

LOOKING UNTO JESUS

Our Perfect Example of How To Be
"Gentle & Lowly in Heart"

"Looking unto Jesus the author and finisher of *our* faith..."

Hebrews 12:2



Hebrews 12:1-3 (NKJV)

¹ Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,



Hebrews 12:1-3 (NKJV)

² looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.



Hebrews 12:1-3 (NKJV)

³ For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.



Matthew 11:28-30 (NKJV)

²⁸ Come to Me, all you who labor and are heavy laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For My yoke is easy and My burden is light."

LOOKING *unto* JESUS

How To Be “Gentle & Lowly in Heart”



- ◆ Two of the basic building blocks for spiritual life - (Mt 5:3-6)
- ◆ Paul makes an earnest appeal to Christians that they should cherish and manifest the spirit of their Lord's humility - (Phili 2:1-11; 2 Cor 10:1)

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Humility"

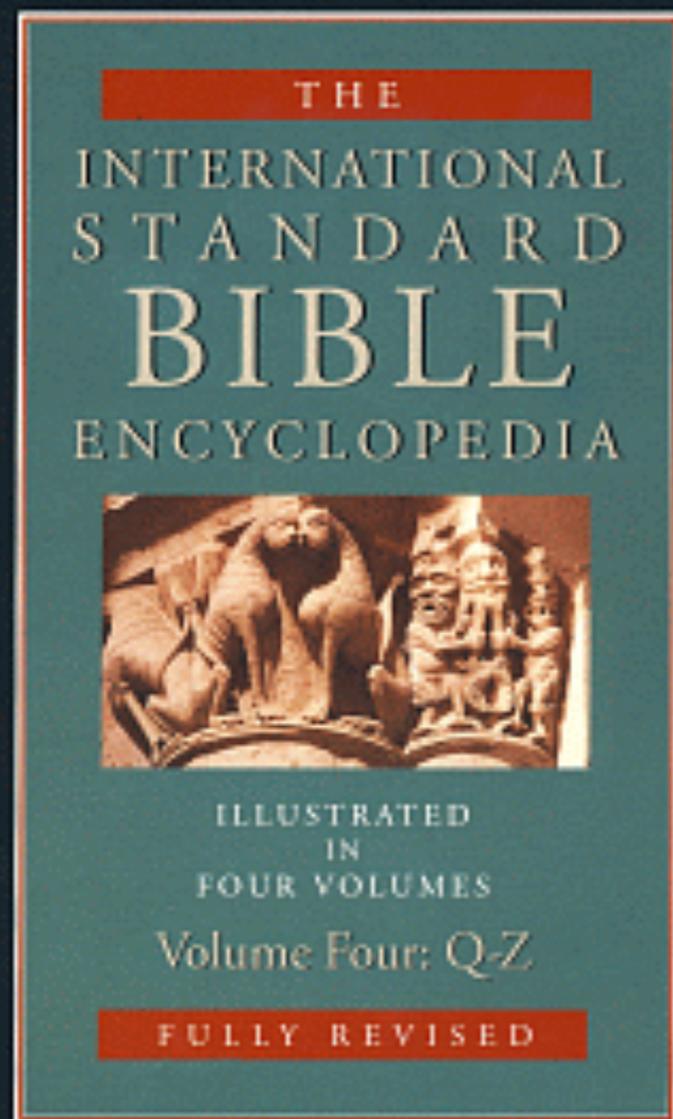


- ◆ The opposite of "humility" would be "pride," - Luke 18:9-14
- ◆ Absence of pride and self reliance - Jer 10:23; 1 Cor 3:18; Mat 18:1-4
- ◆ Consciousness & Conviction of one's spiritual destitution without God – Ps 8:3,4; 51:16,17

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Humility"

