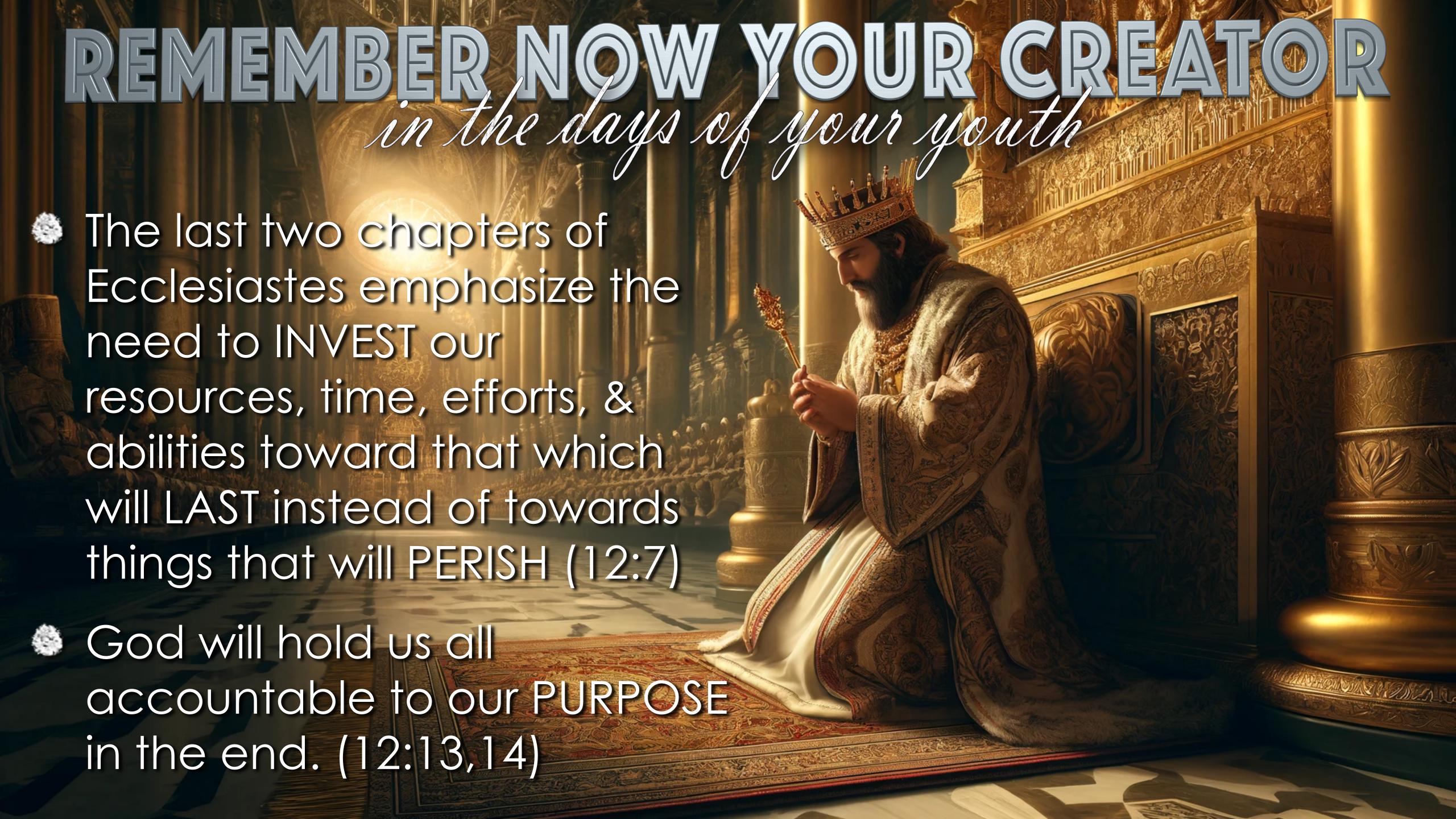
¹ Remember now your Creator in the days of your youth, Before the difficult days come, And the years draw near when you say, "I have no pleasure in them": — Ecclesiastes 12:1 (NKJV)



¹ Remember now your Creator in the days of your youth, Before the difficult days come, And the years draw near when you say, "I have no pleasure in them": — Ecclesiastes 12:1 (NKJV)





Ecclesiastes 11:9–12:8 (NKJV)

⁹ Rejoice, O young man, in your youth, And let your heart cheer you in the days of your youth; Walk in the ways of your heart, And in the sight of your eyes; But know that for all these God will bring you into judgment. ¹⁰ Therefore remove sorrow from your heart, And put away evil from your flesh, For childhood and youth are vanity. 1 Remember now your Creator in the days of your youth, Before the difficult days come, And the years draw near when you say, "I have no pleasure in them": ² While the sun and the light, The moon and the stars, Are not darkened, And the clouds do not return after the rain;

Ecclesiastes 11:9–12:8 (NKJV)

³ In the day when the keepers of the house tremble, And the strong men bow down; When the grinders cease because they are few, And those that look through the windows grow dim; 4 When the doors are shut in the streets, And the sound of grinding is low; When one rises up at the sound of a bird, And all the daughters of music are brought low. ⁵ Also they are afraid of height, And of terrors in the way; When the almond tree blossoms, The grasshopper is a burden, And desire fails. For man goes to his eternal home, And the mourners go about the streets.

Ecclesiastes 11:9-12:8 (NKJV)

- ⁶ Remember your Creator before the silver cord is loosed, Or the golden bowl is broken, Or the pitcher shattered at the fountain, Or the wheel broken at the well. ⁷ Then the dust will return to the earth as it was, And the spirit will return to God who gave it.
 - 8 "Vanity of vanities," says the Preacher,

"All is vanity."



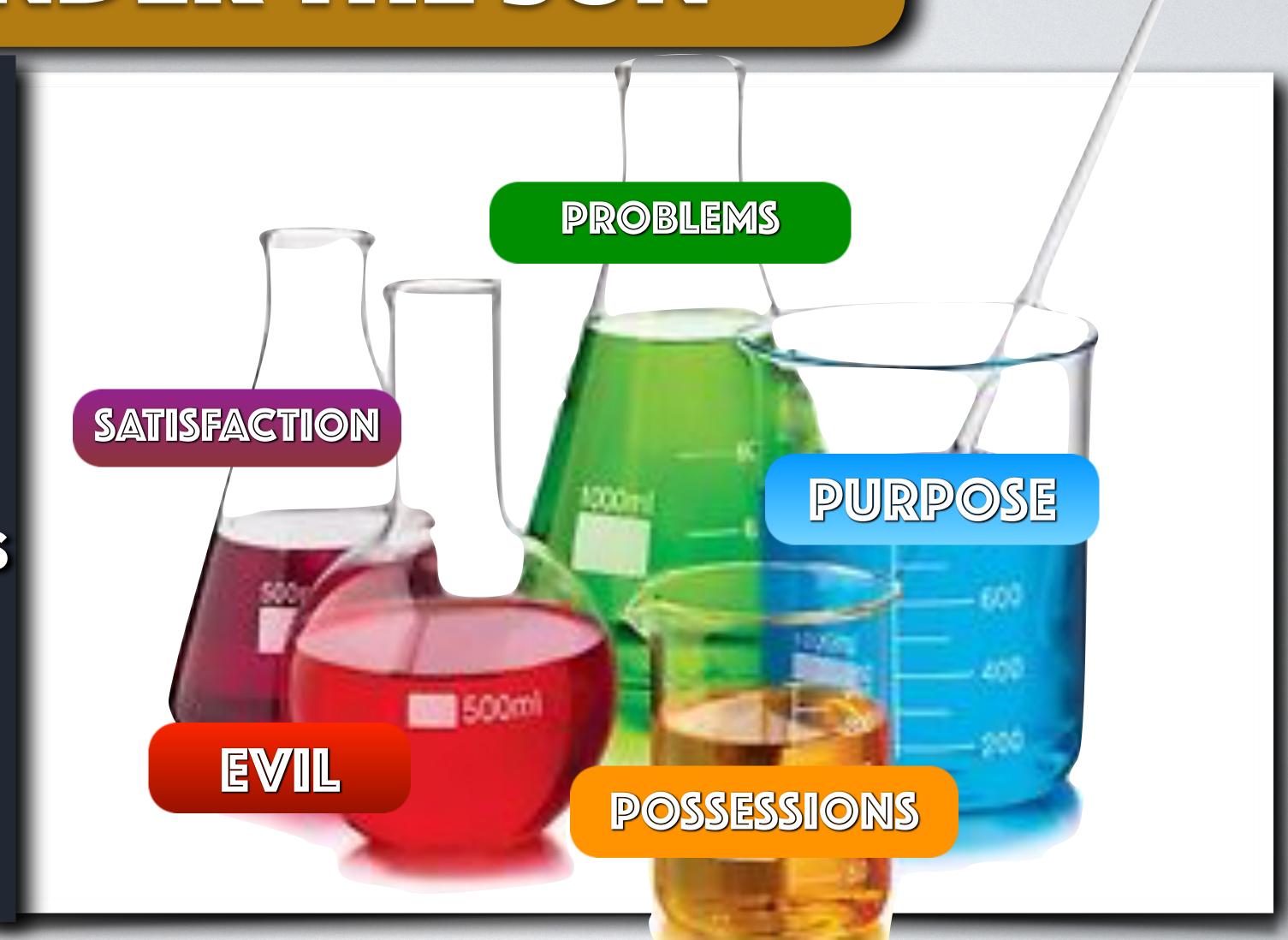




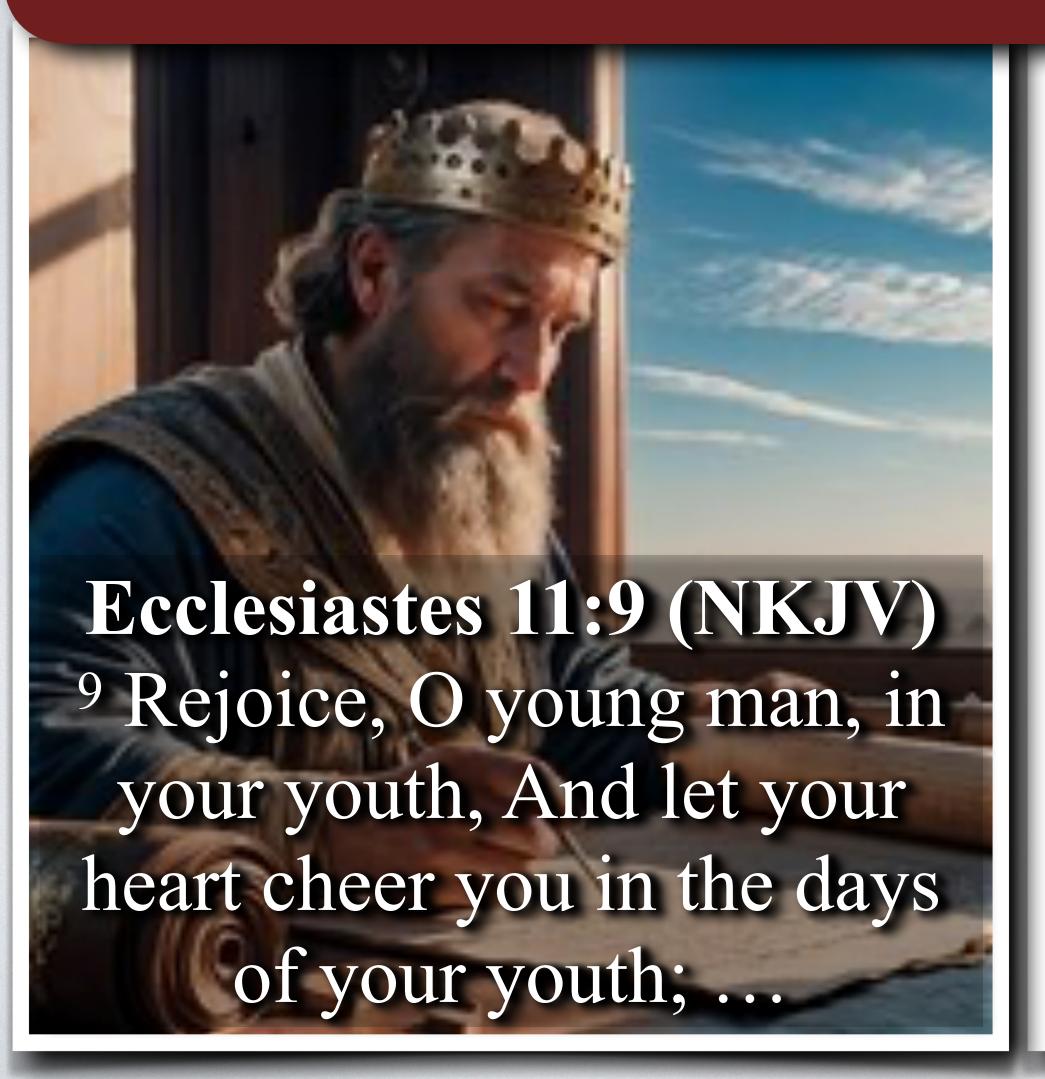
- Secularists develop humanistic systems of law, and foster a system of education that stresses tolerance for immorality and what the Bible identifies as sin.
- But, it should be to no one's surprise that such an approach actually increases the presence of evil.

