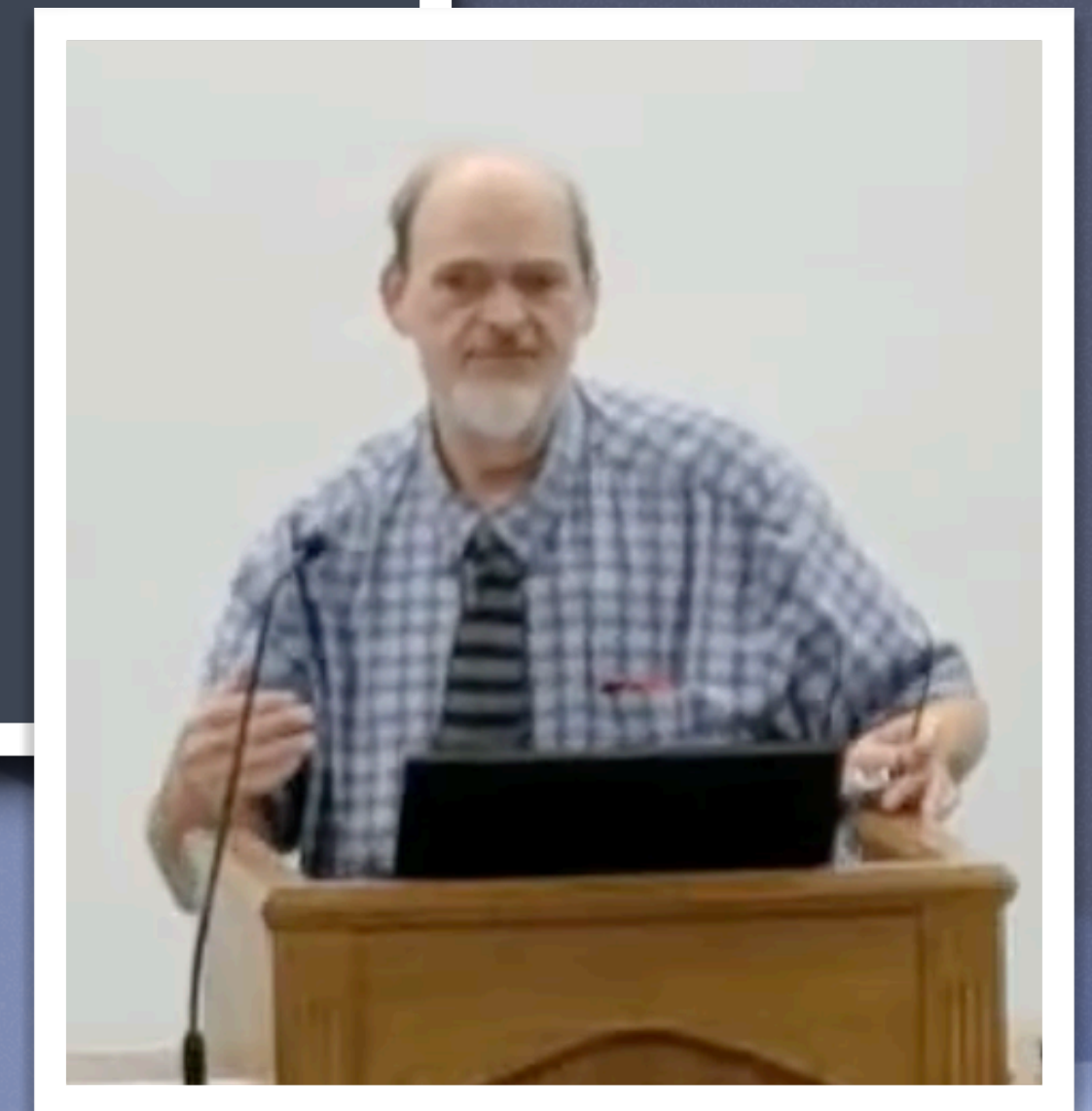


TODAY'S LESSON

“HOW JESUS USED HIS FREE TIME”

(Ephesians 5:15-17)

By James Hamilton



Sunday Morning Stream
10:00 AM^{CT} September 27, 2026



HOW JESUS USED HIS FREE TIME

LUKE 4:40-44; 5:16; 8:22-23; John 4:6-7

“Free Time”

Gary Henry attributed the following statement to **Lin Yu-Tang** in his article, “**Recreation**”: “We do not know a nation until we know its **pleasures of life**, just as we do not know a man until we know **how he spends his leisure**.”

“Free Time”

Life is full of toil, chores, responsibilities, and obligations because of life. (**Ecclesiastes**)

We have to do what we have to do.

What we choose to do when have the freedom to do what we want is what reveals our true character.

“Free Time”

Mark 6:31

31 And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat.

“Free Time”

John 4:6-7

6 Now Jacob's well was there. Jesus therefore, being wearied with his journey, sat thus on the well: and it was about the sixth hour.

7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.

“Free Time”

Romans 12:1-2

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

“Free Time”

Hobbies are what make many people unique and interesting, and it helps to share a common interest with others by having common interests.

“Free Time”

John 4:6-7

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“Free Time”

This is why conversations between strangers begin with attempts at common interests:
“How are you?” “Nice weather we’re having today, isn’t it?” “I perceive that in all things you are very religious...”

“Free Time”

46 For if ye love them which love you, what reward have ye? do not even the publicans the same?

47 And if ye salute your brethren only, what do ye more than others? do not even the publicans so?

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

“Free Time”

Rest, renewal, refreshment, and recreation are useful if approached with **godly purpose, balance,** and **do not interfere with spiritual growth.** **Follow** the **example** of **Jesus.**

Principles to Follow with Free Time

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21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

Principles to Follow with Free Time

1 Corinthians 10:31-33

31 Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.

32 Give none offence, neither to the Jews, nor to the Gentiles, nor to the church of God:

33 Even as I please all men in all things, not seeking mine own profit, but the profit of many, that they may be saved.

Principles to Follow with Free Time

Ephesians 5:15-17

15 See then that ye walk circumspectly, not as fools, but as wise,

16 Redeeming the time, because the days are evil.

17 Wherefore be ye not unwise, but understanding what the will of the Lord is.

Principles to Follow with Free Time

Deuteronomy 6:7

7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

Principles to Follow with Free Time

1 Corinthians 15:33

33 Be not deceived: evil communications corrupt good manners.

Principles to Follow with Free Time

15 For that ye ought to say, If the Lord will, we shall live, and do this, or that.

16 But now ye rejoice in your boastings: all such rejoicing is evil.

17 Therefore to him that knoweth to do good, and doeth it not, to him it is sin.

Principles to Follow with Free Time

1 Corinthians 6:12

12 All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.

Principles to Follow with Free Time

Turn your “must do” to become your “want to”

Principles to Follow with Free Time

Matthew 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Principles to Follow with Free Time

Hebrews 10:24-25

24 And let us consider one another to provoke unto love and to good works:

25 Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

THANK YOU FOR BEING WITH US TODAY



100 CORNERSTONE ALEXANDER AR, 72002

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And All of Our Services!

MEETING TIMES:

Sunday A.M. Bible Study: 9:00

Sunday A.M. Assembly: 10:00

Sunday P.M. Assembly: 4:00

Wed. P.M. Bible Study: 7:00



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