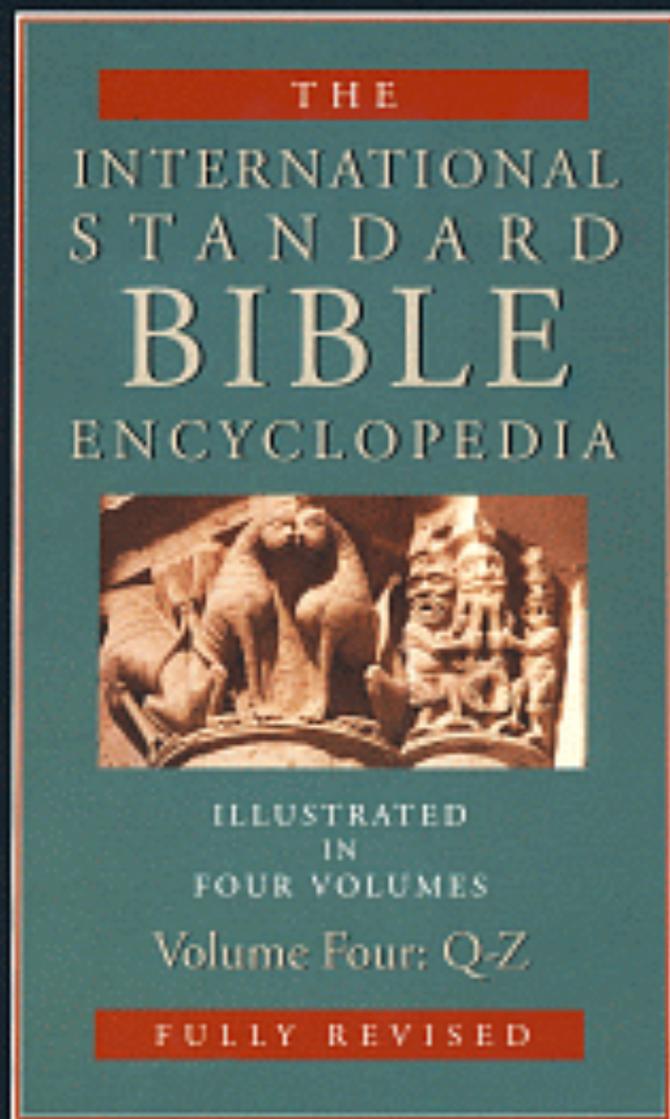


It by no means . . . is inconsistent with a right estimate of oneself, one's gifts and calling of God, or with proper self-assertion when called for. But the habitual frame of mind of a child of God is that of one who feels not only that he owes all his natural gifts, etc., to God, . . .

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Humility"