"LIFE UNDER THE SUN"

- This world, and all that is visible and experiential in it, MUST be viewed through the lens of the CREATOR.
- To view the things in this world properly, we must also have a correct understanding of the CREATOR.



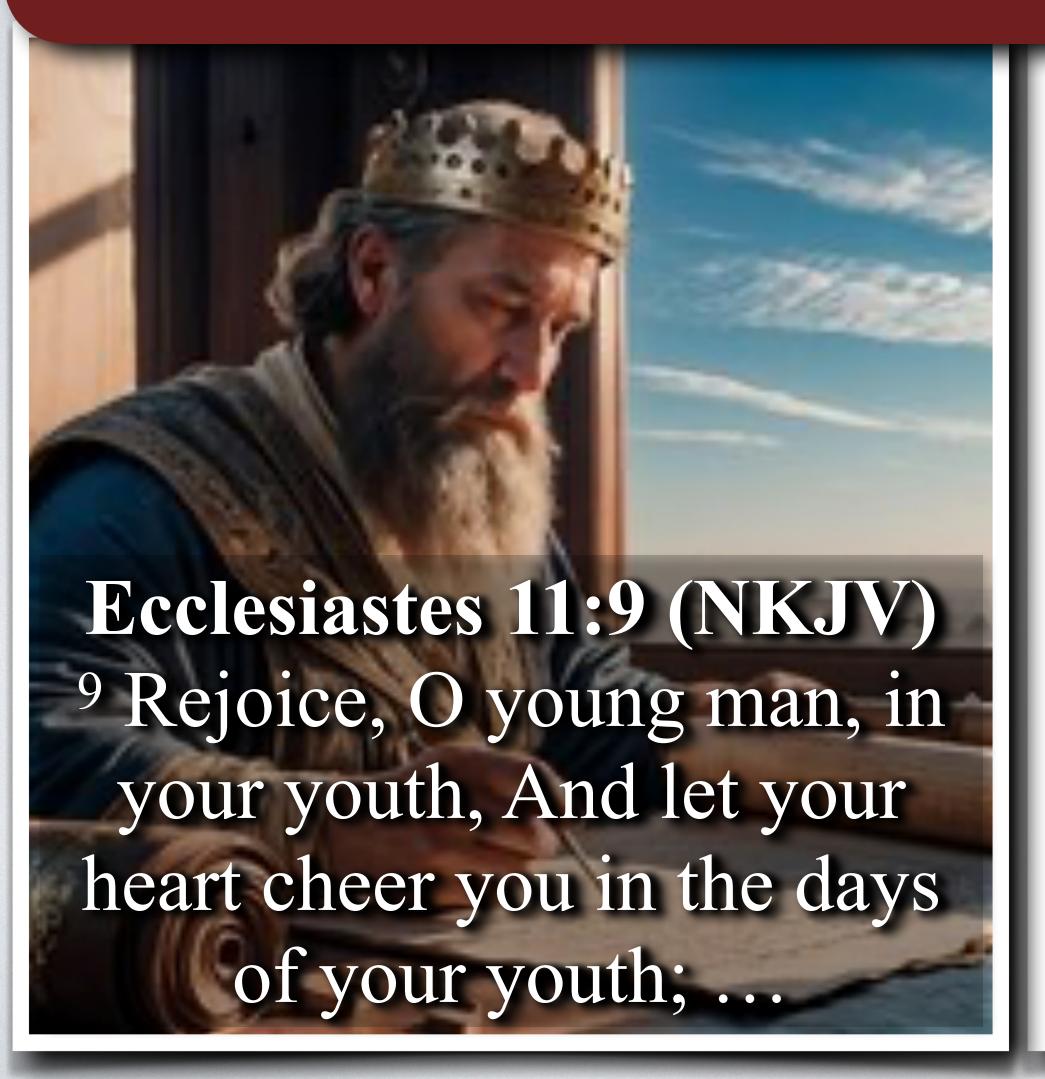
REJOICE IN YOUR YOUTH (11:9-10)



Let your heart cheer you

- Why are so many of our young people bitter, depressed, discouraged, resentful, bored, unhappy, confused, etc..?
- With the rise of broken homes, godlessness, and materialism, it should be no surprise depression & suicide rates are rising ...

REJOICE IN YOUR YOUTH (11:9-10)

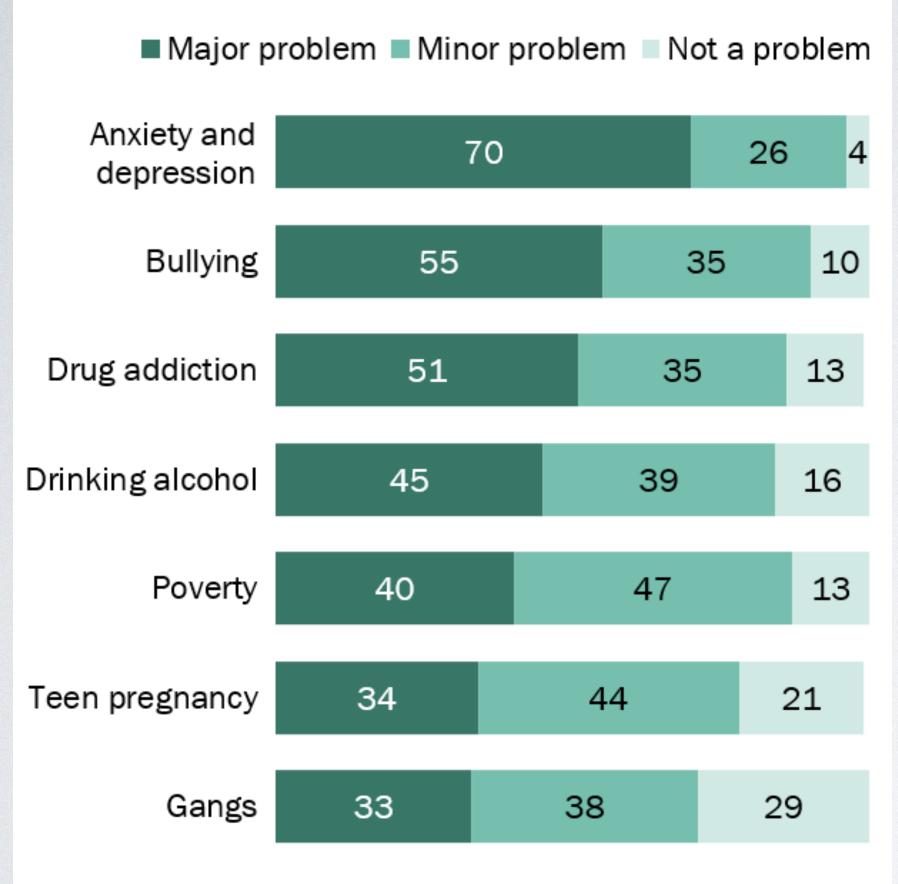


Let your heart cheer you

- Secularists and theists have very different views and responses to the problems of guilt, anger, depression, and suicide?
- A theist sees these struggles as deeply connected to spiritual brokenness and a need for a relationship with God.

Anxiety and depression top list of problems teens see among their peers

% of teens saying each of the following is a ____ among people their age in the community where they live



Note: Share of respondents who didn't offer an answer not shown. Source: Survey of U.S. teens ages 13 to 17 conducted Sept. 17-Nov. 25, 2018.

"Most U.S. Teens See Anxiety and Depression as a Major Problem Among Their Peers"

PEW RESEARCH CENTER

- Anxiety and depression is becoming increasingly prevalent among young adults in the US, with both disorders increasing by 63% from 2005 to 2017.
- The expansion of media multitasking and high levels of academic and economic stress have led to increasing rates of anxiety and depression among American young adults.
- Rising levels of depression and anxiety have resulted in decreased performance in academic and professional settings, strained relationships, high levels of substance abuse, and suicide.

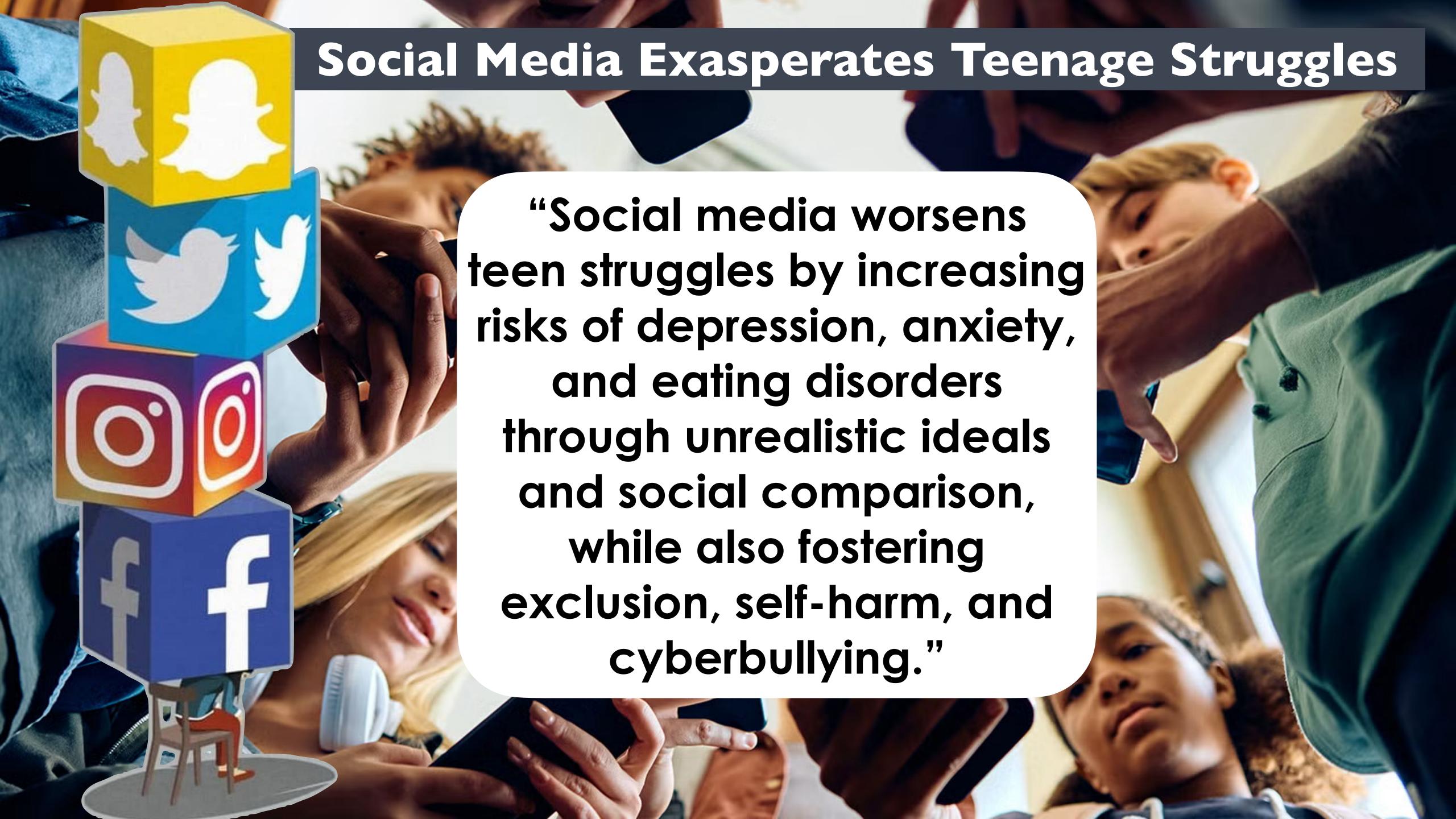


Written by

Manish Sharma, Director Deep Parenting on 18 October, 2024

Teenage Problems and Solutions

Physical Changes / Emotional Changes External Pressures / Emotional Struggles Societal Pressure / Body Image Issues Social Media and Digital Exposure Mental Health Concerns





Written by

Manish Sharma, Director Deep Parenting

on 18 October, 2024

TIPS TO HELP YOUR TEEN SOLVE THEIR PROBLEMS



ENCOURAGE POSITIVE BEHAVIOR

OPEN COMMUNICATION AND TRUST

> **BUILD A STRONG** SUPPORT SYSTEM



PROMOTE SELF CARE AND MINDFULNESS



REDUCE **ACADEMIC STRESS**



Written by

Manish Sharma, Director Deep Parenting on 18 October, 2024

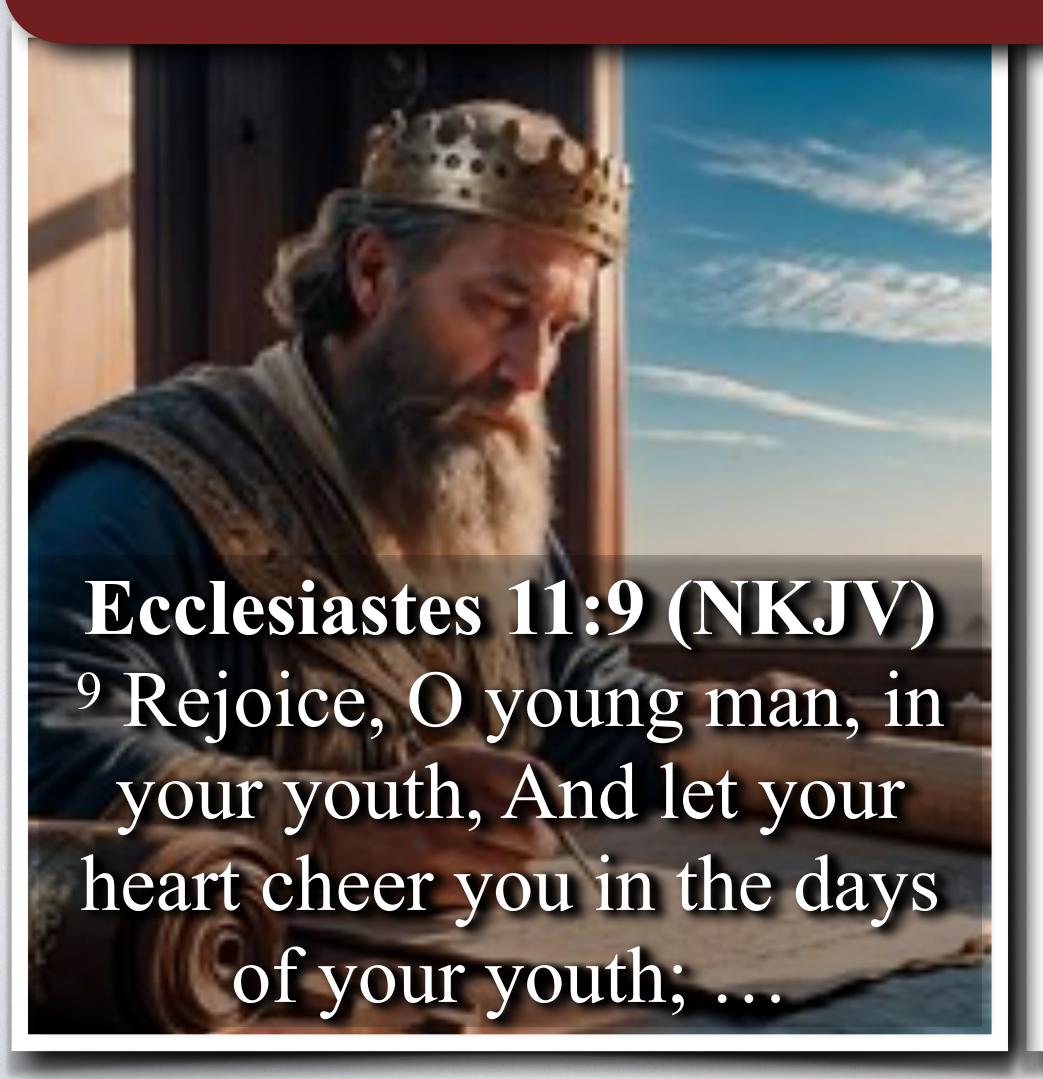
TIPS TO HELP YOUR TEEN SOLVE THEIR PROBLEMS



https://safehugs.in/blogs/kids-and-parents/ter

- What is missing?
- What are some key differences between a secular approach to the struggles youth face, and a Biblical, godly approach? (The focus? / the solutions? / the results?)
 - When God is acknowledged as the ultimate authority, and His word is allowed to address the problems holistically—FAITH, HOPE, and LOVE will replace confusion, doubt, fear, and disillusionment.

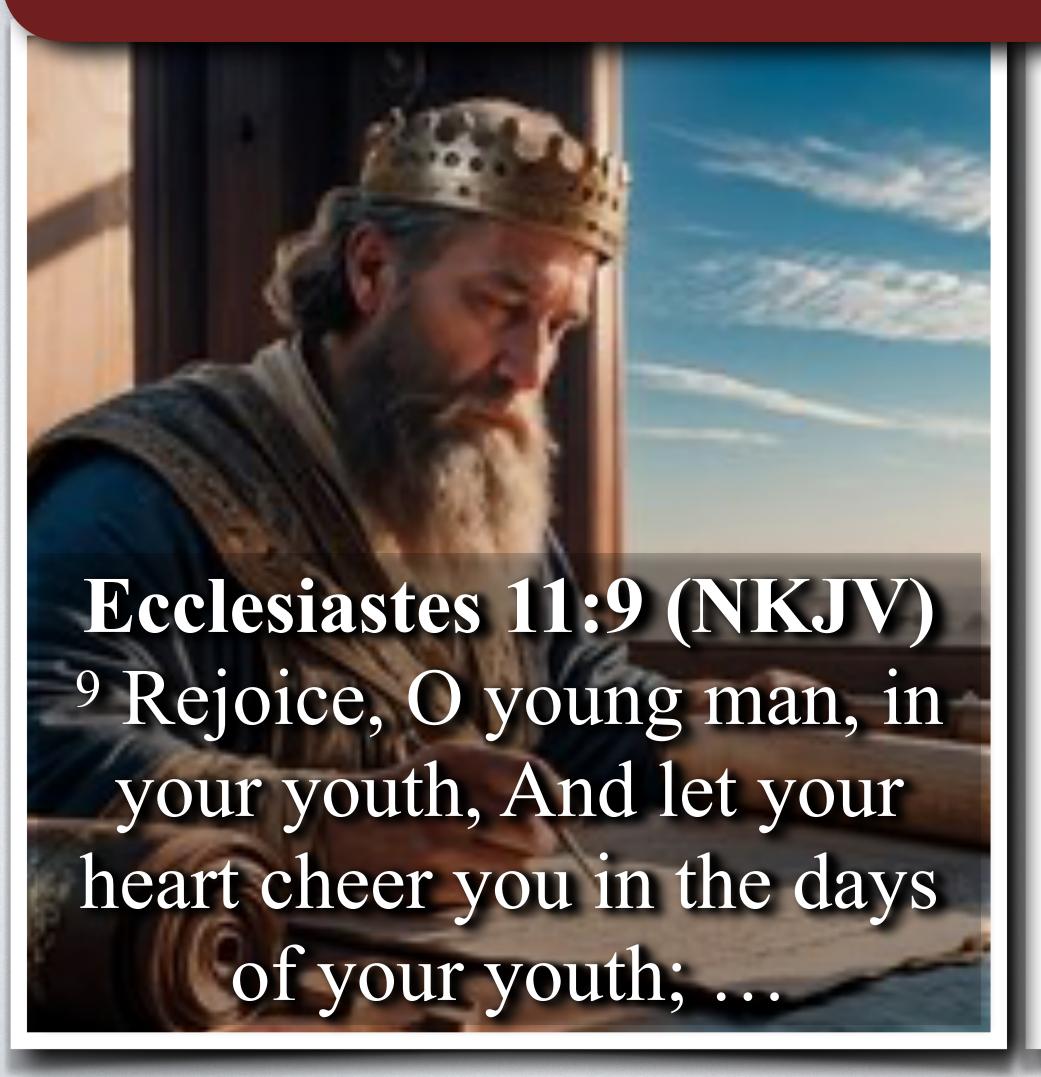
REJOICE IN YOUR YOUTH (11:9-10)



Let your heart cheer you

- Doy and cheerfulness depends upon how one views himself and the world around him/her.
 - Affected by home-life?
 - Market Affected by education?
 - Market Affected by belief system?
 - What about discipline, love, faithfulness, and hope?

REJOICE IN YOUR YOUTH (11:9-10)



Let your heart cheer you

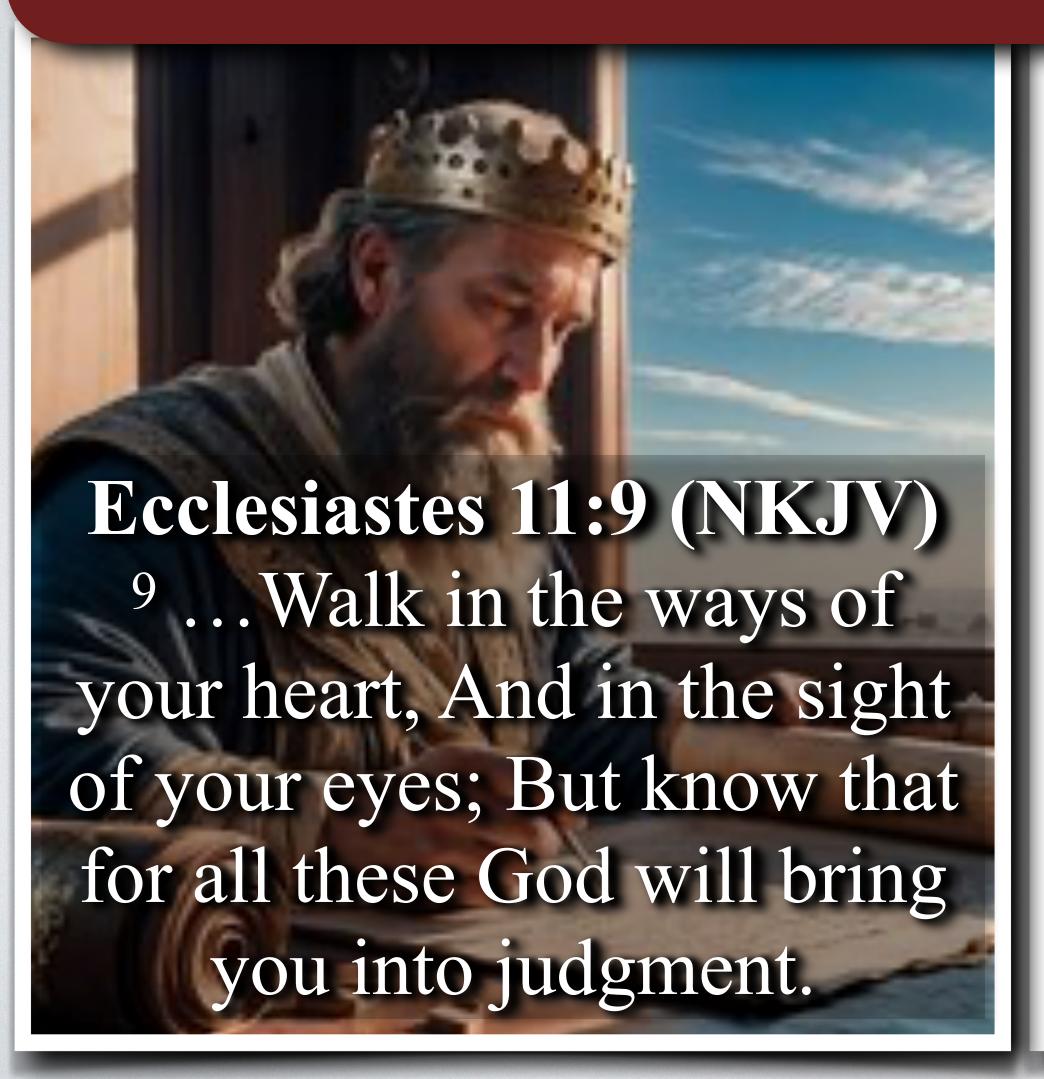
- We should be striving to cultivate the virtue of joy in our youth through an accurate, and practiced Biblical world view.
- The happiest period of one's life should be his youth!