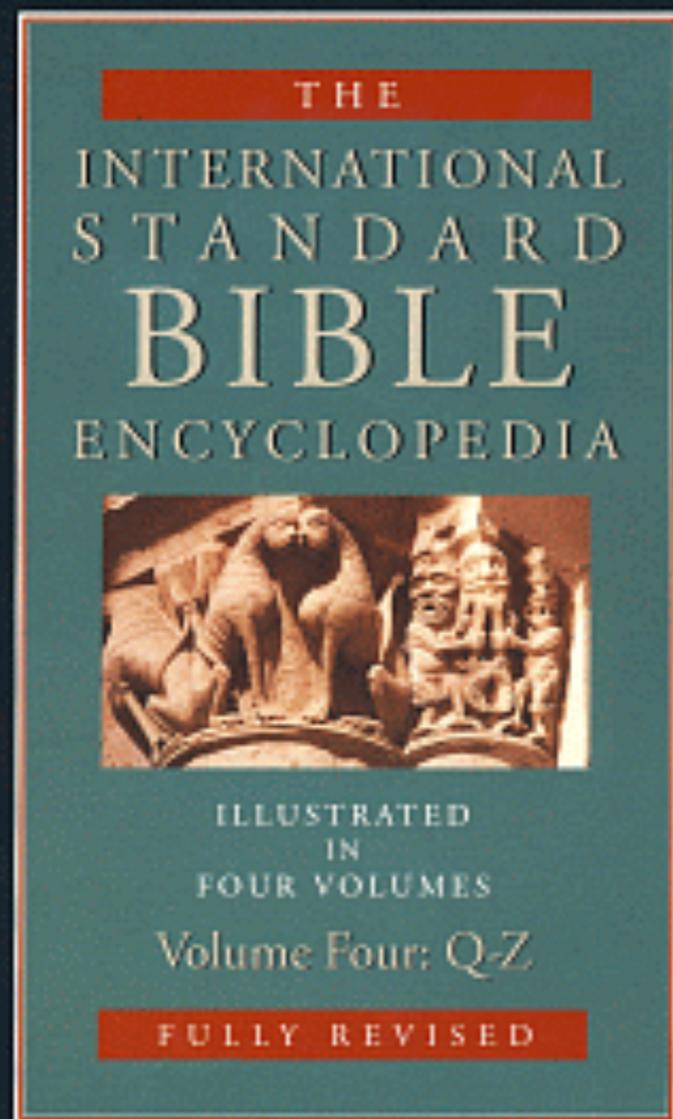


“ . . . but that he has been the object of undeserved redeeming love, and who regards himself as being not his own, but God's in Christ. . . . The humble mind is thus at the root of all other graces and virtues. Self-exaltation spoils everything. . . . (1Co_13:4).

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Humility"

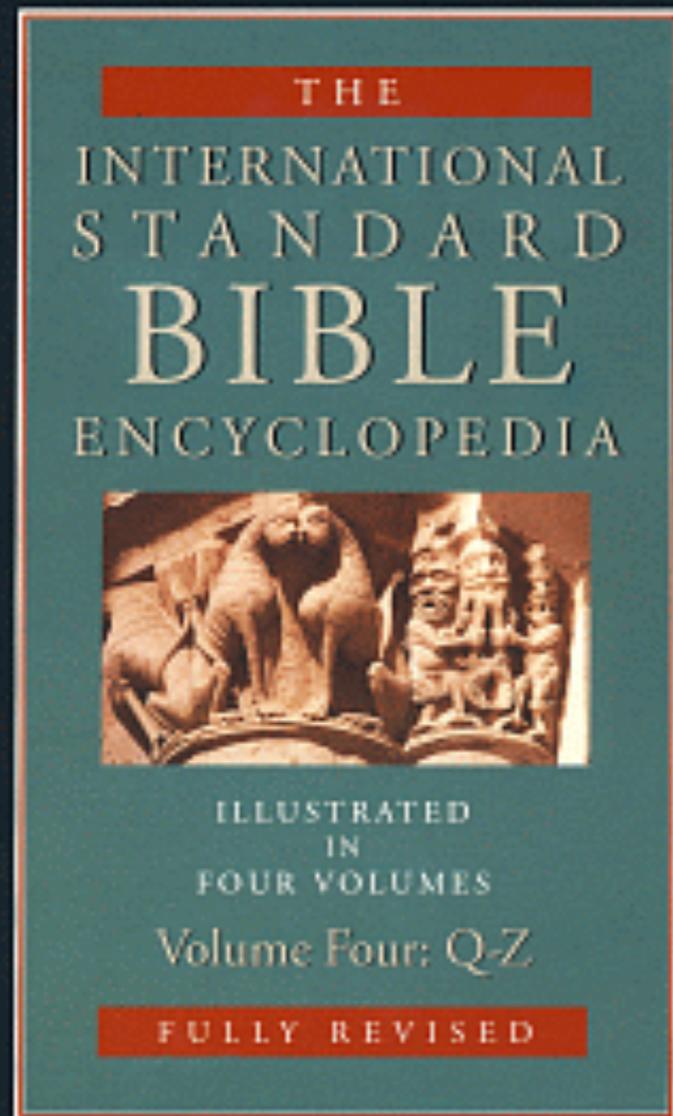


‘It is not genuine humility when we humble ourselves with the feeling that we are greater than others, . . . It is not alone the sense of sin that should create the humble spirit: Jesus had no sin. . . .”

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Humility"