REJOICE IN YOUR YOUTH (11:9-10)



- Follow Desires & Dreams (11:9)
- Enjoy God's blessings by:
 - Eating & drinking (2:24; 3:13; 8:15; 9:7),
 - Enjoy marital bliss (9:9),
 - Finding satisfaction in one's work and achievements (2:24; 3:22; 5:18).

REJOICE IN YOUR YOUTH (11:9-10)

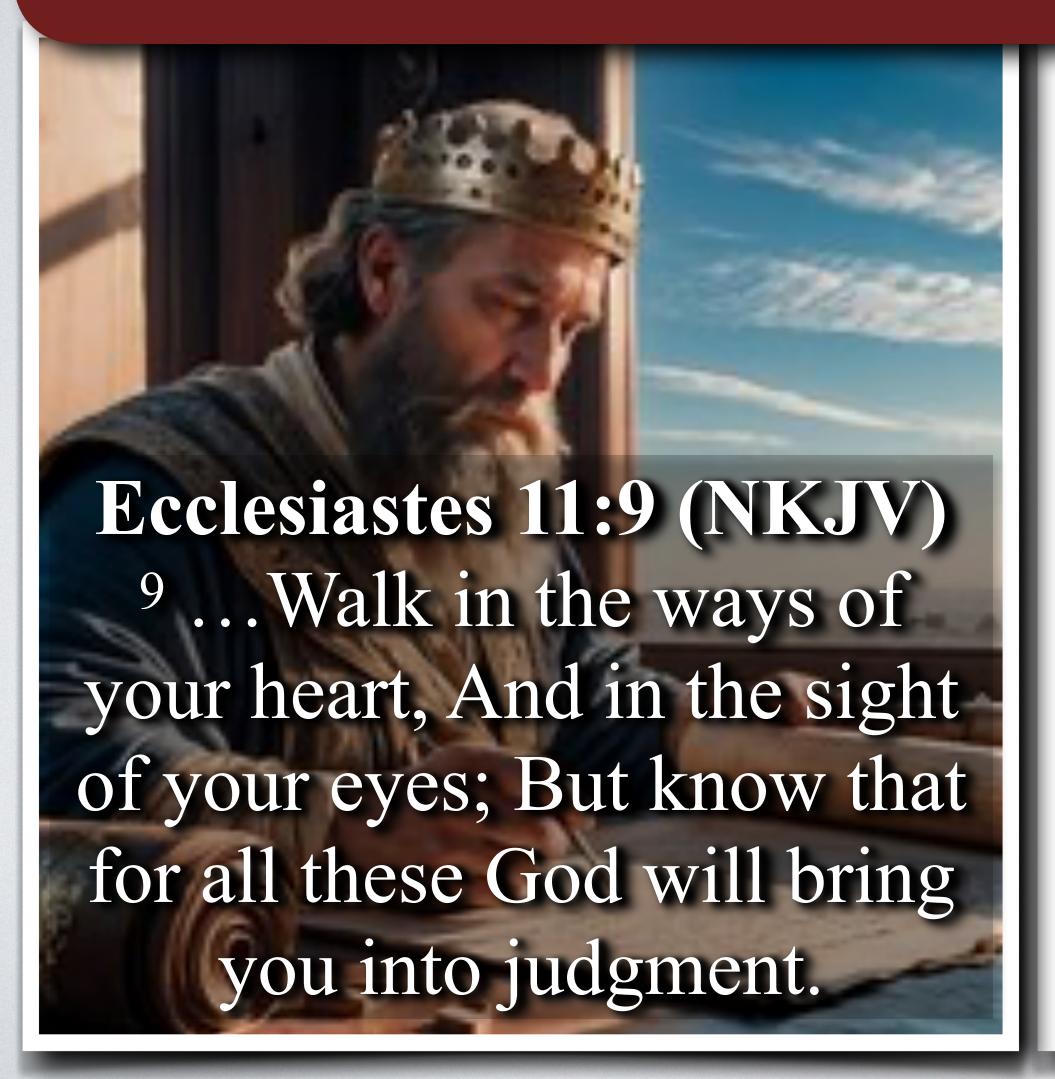


Follow Desires & Dreams (11:9)

- Now "follow the impulses of your heart & the desires of your eyes," 11:9; NASB).
- Not advising, or even permitting sinful or irresponsible activities / Such activities actually deprive one of real, true joy (Titus 3:3).
- REMEMBER God will judge.

REMERIOW YOUR CREATOR

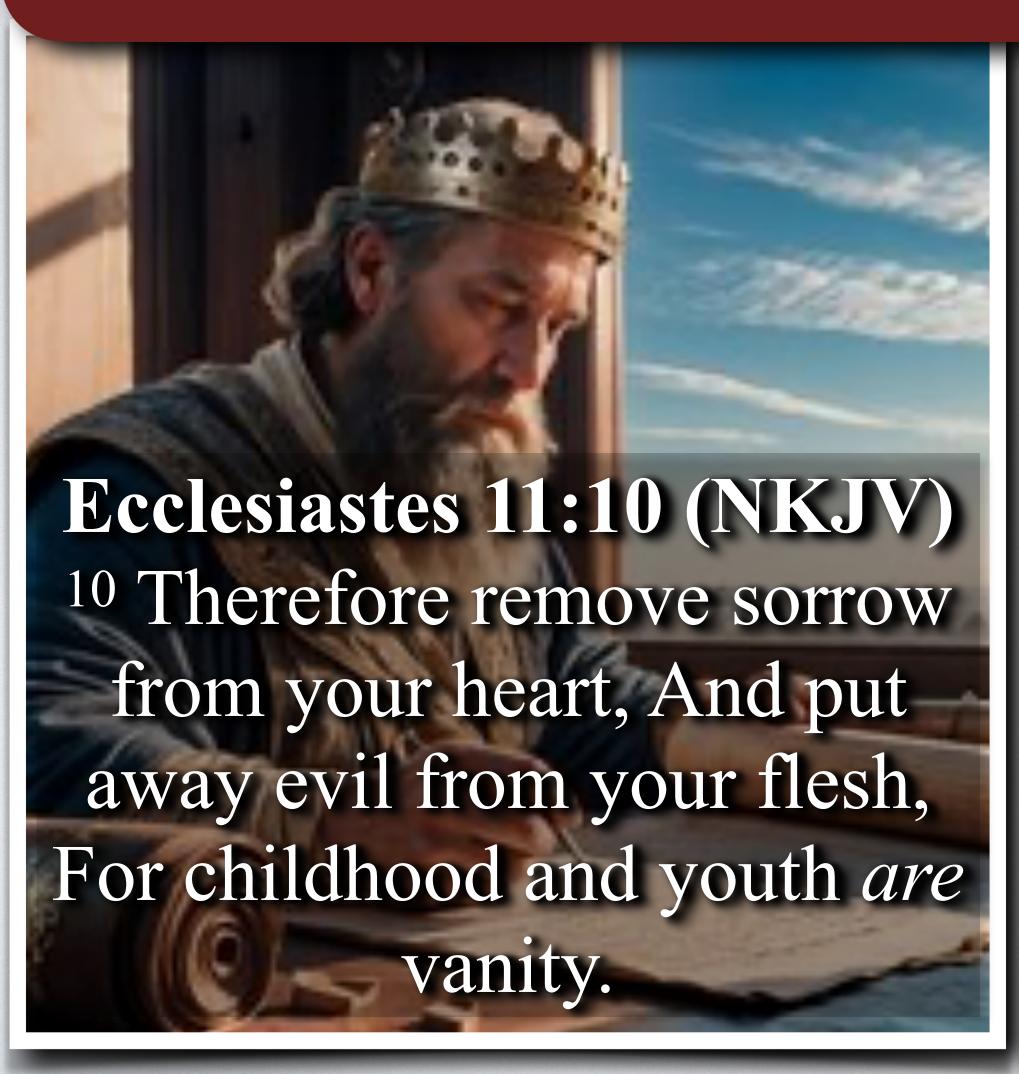
REJOICE IN YOUR YOUTH (11:9-10)



If God's will governs our hearts, desires & goals, then joy will be the result of our labor & efforts

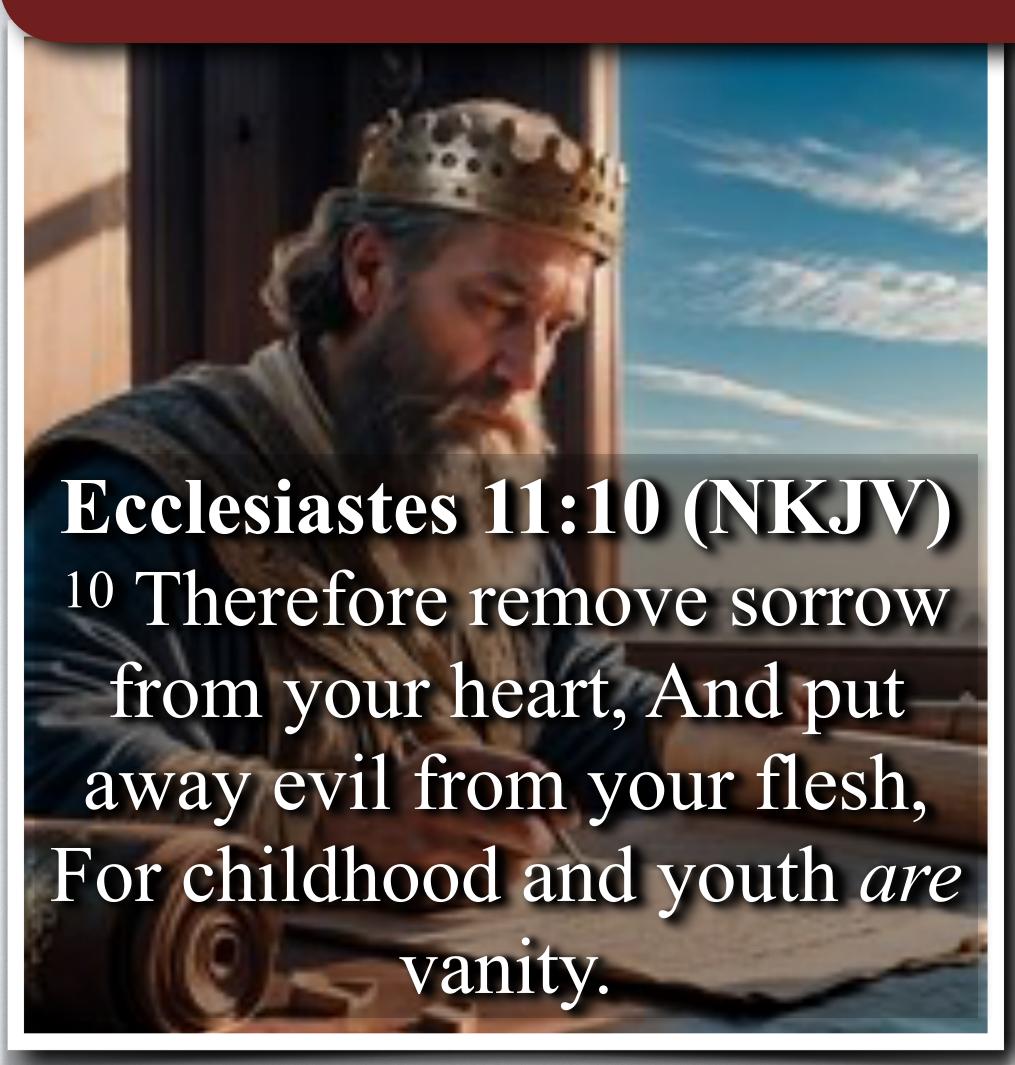
Philippians 4:4-14

REJOICE IN YOUR YOUTH (11:9-10)



- Get RID of Things That Destroy TRUE JOY (11:10)
 - "remove sorrow" from his "heart."
 (kaas) refers to low spirits or
 discontent with existing
 circumstances.
 - A deliberate act of the will. One can choose to think positively (Phili. 4:8,9).