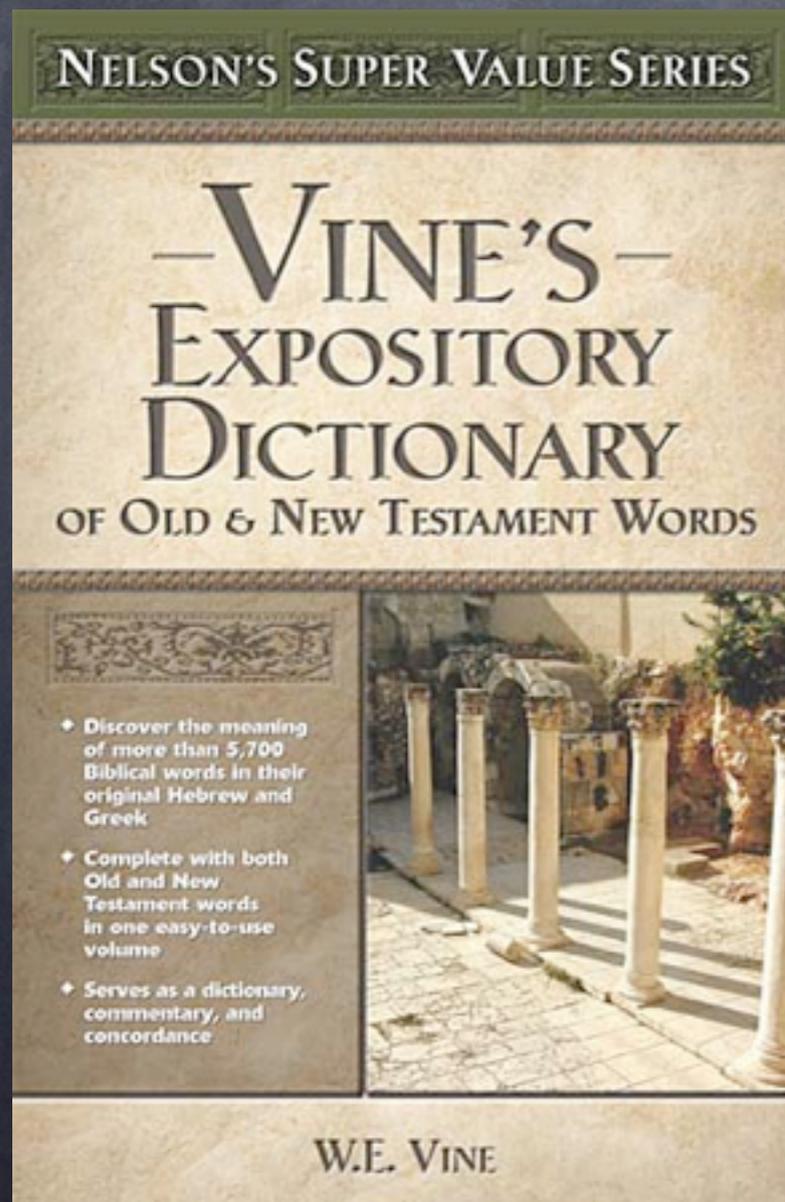


“There may be much self-satisfaction where sinfulness is confessed. We may be proud of our humility. It is necessary also always to beware of “the pride that apes humility.””

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Meekness"



- ✦ Not weakness, cowardice, or timidity
- ✦ Toward God: "It is that temper of spirit in which we accept His dealings with us as good, and therefore without disputing or resisting; . . . it is only the humble heart which is also the meek, and which, as such, does not fight against God and more or less struggle and contend with Him." (Vine's Expository Dictionary of NT Word's)

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Meekness"



- ◆ Power under control - Inward power and strength of mind to remain under control and respond properly to instruction, rebuke and adversity.
- ◆ "The meek are those who have enough strength of character to be soft in spirit, to retain their poise in the face of provocation."

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

To Define "Meekness"



- ◆ An attitude or quality of heart whereby a person willingly accepts and submits without resistance to the will and desires of someone else.
- ◆ The meek person is not self-willed - not continually concerned with self, his own ways, ideas, and wishes. He is willing to put himself in second place and submit himself to achieve what is good for others.

LOOKING *unto* JESUS

*Our Perfect Example of How To Be
"Gentle & Lowly in Heart"*



- * Was meek and lowly in heart – Mat. 11:28-30
- * Came to serve – Luke 22:27
- * He washed the disciples feet – John 13:12-16
- * As prophesied – Zec. 9:9; (Mat 21:5); Is. 53:7,8; (Act 8:32-35)
- * Gave His life – Mat 20:28; Mark 10:45; Phili 2:5-8; Heb 2:10-18

LOOKING *unto* JESUS

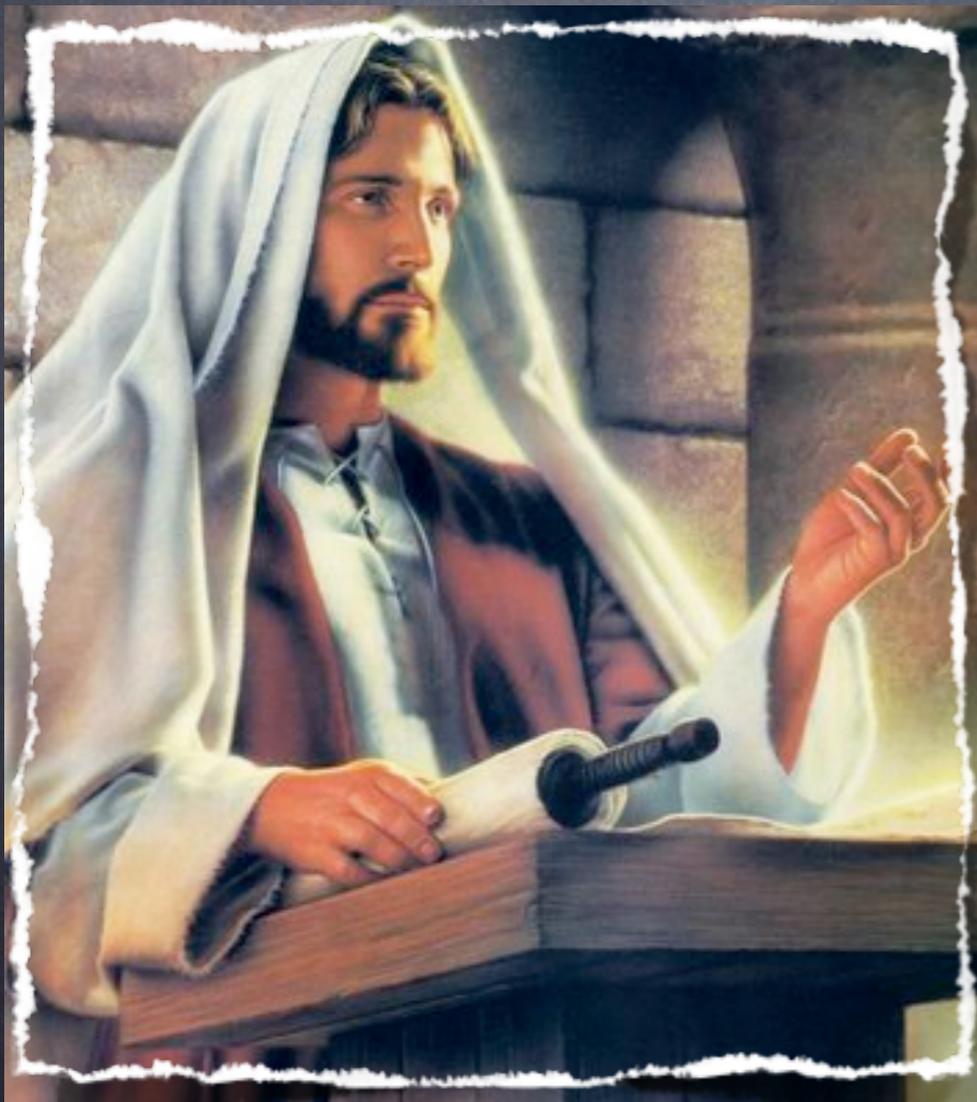
Our Perfect Example of How To Be
"Gentle & Lowly in Heart"



- * Obedient to His Father in all things
- Mat 26:39; Heb 5:8,9; 10:5-9; Jn 4:34; 6:38; 15:10; Phili 2:8
- * Served others - John 13:1-16
- * Response to criticism - Mat 12; 22; John 8:1-12; 1 Pet 2:23; Prov. 15:1
- * Endured personal wrong – Is. 53; Mat 26:47-68; 27:1-50; 1 Pet 2:21-23

LOOKING *unto* JESUS

Our Perfect Example of How To Be
"Gentle & Lowly in Heart"



NOT Weakness

- * Withstood temptation – Mat 4:1-11
- * Spoke with authority – Mat 5:3-7:29; Mark 1:22
- * Rebuked false teaching and hypocrisy – Mat. 15:3-12; 23:13-33
- * Cleansed the temple – John 2:13-17; Mat 21:12

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness



Humility

Meekness

Love

Faith

Submission

Endurance

Patience

Respect

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness



Psalm 34:18

The LORD is near to those who have a broken heart, And saves such as have a contrite spirit.