REJOICE IN YOUR YOUTH (11:9-10)



Philippians 4:8–9 (NKJV)

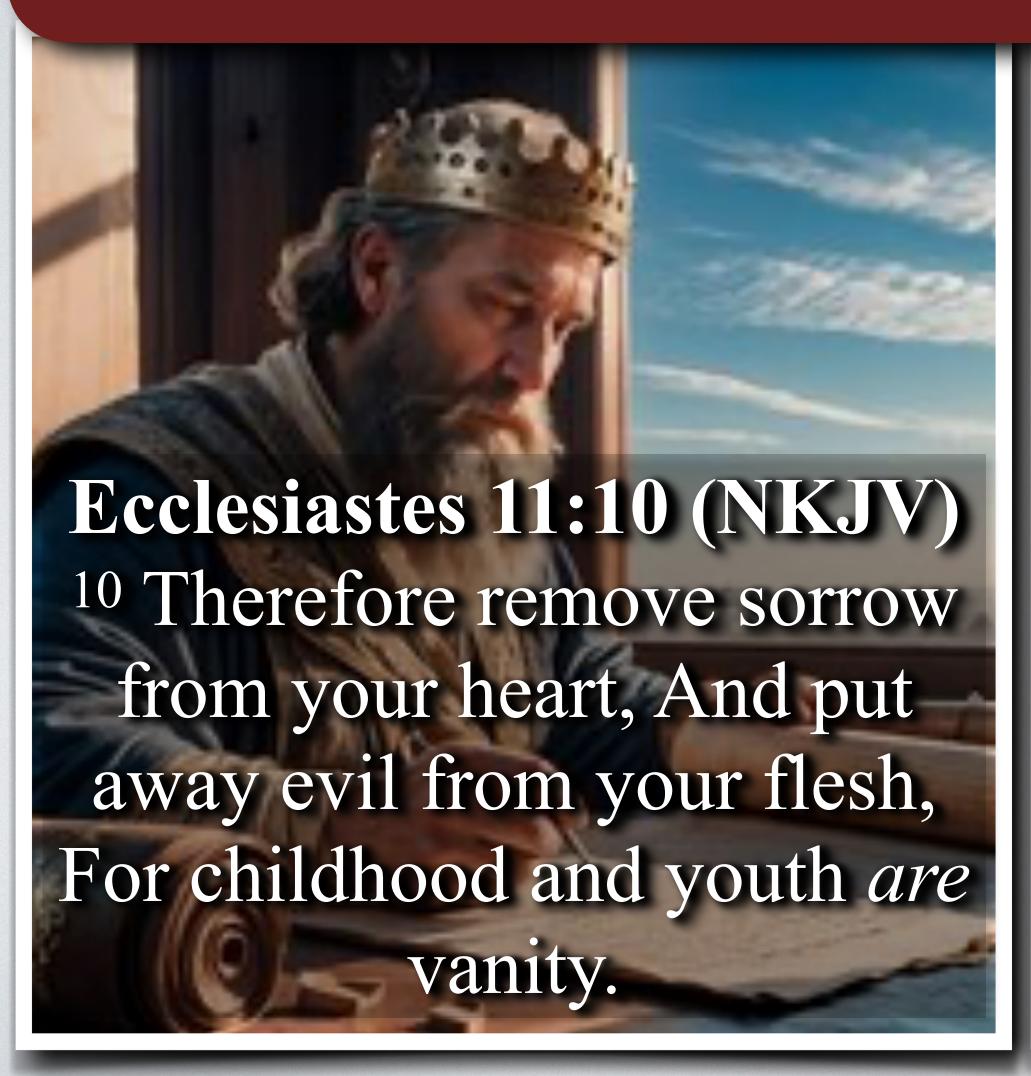
⁸ Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. ⁹ The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

REJOICE IN YOUR YOUTH (11:9-10)

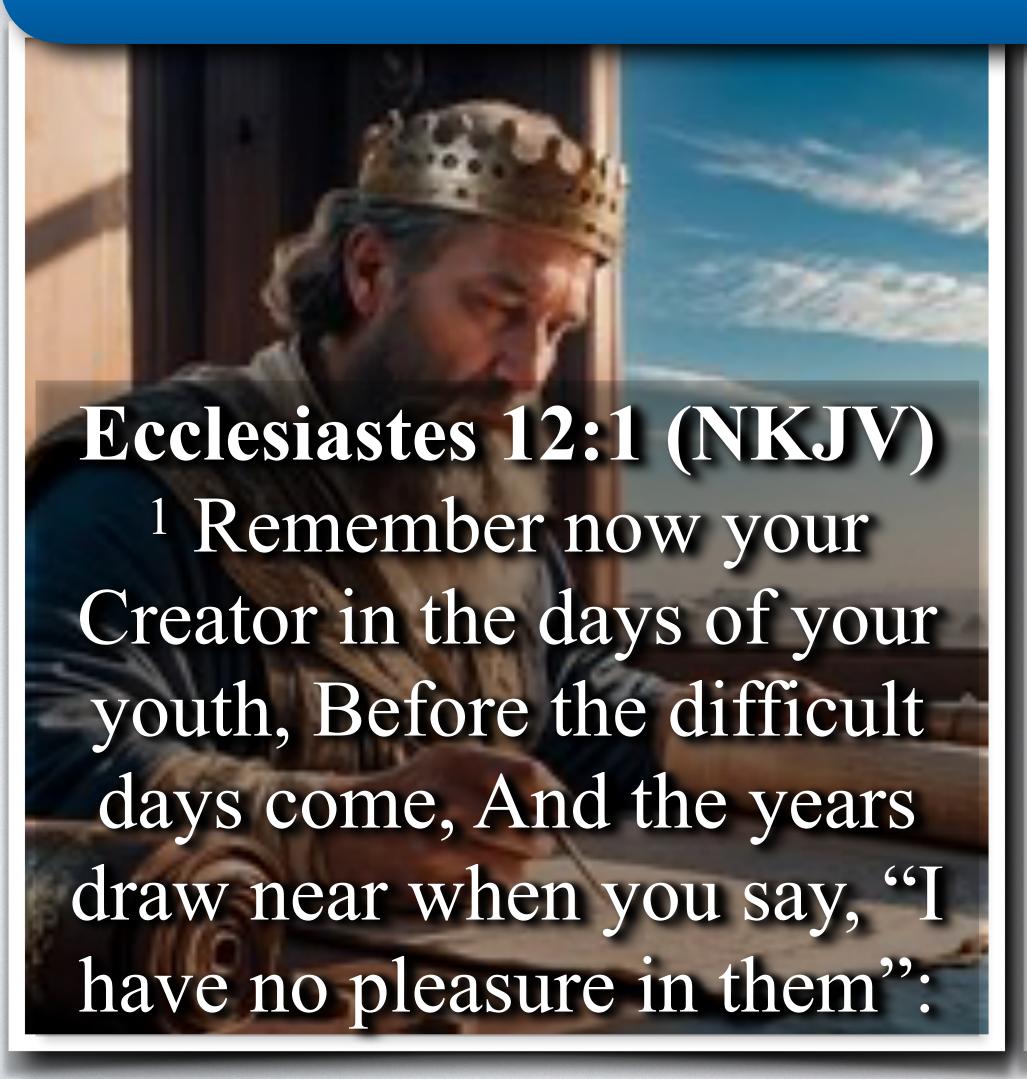


- Get RID of Things That Destroy TRUE JOY (11:10)
 - One must "put away" evil.
 - In the enjoyment of life, one must not defile his body with carnal sins which arouse God's anger.
 - FOOLISHNESS IN YOUTH CAN FOLLOW YOU FOR THE REST OF YOUR LIFE!

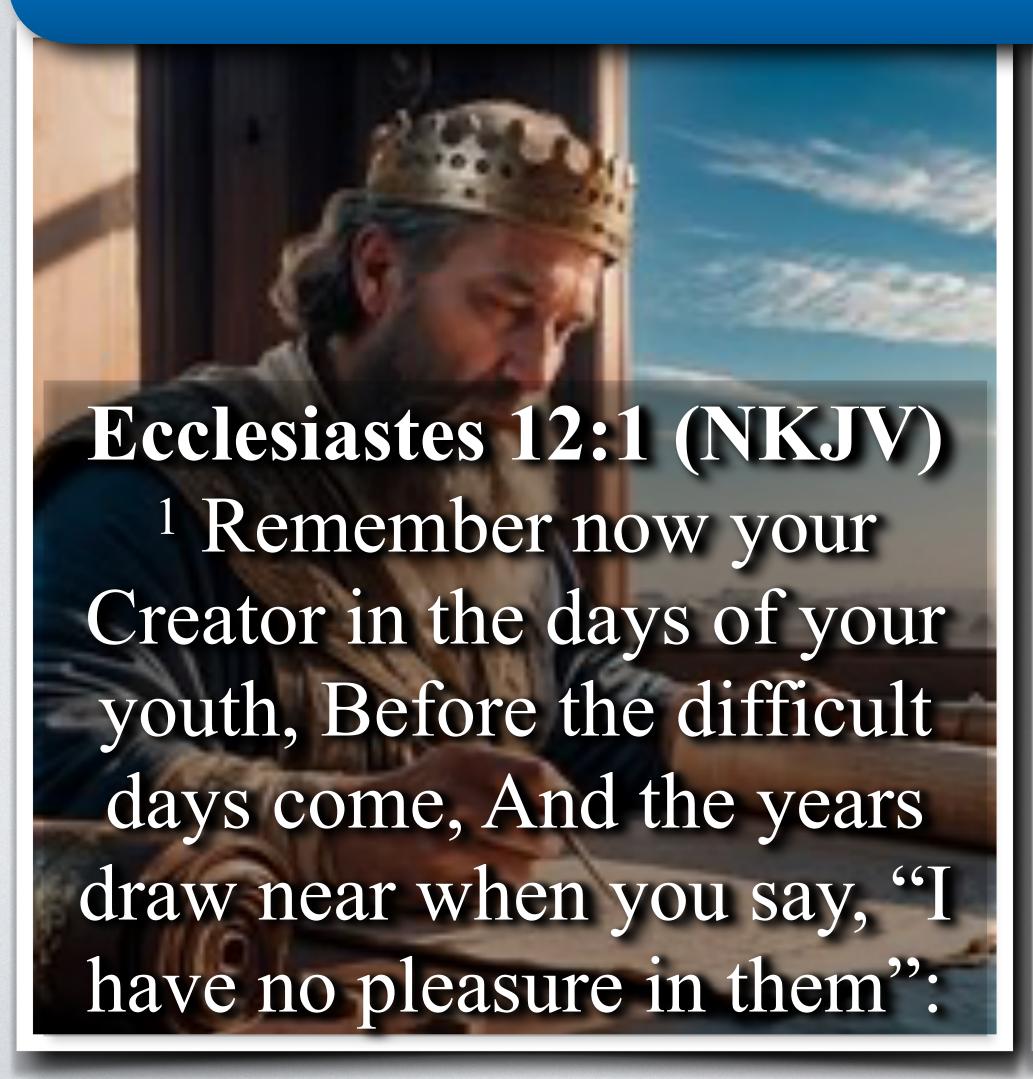
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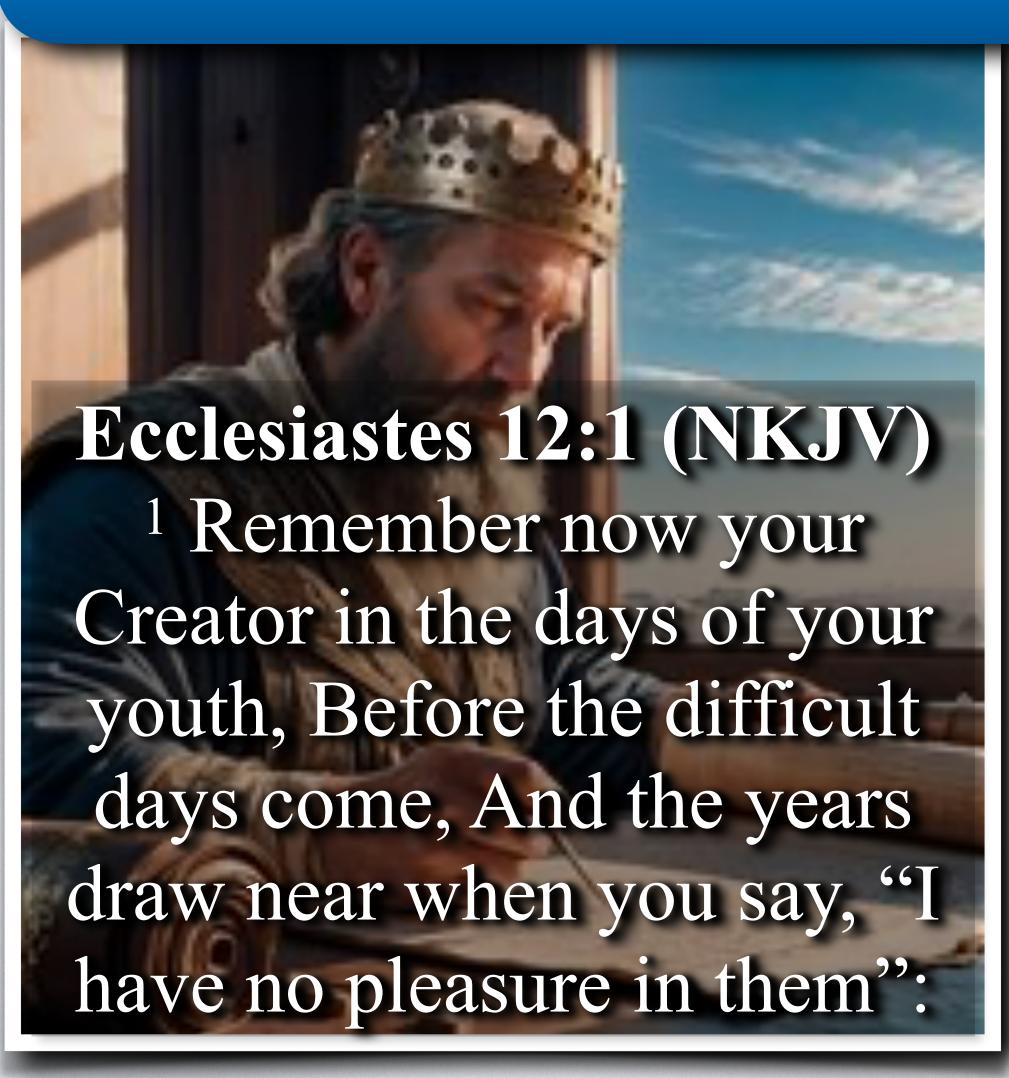
- Get RID of Things That Destroy TRUE JOY (11:10)
 - "... vanity." This time of youth soon passes away; the capacity for enjoyment is soon curtailed.
 - Therefore one should use these years aright, remembering they are short. "Vanity" here means "fleeting" as in 7:15 and 9:9.



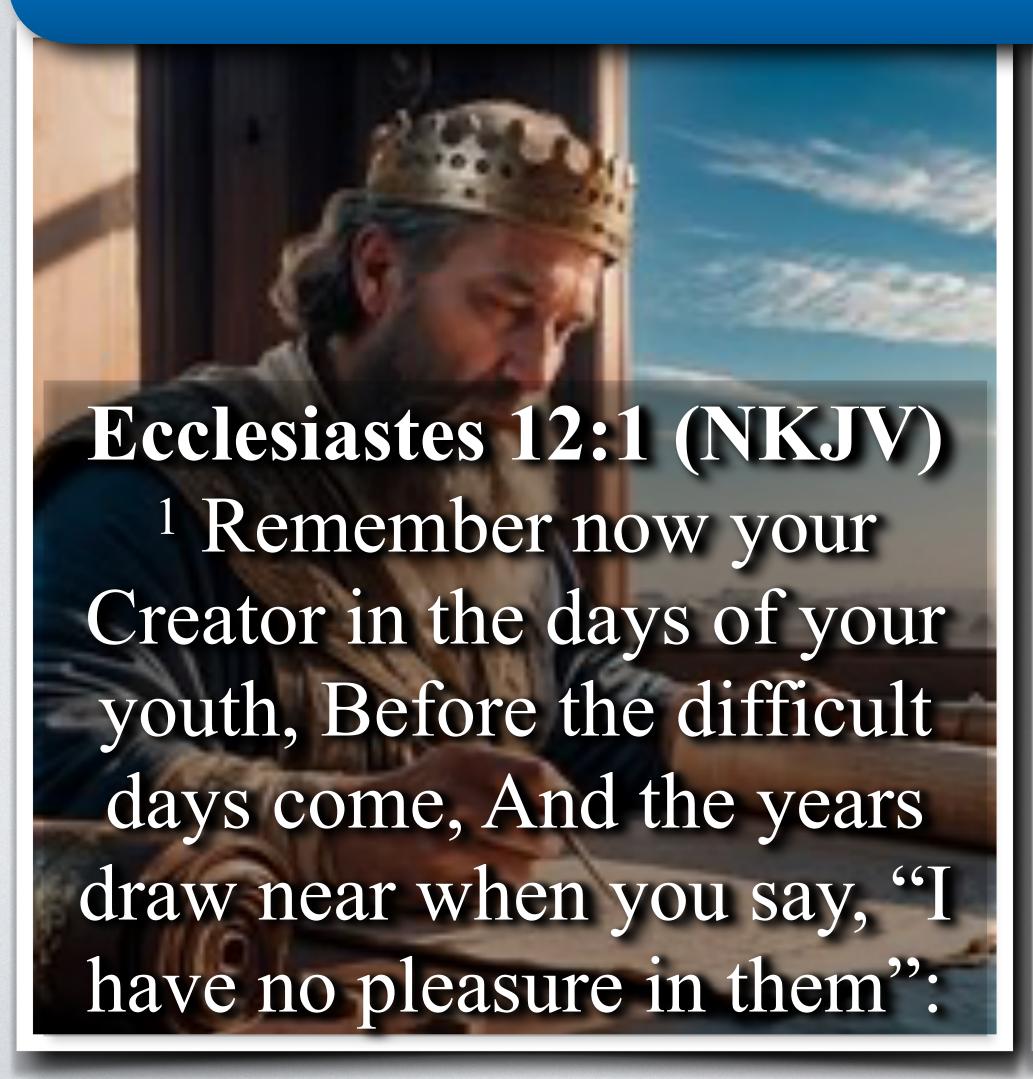
- Remember now your Creator in the days of your youth
- As Creator, God HAS the moral right to expect obedience.
- As creator, God knows what is TRULY best for me.
- ▶ I should have confidence that the path of obedience is the best path for me. — Psalm 1:1-3



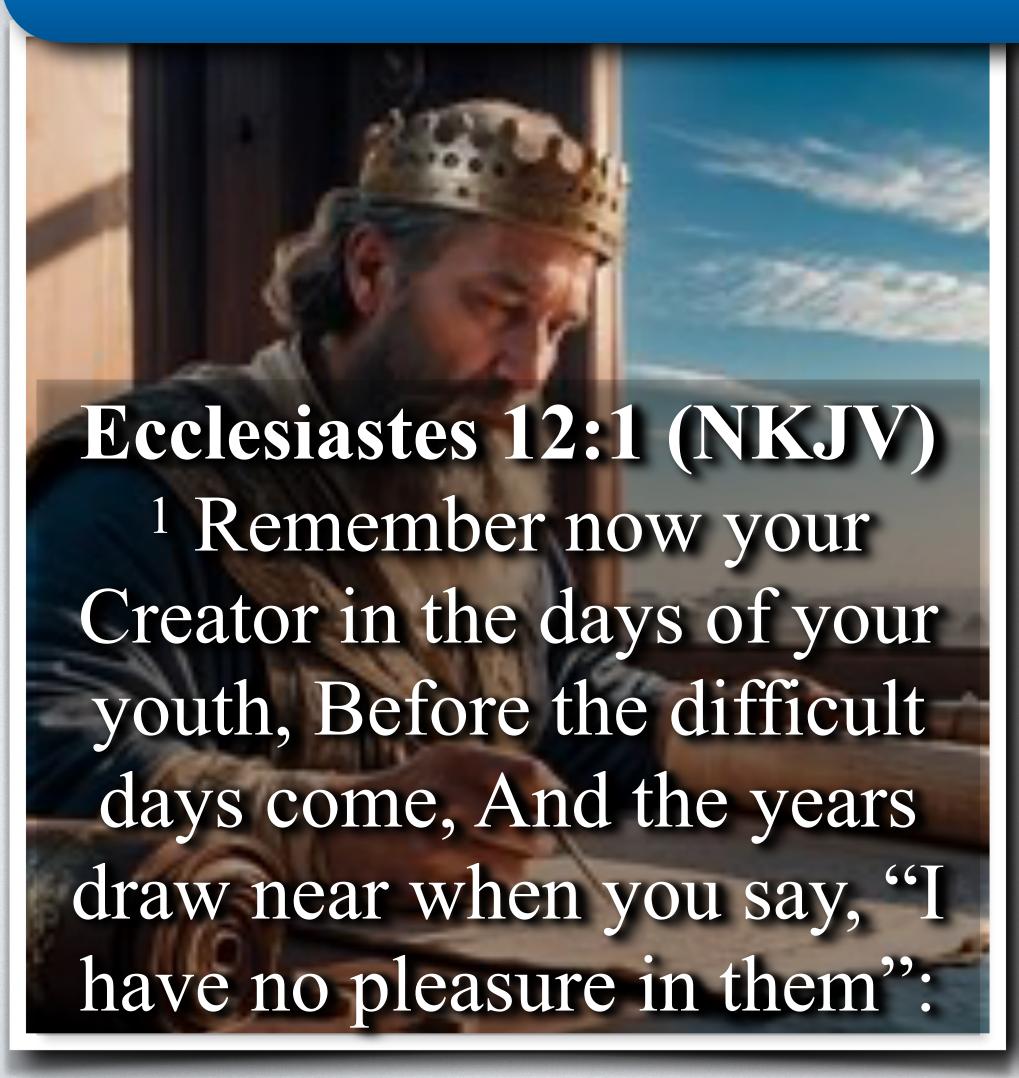
- Remember now your Creator in the days of your youth
- Youth is often known for resisting& questioning authority.
- There is great temptation to concentrate on earthly goals careers, possessions, & the quest for fun & excitement taking young people away from God.



- Remember now your Creator in the days of your youth
- Young people, (20's, 30's and 40's), all you are and have is due to the fact that there is a God.
- The "days of your youth," are the days of strength and vigor when you can accomplish the most for God (Titus 2:14).



- Remember now your Creator in the days of your youth
- The time to lay a foundation for the best future possible.
- The time when self-surrender is easiest, (it is far too common for young people to "dig themselves a hole" making turning to God more difficult).



- Remember now your Creator in the days of your youth
- Will we squander the days of our strength? Or will we give God the best of our youth?
- The time of strength and opportunity will SOON come to an end!