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness



Psalm 51:16-17 (NKJV)

¹⁶ For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering. ¹⁷ The sacrifices of God are a broken spirit, A broken and a contrite heart-- These, O God, You will not despise.

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness

Isaiah 57:15

For thus says the High and Lofty One Who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, With him who has a contrite and humble spirit, To revive the spirit of the humble, And to revive the heart of the contrite ones.



LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness

Isaiah 66:2 (NKJV)

For all those things My hand has made, And all those things exist," Says the LORD. "But on this one will I look: On him who is poor and of a contrite spirit, And who trembles at My word.



LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness

1 Peter 5:5 (NKJV)

Likewise you younger people,
submit yourselves to your elders.
Yes, all of you be submissive to one
another, and be clothed with
humility, for "God resists the proud,
But gives grace to the humble."

(cf. Prov 3:34; James 4:6)



LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness



- * The first shall be last & the last first – Mat. 20:25-28; 23:11,12; Luke 14:11; 22:25-27
- * Be humble like a child - Mat 18:3-4
- * His disciples are to follow His example – John 13:13-17

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness



- * An essential part of our character – Mat. 5:3; Col. 3:12; 1 Peter 5:5
- * Essential in receiving God's word – James 1:21-25
- * Essential to obedient, practical Christianity – Rom 6:16,17; 12:9-18; 1 Cor. 13:4; Gal. 6:1
- * Essential in perseverance and enduring correction – Heb 12:1-11

LOOKING *unto* JESUS

How To Be "Gentle & Lowly in Heart"

Need For Humility & Meekness



- * Acceptance of roles in life - Eph. 5:1,2, 22-6:9; Col. 3:18-4:1; 1 Pet 2:13-3:7
- * Acceptance of roles in the church - Rom 12:1-8; 1 Cor. 12:12-31
- * Essential to keeping unity & working together - Eph 4:1-6; Phil 2:1-8