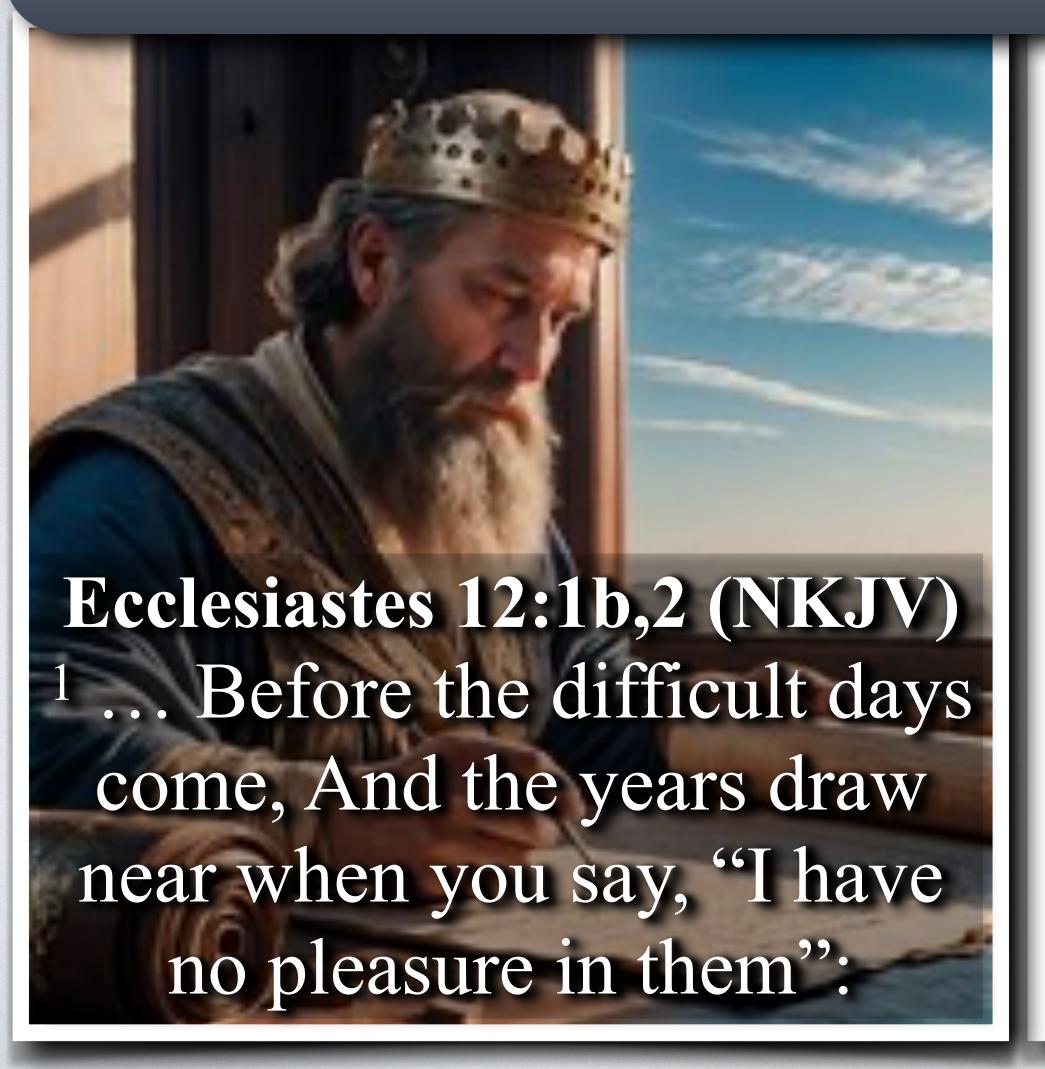
THE TIME OF OLD AGE (12:1B-7)



General Description (12:1b–2)

- Without God, pleasure is an empty vessel.
- The "golden years" can turn out to be very depressing.
- We cannot be ungodly and selfish in our, 20's,30's, & 40's, and expect to happily enjoy the final years of our lives on earth.

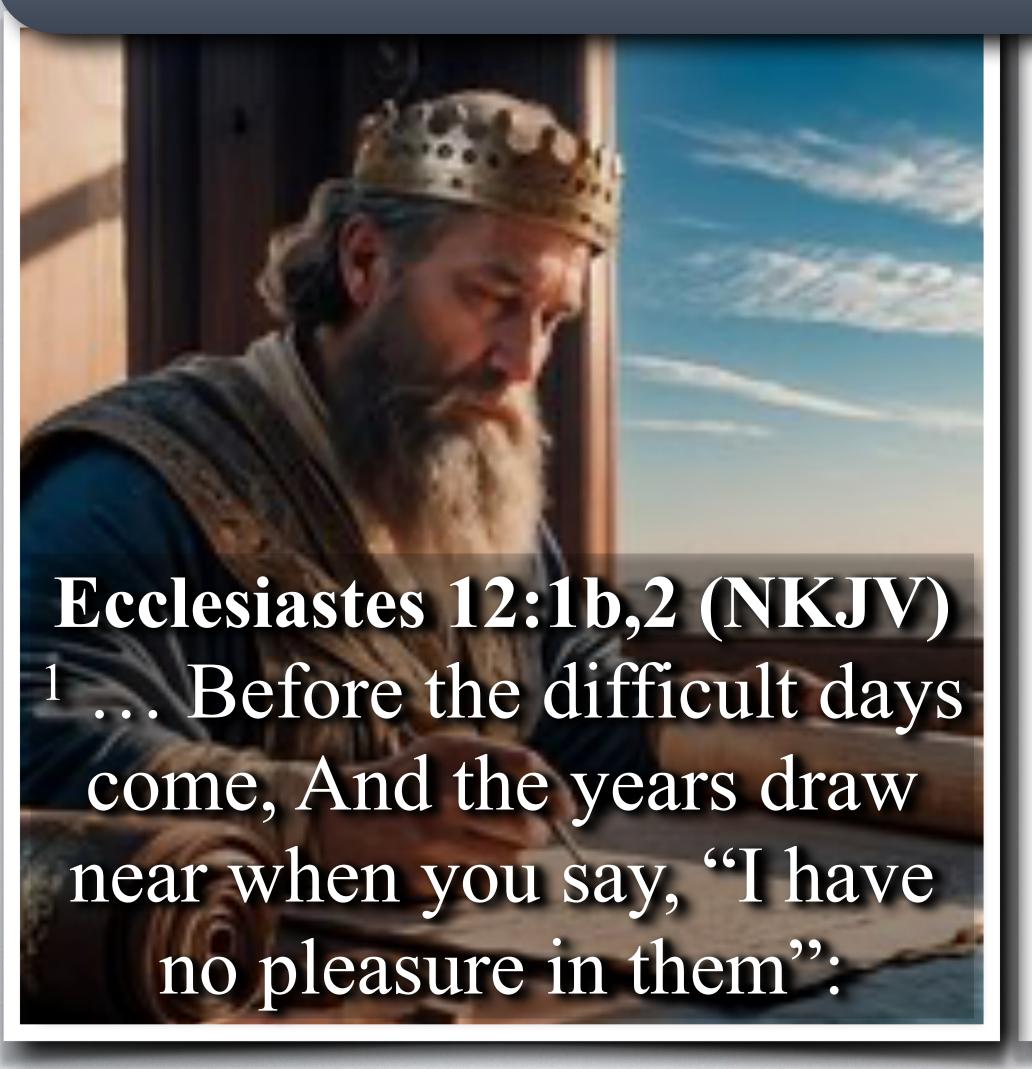
THE TIME OF OLD AGE (12:11B-7)



Ecclesiastes 12:3–8 (NKJV)

³ In the day when the keepers of the house tremble, And the strong men bow down; When the grinders cease because they are few, And those that look through the windows grow dim; ⁴ When the doors are shut in the streets, And the sound of grinding is low; When one rises up at the sound of a bird, And all the daughters of music are brought low.

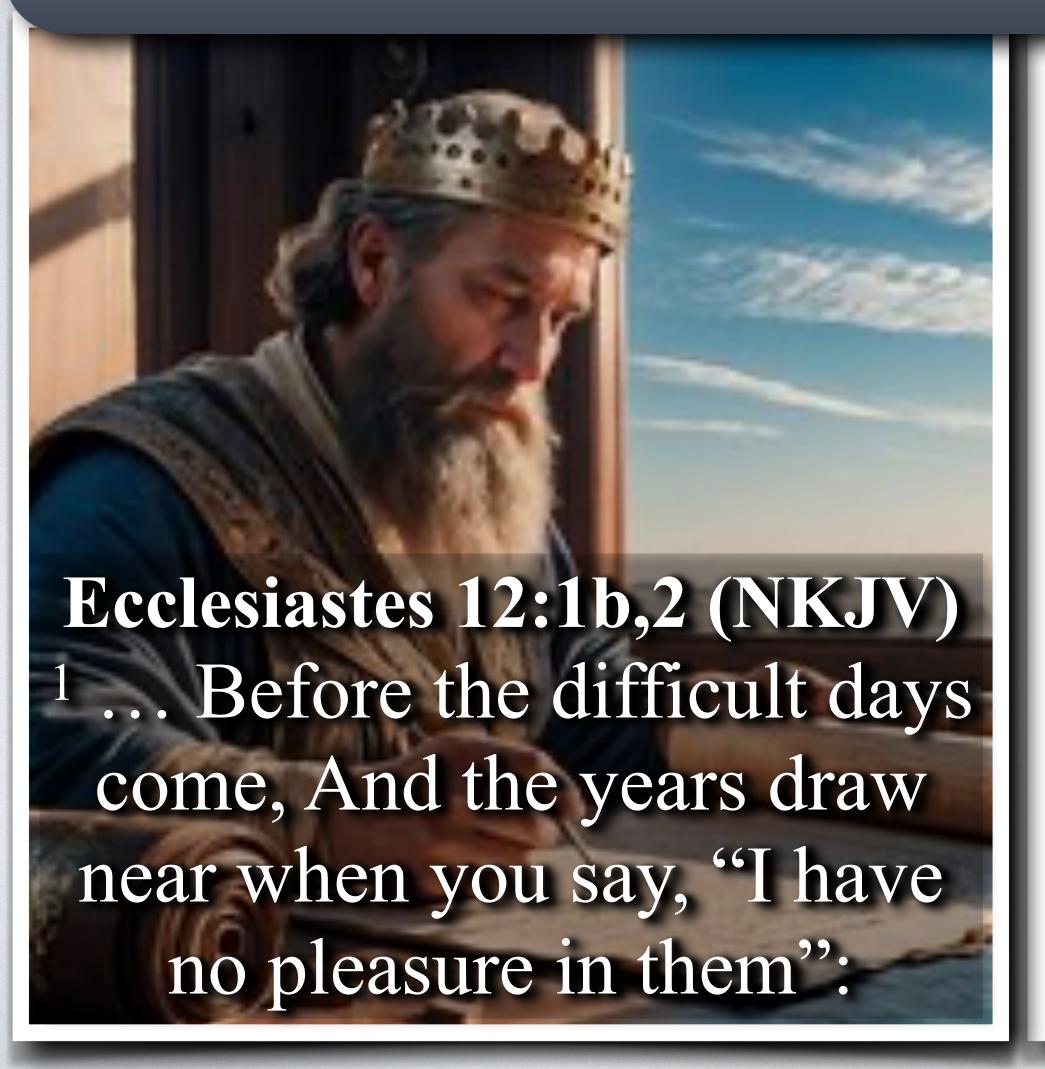
THE TIME OF OLD AGE (12:1B-7)



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⁵ Also they are afraid of height, And of terrors in the way; When the almond tree blossoms, The grasshopper is a burden, And desire fails. For man goes to his eternal home, And the mourners go about the streets. ⁶ Remember your Creator before the silver cord is loosed, Or the golden bowl is broken, Or the pitcher shattered at the fountain, Or the wheel broken at the well.