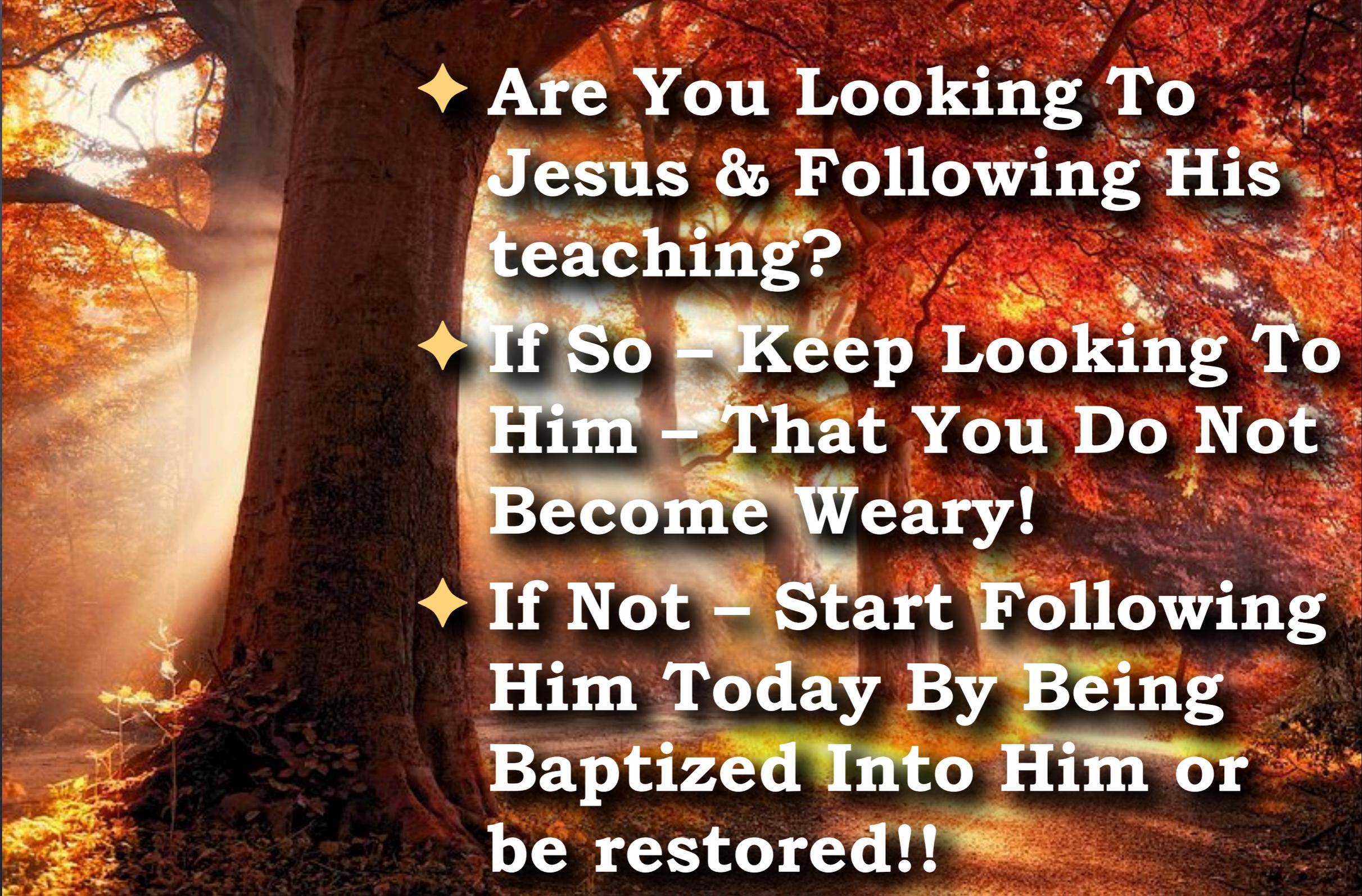
LOOKING *unto* JESUS

*Our Perfect Example of How To Be
"Gentle & Lowly in Heart"*



- * Jesus was Humble!
- * He taught us to be humble!
- * Humility is NOT WEAKNESS – but STRENGTH!!
- * Humility is essential to salvation!!!!

LOOKING *unto* JESUS

- 
- ◆ **Are You Looking To Jesus & Following His teaching?**
 - ◆ **If So – Keep Looking To Him – That You Do Not Become Weary!**
 - ◆ **If Not – Start Following Him Today By Being Baptized Into Him or be restored!!**

LOOKING *unto* JESUS

Charts by Don McClain

Prepared December 6-8, , 2012

Preached December 9, 2012

West 65th Street church of Christ

P.O. Box 190062

Little Rock AR 72219

501-568-1062

Prepared using PPT 2010

Email - donmcclain@sbcglobal.net

More PPT & Audio Sermons:

<http://w65stchurchofchrist.org/coc/sermons/>

Note - Many of the transition effects used in this presentation may be lost using PPT 2007 Viewer

<http://www.microsoft.com/downloads/details.aspx?>

[FamilyID=cb9bf144-1076-4615-9951-294eeb832823&displaylang=en](http://www.microsoft.com/downloads/details.aspx?FamilyID=cb9bf144-1076-4615-9951-294eeb832823&displaylang=en)

Isaiah 53:1-9 (NKJV)

¹ Who has believed our report? And to whom has the arm of the LORD been revealed? ² For He shall grow up before Him as a tender plant, And as a root out of dry ground. He has no form or comeliness; And when we see Him, There is no beauty that we should desire Him. ³ He is despised and rejected by men, A Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

Isaiah 53:1-9 (NKJV)

⁴ Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. ⁵ But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed. ⁶ All we like sheep have gone astray; We have turned, every one, to his own way; And the LORD has laid on Him the iniquity of us all.

Isaiah 53:1-9 (NKJV)

⁷ He was oppressed and He was afflicted, Yet He opened not His mouth; He was led as a lamb to the slaughter, And as a sheep before its shearers is silent, So He opened not His mouth. ⁸ He was taken from prison and from judgment, And who will declare His generation? For He was cut off from the land of the living; For the transgressions of My people He was stricken. ⁹ And they made His grave with the wicked-- But with the rich at His death, Because He had done no violence, Nor was any deceit in His mouth.