THE TIME OF OLD AGE (12:11B-7)



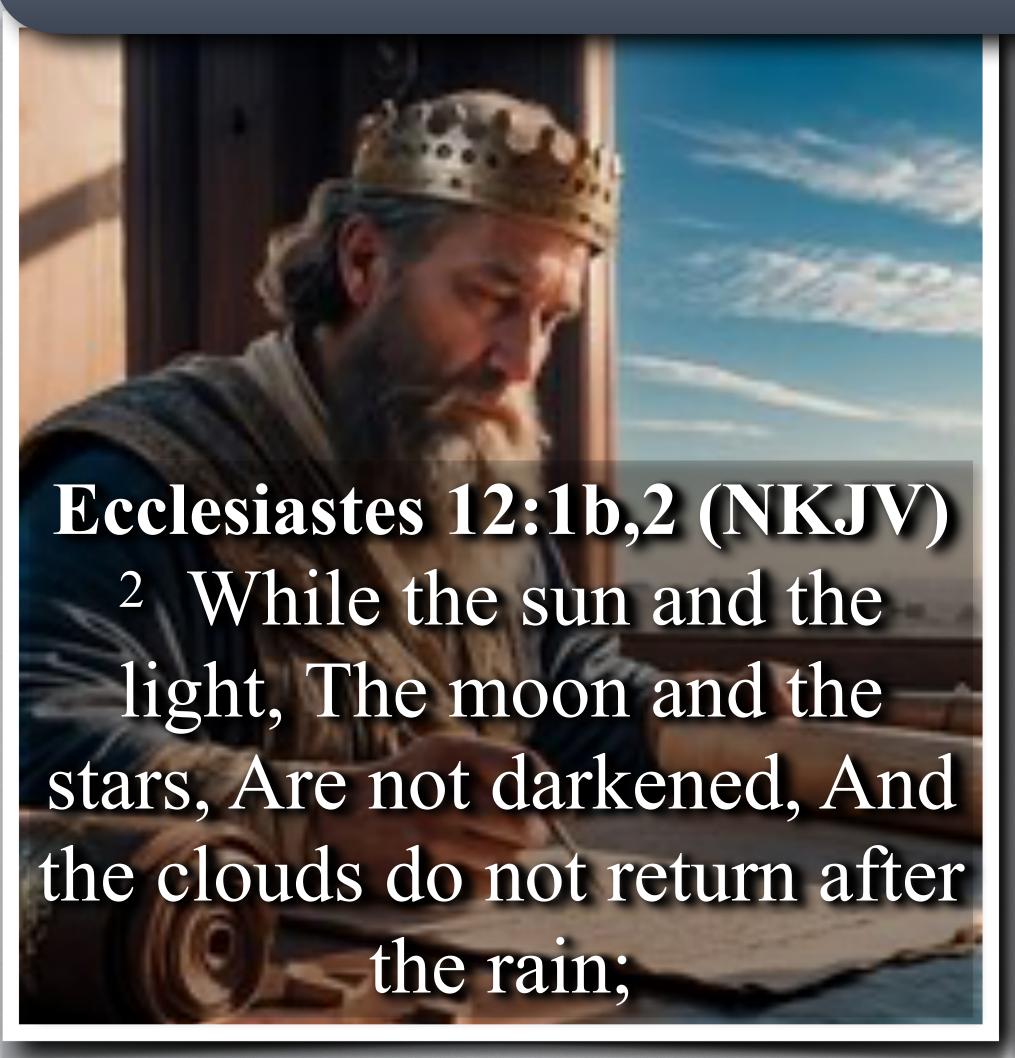
Ecclesiastes 12:3-8 (NKJV) ⁷ Then the dust will return to the earth as it was, And the spirit will return to God who gave it. 8 "Vanity of vanities," says the Preacher, "All is vanity."

THE TIME OF OLD AGE (12:1B-7)



- General Description (12:1b-2)
- "The following **metaphors** all describe the deterioration of the body as old age comes on" (Garrett p. 341).
- Our productiveness might end a good number of years prior to our actual death. How long will we be productive?

THE TIME OF OLD AGE (12:1B-7)



General Description (12:1b-2)

- The picture is of darkened days not just the loss of sight, but the loss of effectiveness, of vitality -
- Symbolic of trouble. "one storm succeeds another" (P. P. Comm. p. 297). old age brings one complication or problem after another.



- The Infirmities of Old Age (12:3–5)
 - "the keepers of the house shall tremble." (3) - metaphor for the hands / arms - they tremble.
 - "The men of power shall bow themselves." (3) — a metaphor for the legs and backs, which become feeble and bent. Weakness replaces strength.



- The Infirmities of Old Age (12:3–5)
- The grinders cease because they are few." (3) teeth fall out / eating becomes more difficult.
- "those that look through the windows grow dim" The eyes are impaired with age making it more difficult to enjoy the beauty of things or do things (3).



- The Infirmities of Old Age (12:3–5)
 - "When the doors are shut in the streets" (4) several possibilities — hearing (BKC / SMITH); Lips? (JFB); The most obvious appears to be difficulty of social interaction and activities.



- The Infirmities of Old Age (12:3–5)
- "The sound of grinding is low; When one rises up at the sound of a bird," (4) weakening of physical senses and productivity, and the lightness of sleep associated with aging.



- The Infirmities of Old Age (12:3–5)
- *All the daughters of music are brought low" (4) sensory functions associated with hearing and enjoying music diminish with age.



- The Infirmities of Old Age (12:3–5)
 - "Also they are afraid of height, And of terrors in the way" (5) symbolizes the fears and physical frailties of the elderly, who become apprehensive of high places and the dangers of life's journey.



- The Infirmities of Old Age (12:3–5)
- When the almond tree blossoms (5) hair turns white due to age.
- The grasshopper is a burden (5) small chores feel like carrying a heavy load.
- And desire fails (5) waning of sexual desire and enjoyable activities.

THE TIME OF OLD AGE (12:1B-7)

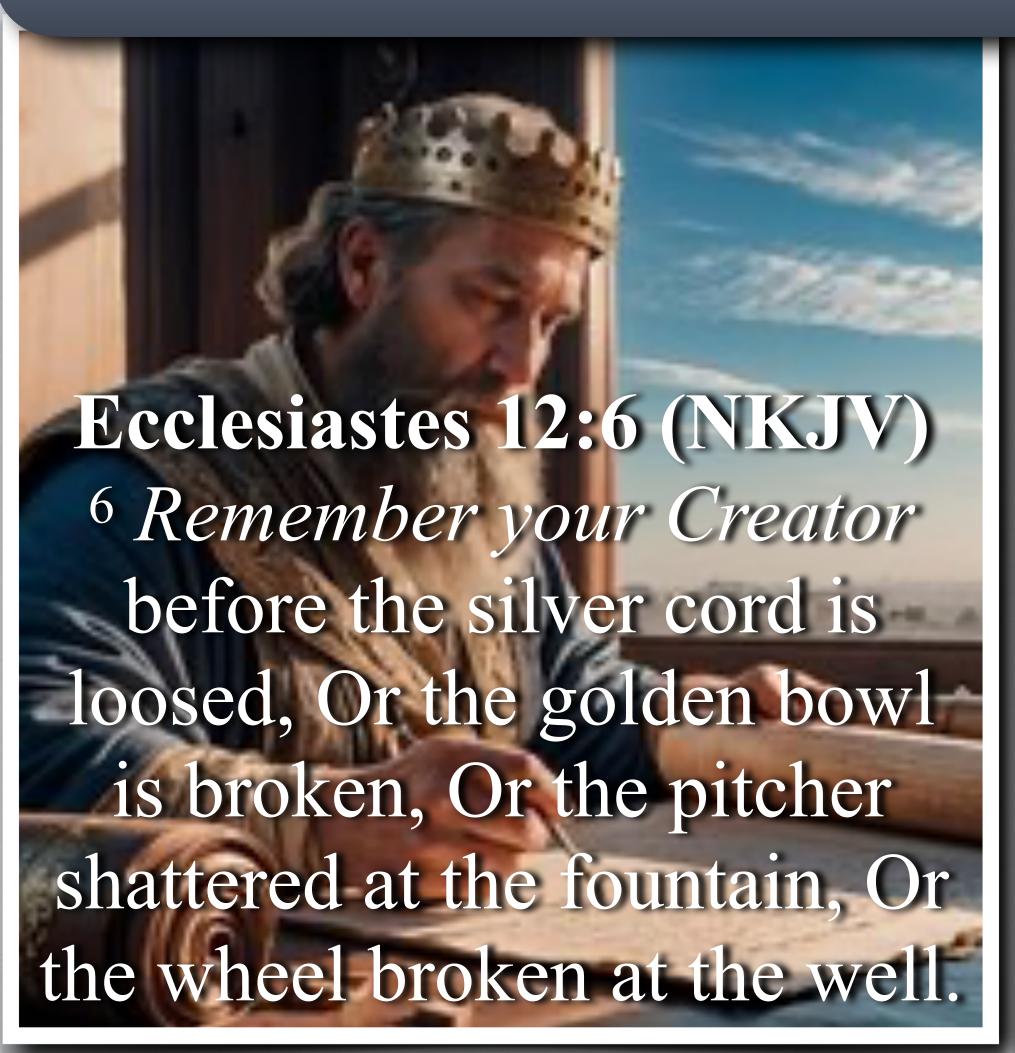


The Infirmities of Old Age (12:3–5)

- Aged Christians confined to their home or care facility can feel isolated from the world and other believers.
- The time to serve God is NOW!
- For man goes to his eternal home, And the mourners go about the streets." 12:5c



- The Finality of Death (12:6)
 - "silver cord, and golden bowl" — the reservoir of oil in a lamp -When broken the light is extinguished and bowl (body) broken.
 - "pitcher by the well" is easily broken - Man's life is not only precious, it is fragile.



- The Finality of Death (12:6)
 - "The wheel broken at the well" (6) The apparatus for drawing water, a wheel, rope, and bucket is broken and falls into the well, the bucket is dashed to pieces, and no water can be drawn / the breaking of lifesustaining organs.

THE TIME OF OLD AGE (12:11B-7)



Ecclesiastes 12:7-8 (NKJV)

⁷ Then the dust will return to the earth as it was, And the spirit will return to God who gave it. 8 "Vanity of vanities," says the Preacher, "All is vanity."

REMEMBER NOW YOUR CREATOR Ecclesiastes 11:9-12:8



- Enjoy the gift of life given by God, but do so with wisdom and accountability.
- Life is fleeting and that all will eventually face aging, death, and the judgment of God, making it essential to remember and honor your Creator while you have the opportunity.

REMEMBER NOW YOUR CREATOR Ecclesiastes 11:9-12:8

2 Corinthians 6:2 (NKJV)

² For He says: "In an acceptable time I have heard you, And in the day of salvation I have helped you." Behold, now is the accepted time; behold, now is the day of salvation.

HEAR / BELIEVE / REPENT / CONFESS / BE BAPTIZED / FOLLOW JESUS Matthew 7:13,14

REMBER NOW YOU CREATOR in the days of your youth Ecclesiastes 11:9-12:8

Sunday evening lesson live stream

4:00 PM cdt September 14, 2025

YOUTUBE: @DONMCCLAIN1 / WWW.ALEXANDERCHURCHOFCHRIST.COM

You Tube

LIVESTREAM

2 Chronicles 34:1-7 (NKJV)

¹ Josiah was eight years old when he became king, and he reigned thirty-one years in Jerusalem. ² And he did what was right in the sight of the Lord, and walked in the ways of his father David; he did not turn aside to the right hand or to the left. ³ For in the eighth year of his reign, while he was still young, he began to seek the God of his father David; and in the twelfth year he began to purge Judah and Jerusalem of the high places, the wooden images, the carved images, and the molded images. 4 They broke down the altars of the Baals in his presence,

2 Chronicles 34:1-7 (NKJV)

and the incense altars which were above them he cut down; and the wooden images, the carved images, and the molded images he broke in pieces, and made dust of them and scattered it on the graves of those who had sacrificed to them. ⁵ He also burned the bones of the priests on their altars, and cleansed Judah and Jerusalem. ⁶ And so he did in the cities of Manasseh, Ephraim, and Simeon, as far as Naphtali and all around, with axes. 7 When he had broken down the altars and the wooden images, had beaten the carved images into powder, and cut down all the incense altars throughout all the land of Israel, he returned to Jerusalem.